

The Journey of Life

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Achieve Noble Character

The Journey of Life

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The Journey of Life

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Acknowledgements

All praises are for Allah, the Exalted, Lord of the worlds, who has given us the inspiration, opportunity and strength to complete this volume. Blessings and peace be upon the Holy Prophet Muhammad whose path has been chosen by Allah, the Exalted, for the salvation of mankind.

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We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

All praise to Allah, the Exalted, Lord of the worlds and endless blessings and peace be upon the Holy Prophet Muhammad, on his blessed Household and Companions, may Allah be pleased with them all.

Compiler's Notes

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to ShaykhPod.Books@gmail.com.

Introduction

The following short book discusses some aspects of the Journey of Life in this world. This discussion is based on Chapter 16 An Nahl, Verse 70 of the Holy Quran:

“And Allah created you; then He will take you in death. And among you is he who is reversed to the most decrepit [old] age so that he will not know, after [having had] knowledge, a thing. Indeed, Allah is Knowing and Competent.”

Implementing the lessons discussed will aid a Muslim to Achieve Noble Character. According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

“And indeed, you are of a great moral character.”

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

The Journey of Life

Chapter 16 – An Nahl, Verse 70

وَاللَّهُ خَلَقَكُمْ ثُمَّ يَنْوَفِّكُمْ ثُمَّ يَأْتِيكُمُ مِنَ الْعَذَابِ إِنَّ اللَّهَ عَلِيمٌ بِذَاتِ الصُّدُورِ

شَيْئًا إِنَّ اللَّهَ عَلِيمٌ قَدِيرٌ ﴿٧٠﴾

“And Allah created you; then He will take you in death. And among you is he who is reversed to the most decrepit [old] age so that he will not know, after [having had] knowledge, a thing. Indeed, Allah is Knowing and Competent.”

“And Allah created you...”

Allah, the Exalted, is Al Khaliq, which means the Creator, Al Baari which means the Maker and Al Musawwir which means the Fashioner.

The Creator is the One who brings something into existence. In reality, there is no Creator except Allah, the Exalted, as He is the only One who creates without any aid from another. On other hand, an inventor only invents things through the aid of Allah, the Exalted. Chapter 37 As Saffat, verse 96:

“While Allah created you and that which you do?”

The Maker is the One who arranges all of the creation and prepares them for receiving the forms He has chosen for them which is linked to the next divine name mentioned earlier namely, the Fashioner.

The Creator makes things manifest. The Maker chooses their shape, appearance, and time of creation. The Fashioner fashions the creation according to His divine will.

After understanding these divine names a muslim must trust Allah, the Exalted, in all situations. If Allah, the Exalted, created and manages the entire universe He is more than capable in sorting out a person's problems. In addition, these names indicate that Allah, the Exalted, is the One who creates and chooses all things. So a muslim should not challenge the choice of Allah, the Exalted, as this leads to nothing except disappointment. It is therefore better to submit obediently and patiently await relief knowing that Allah, the Exalted, only decrees the best for His servants even if this wisdom is not obvious to them. As a muslim is short sighted it is better to trust in the Creator whose wisdom has no limits. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

“And Allāh created you; then He will take you in death...”

Allah, the Exalted, alone created and controls both life and death.

The muslim who understands this divine name will submit and sincerely obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience without fearing any of the creation while knowing nothing controls life or death except Allah, the Exalted. In addition, a muslim who recognises this fact will understand that as Allah, the Exalted, chose the beginning and end of every creation He has also chosen everything that occurs in between. The choices of Allah, the Exalted, are unavoidable so one should not become impatient when facing them. Instead they should simply sincerely obey Allah, the Exalted, in every situation so that they obtain reward with every passing moment. For example, they should demonstrate patience during times of difficulty and demonstrate true gratitude by using the blessings they possess correctly in times of ease. This has been advised in a Hadith found in Sahih Muslim, number 7500.

A muslim should act on this divine name by bringing their spiritual heart to life and cause death to their ego and negative characteristics by striving to remove them from themselves through obtaining and acting on Islamic knowledge.

“And Allāh created you; then He will take you in death...”

Death is something which is certain to occur but the time is unknown so it therefore makes sense that a muslim who believes in the hereafter prioritises preparing for it over preparing for things which might not occur, such as marriage, children or their retirement. It is strange how many muslims have adopted the opposite mentality even though they testify that the world is temporary and uncertain whereas the hereafter is permanent and they are certain to reach it. No matter how one behaves they will be judged regarding their deeds. A muslim should not be fooled into believing that they can and will prepare for the hereafter in the future as this attitude only causes them to delay further until their death occurs and they leave this world with regrets that will not aid them.

So the important thing is not that people will die as this is unavoidable but the key is acting in such a way that one is fully prepared for it. The only way to prepare for it correctly is by acting on the teachings of Islam namely, fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience. This is only possible when one prioritises preparing for the hereafter over preparing for things which might not occur.

“And Allāh created you; then He will take you in death...”

A great obstacle to the obedience of Allah, the Exalted, is having false hope for a long life. It is an extremely blameworthy characteristic as it is the main cause for a muslim giving priority to amassing the material world over preparing for the hereafter. One only needs to assess their average 24 hour day and observe how much time they dedicate to the material world and how much time they dedicate to the hereafter in order to realise this truth. In fact, having false hope for a long life is one of the strongest weapons the Devil uses in order to misguide people. When a person believes they will live long they delay preparing for the hereafter falsely believing they can prepare for it in the near future. In most cases, this near future never comes and a person passes away without adequately preparing for the hereafter.

In addition, false hope for a long life causes one to delay sincere repentance and changing one's character for the better as they believe they have much time left to do this. It encourages a person to hoard the things of this material world, such as wealth, as it convinces them they will need these things during their long life on Earth. The Devil scares people into thinking they must hoard wealth for their old age as they may find no one to support them when they become physically weaker and therefore can no longer work for themselves. They forget that the same way Allah, the Exalted, took care of their provision when they were younger He will provide for them in old age too. In fact, the provision of the creation was allocated over fifty thousand years before the creation of the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. It is strange how a person will dedicate 40 years of their life saving

for their retirement which very rarely lasts longer than 20 years but fails to prepare in the same way for the eternal hereafter.

Islam does not teach muslims to not prepare anything for the world. There is no harm in saving for the near future as long as priority is given to the hereafter. Even though, people admit they may die at any time yet, some behave as if they will live forever in this world. Even to the point that if they were given a promise of eternal life on Earth they would not be able to strive harder in order to accumulate more of the material world due to the restrictions of the day and night. How many people have passed away earlier than expected? And how many learn a lesson from this and change their behaviour?

In reality, one of the greatest pains a person will feel at the time of death or any other stage of the hereafter is regret for delaying their preparation for the hereafter. Chapter 63 Al Munafiqun, verses 10-11:

“And spend [in the way of Allah] from what We have provided you before death approaches one of you and he says, “My Lord, if only You would delay me for a brief term so I would give charity and be of the righteous.” But never will Allah delay a soul when its time has come. And Allah is Aware of what you do.”

A person would be labelled a fool if they dedicated more time and wealth on a house which they were only going to live in for a short while compared to a house they were planning to live in for a very long time. This is the example of giving priority to the temporal world over the eternal hereafter.

Muslims should work for both the world and the hereafter but know that death does not come to a person at a time, situation or age known to them but it is certain to come. Therefore, preparing for it and what it leads to should take priority over preparing for a future in this world which is not certain to occur.

“...And among you is he who is reversed to the most decrepit [old] age so that he will not know, after [having had] knowledge, a thing...”

In a Hadith found in Jami At Tirmidhi, number 2306, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to hasten in performing righteous deeds before seven things occur.

One of these things is a debilitating sickness. This is a warning to make use of one's good health before they encounter sickness. One should observe those who have lost their good health either through sickness or through ageing and therefore make use of the good health they possess by striving to gain success in lawful worldly matters as well as religious matters while giving priority to religion over the world. For example, a muslim should use their good health to journey to the Mosques regularly in order to offer their obligatory prayers with congregation before a time comes when they desire to do this but do not possess the physical strength to do so. The amazing thing about utilizing one's good health correctly is that when a muslim eventually loses it Allah, the Exalted, will continue to grant them the same reward they used to receive when doing good deeds during their time of good health. This has been advised in a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 500. But those who live in heedlessness fail to utilise their good health and therefore receive no reward during their good health or when they fall ill.

This is connected to the next thing mentioned in the main Hadith under discussion namely, senility. A muslim should make use of their youth and strong intelligence before they reach senility. This includes gaining and

acting on knowledge and using one's mental strength to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. It is important to behave in this manner before senility occurs as even the Holy Prophet Muhammad, peace and blessings be upon him, sought refuge from senility in a Hadith found in Sahih Bukhari, number 6390.

“...And among you is he who is reversed to the most decrepit [old] age so that he will not know, after [having had] knowledge, a thing...”

The Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Jami At Tirmidhi, number 2516, that if a muslim safeguards Allah, the Exalted, He in turn will protect them.

This means that if one safeguards the limits and commands of Allah, the Exalted, they will be protected by Him. One can simply achieve this by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience. Chapter 9 At Tawbah, verse 112:

“...and those who observe the limits [set by] Allah. And give good tidings to the believers.”

There are many aspects of safeguarding one’s duty to Allah, the Exalted. One of the greatest duties to safeguard is the pacts and promises made with Allah, the Exalted, and people. The greatest pact the entire mankind took with Allah, the Exalted, was accepting Him as their Lord. Chapter 7 Al A’raf, verse 172:

“And [mention] when your Lord took from the children of Adam - from their loins - their descendants and made them testify of themselves, [saying to them], “Am I not your Lord?” They said, “Yes, we have testified.”...”

This means one must obey Allah, the Exalted, and those which lead to His obedience. But if one obeys someone which results in the disobedience of Allah, the Exalted, then they have broken their promise and taken another as their Lord. Chapter 45 Al Jathiyah, verse 23:

“Have you seen he who has taken as his god his [own] desire...”

Another example is safeguarding the obligatory prayer. This has been mentioned repeatedly throughout the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him. This duty is so significant that a Hadith found in Sunan Abu Dawud, number 425, advises that whoever fulfils this duty correctly has been promised forgiveness. But the one who fails to safeguard their obligatory prayers has no guarantee of forgiveness.

Safeguarding the obligatory prayers has been indicated in another Hadith found in Sunan Ibn Majah, number 277. The Holy Prophet Muhammad, peace and blessings be upon him, has advised that only a true believer safeguards their ablution, which is the key to the prayer.

An aspect of safeguarding the limits of Allah, the Exalted, is discussed in another Hadith found in Jami At Tirmidhi, number 2458. The Holy Prophet Muhammad, peace and blessings be upon him, has advised muslims to safeguard their head and stomachs. This includes using one's eyes, ears, tongue and thoughts in the obedience of Allah, the Exalted. Protecting the stomach involves refraining from obtaining and utilising unlawful wealth and food. Safeguarding the tongue and one's passionate desire has been commanded in many different places. For example, one Hadith found in Sahih Bukhari, number 6474, advises that whoever safeguards these two things is guaranteed paradise.

A fundamental Islamic principle teaches muslims that how they act is how they shall be treated by Allah, the Exalted. For example, the Holy Quran advises muslims that whoever supports Islam will be supported by Allah, the Exalted. Chapter 47 Muhammad, verse 7:

“O you who have believed, if you support Allah, He will support you and plant firmly your feet.”

Another example is found in chapter 2 Al Baqarah, verse 152. The Holy Quran declares that whoever remembers Allah, the Exalted, will be remembered by Him.

“So remember Me; I will remember you...”

Allah, the Exalted, will even safeguard the family of the one who safeguards His limits. The Holy Quran explains how Allah, the Exalted, safeguarded the buried treasure of two orphans as their father was righteous. As their father safeguarded the limits of Allah, the Exalted, He in turn safeguarded his orphan children. Chapter 18 Al Kahf, verse 82:

“And as for the wall, it belonged to two orphan boys in the city, and there was beneath it a treasure for them, and their father had been righteous...”

In fact, whoever safeguards the limits of Allah, the Exalted, will find that Allah, the Exalted, gives them a way out of every difficulty in both this world and the next. Chapter 65 At Talaq, verse 2:

“...whoever fears Allah - He will make for him a way out.”

In some cases Allah, the Exalted, averts things from His righteous servant which outwardly seem to be good, such as getting a new job, yet there is a hidden evil or difficulty which Allah, the Exalted, desires to protect His servant from. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

The greatest thing Allah, the Exalted, protects is a muslim's faith. Allah, the Exalted, saves His servant from doubts, evil innovations, sins and anything else which could corrupt their faith. This ensures they leave the world with their faith intact.

The overall teaching of the first advice given in the main Hadith quoted at the beginning is to safeguard all the limits of Islam by utilising the blessings one possesses in ways which are pleasing to Allah, the Exalted. Whoever safeguards the limits of Allah, the Exalted, will be safeguarded by Allah, the Exalted. They will find that all difficulties and tests become bearable and they will be guided to travel through them safely while obtaining blessings in both worlds.

“...Indeed, Allāh is Knowing...”

Allah, the Exalted, is All Knowing as nothing escapes His knowledge whether in the Heavens or the Earth whether visible or not. The knowledge of Allah, the Exalted, has no limit, it has no beginning and no end and it is innate meaning, no one gave it to Him. Every creation which possesses knowledge has been granted it by none other than Allah, the Exalted. The knowledge of the creation is limited and has a beginning. Allah, the Exalted, is fully aware of one's outer and inner beings at all time.

The muslim who understands this divine name will refrain from sins both outward and inward rightfully believing Allah, the Exalted, knows all this and will hold them accountable for their actions. In addition, they will not stress about worldly issues understanding that Allah, the Exalted, is fully aware of them and will respond to them at the right time.

A muslim should act on this divine name by striving to gain and act on useful knowledge both worldly and religious which is the path of piety. This is the true inheritor of the Holy Prophets, peace be upon them, which has been indicated in a Hadith found in Sunan Ibn Majah, number 223.

“...Indeed, Allāh is...Competent.”

Allah, the Exalted, is the One who over powers all things, who in reality is the only One who possesses power and might. Anyone else who possesses strength only does so because Allah, the Exalted, granted it to them. There is no atom in this world or in the next that can escape the power and authority of Allah, the Exalted.

As all power belongs to Allah, the Exalted, a muslim should therefore always remember that the strength to perform righteous deeds and refrain from sins comes from Allah, the Exalted, alone. This will remove any chance of pride creeping into their heart. An atom's worth of which is enough to take a person to Hell. This is confirmed in a Hadith found in Sahih Muslim, number 266.

Whoever desires for their faith to become mighty must obey the All Mighty, Allah, the Exalted. Only then will they be granted strong faith which will aid them to overcome all difficulties so that they leave this world while Allah, the Exalted, is pleased with them. True obedience only lies in following the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him. This includes fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience. Chapter 3 Alee Imran, verse 31:

“Say, [O Muhammad], "If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins.”

Truly Knowing Allah, the Exalted, is All Mighty should prevent a muslim from sinning. As they should know there is no way to escape the might of Allah, the Exalted. In addition, when a muslim engraves this divine name into their heart it prevents them from committing oppression and wronging others. They become fully aware that even if there is no person powerful enough to seek justice from them Allah, the Exalted, will certainly take them to account and punish them in both worlds. As confirmed in a Hadith found in Sahih Muslim, number 6579, oppression to others may cause the All Mighty, Allah, the Exalted, to hurl them into Hell on Judgment Day.

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