

The Quranic Verse of Ramadan

PodSeries - Vol 145



Achieve Noble Character

The Quranic Verse of Ramadan

ShaykhPod Books

Published by ShaykhPod Books, 2023

While every precaution has been taken in the preparation of this book, the publisher assumes no responsibility for errors or omissions, or for damages resulting from the use of the information contained herein.

The Quranic Verse of Ramadan

First edition. April 06, 2023.

Copyright © 2023 ShaykhPod Books.

Written by ShaykhPod Books.

Table of Contents

[Acknowledgements](#)

[Compiler's Notes](#)

[Introduction](#)

[The Quranic Verse of Ramadan](#)

[Over 130 Free eBooks on Good Character](#)

[Other ShaykhPod Media](#)

Acknowledgements

All praises are for Allah, the Exalted, Lord of the worlds, who has given us the inspiration, opportunity and strength to complete this volume. Blessings and peace be upon the Holy Prophet Muhammad whose path has been chosen by Allah, the Exalted, for the salvation of mankind.

We would like to express our deepest appreciation to the entire ShaykhPod family, especially our little star, Yusuf, whose continued support and advice has inspired the development of ShaykhPod Books.

We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

All praise to Allah, the Exalted, Lord of the worlds and endless blessings and peace be upon the Holy Prophet Muhammad, on his blessed Household and Companions, may Allah be pleased with them all.

Compiler's Notes

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to ShaykhPod.Books@gmail.com.

Introduction

The following short book discusses the Quranic Verse of Ramadan. This discussion is based on Chapter 2 Al Baqarah, Verse 185 of the Holy Quran:

“The month of Ramadan [is that] in which was revealed the Quran, a guidance for the people and clear proofs of guidance and criterion. So whoever sights [the crescent of] the month, let him fast it; and whoever is ill or on a journey - then an equal number of other days. Allah intends for you ease and does not intend for you hardship and [wants] for you to complete the period and to magnify Allah for that [to] which He has guided you; and perhaps you will be grateful.”

Implementing the lessons discussed will aid a Muslim to Achieve Noble Character. According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

“And indeed, you are of a great moral character.”

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

The Quranic Verse of Ramadan

Chapter 2 - Al Baqarah, Verse 185

شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَىٰ
وَالْفُرْقَانِ فَمَن شَهِدَ مِنْكُمُ الشَّهْرَ فَلْيَصُمْهُ وَمَن كَانَ مَرِيضًا أَوْ عَلَىٰ سَفَرٍ فَعِدَّةٌ
مِّنْ أَكْثَامٍ أُخْرَىٰ يُرِيدُ اللَّهُ بِكُمُ الْيُسْرَ وَلَا يُرِيدُ بِكُمُ الْعُسْرَ وَلِتُكْمِلُوا الْعِدَّةَ
وَلِتُكَبِّرُوا اللَّهَ عَلَىٰ مَا هَدَاكُمْ وَلَعَلَّكُمْ تَشْكُرُونَ ﴿١٨٥﴾

“The month of Ramadan [is that] in which was revealed the Quran, a guidance for the people and clear proofs of guidance and criterion. So whoever sights [the crescent of] the month, let him fast it; and whoever is ill or on a journey - then an equal number of other days. Allah intends for you ease and does not intend for you hardship and [wants] for you to complete the period and to magnify Allah for that [to] which He has guided you; and perhaps you will be grateful.”

“The month of Ramadan [is that] in which was revealed...and [wants] for you to complete the period...and to magnify Allah for that [to] which He has guided you; and perhaps you will be grateful.”

It is commonly observed that in the special days and nights of the Islamic year, such as the night of power, which is considered to be on the 27th night of the Islamic month of Ramadan according to a Hadith found in Sunan Abu Dawud, number 1386, Muslims come out in droves and inhabit the Mosques or pray more at home. Even though, this is a good thing it is important to understand that a Muslim should not only behave in this manner on the special days and nights of the Islamic year. They should instead respect each day and night throughout the whole year by fulfilling their duties in them without neglect. They should never believe the worship of one day or night in the year will make up for their neglect of the rest of year as this is completely untrue and a trick of the Devil. Being a Muslim is a 24/7 duty it is not a duty which extends only on certain days and nights. Meaning, a Muslim must fulfil their duties in respect to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions, face destiny with patience and fulfil the rights of people every day of their life according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Cherry picking certain days and nights is a major reason why Muslims feel disconnected from Allah, the Exalted, as they only turn to Him occasionally. The truth is simple, what Muslims dedicate to Allah, the Exalted, is what they will receive in return. If they only dedicate a few days or nights in the year to Him then they should not expect a great return. Islam does not demand one to pray all night instead it demands Muslims to fulfil their obligatory duties and as much of the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him, as possible. This does not take much time up and leaves one with plenty of time to do other things as well.

In reality, the one who does not respect every day and night by fulfilling their duties in them will find that even the special days and nights are just ordinary days and nights for them. But the one who respects every day and night will find that every day and night is like the special days and nights, like the night of power, for them. Meaning, Allah, the Exalted, will bless them just like He blesses them on the special days and nights in the Islamic year.

Behaving correctly throughout the year is the very purpose of the Holy month of Ramadan as it provides a Muslim the training they need to sincerely obey Allah, the Exalted, throughout the year. As indicated by the main verse under discussion this is why it is important to complete the period of fasting during the Holy month of Ramadan so that one completes their training.

In addition, behaving in this manner is how one correctly magnifies Allah, the Exalted, for His guidance and shows gratitude to Him. This has been indicated at the end of the main verse under discussion.

“The month of Ramadan [is that] in which was revealed...and [wants] for you to complete the period...and to magnify Allah for that [to] which He has guided you; and perhaps you will be grateful.”

Muslims often have periods within their lives where they exert themselves by increasing the amount of worship they perform. This often happens in the Holy month of Ramadan where Muslims decide to change their lives around by striving much harder than normal. The issue with exerting too much effort in a short period of time is that it often leads to one giving up and returning back to normal. First of all, the Holy Prophet Muhammad, peace and blessings be upon him, has warned Muslims in a Hadith found in Sahih Bukhari, number 43, not to overburden themselves and only perform voluntary deeds which they can handle. He concluded by declaring that the most beloved of deeds to Allah, the Exalted, are the ones done regularly irrespective of their size. Muslims should therefore adhere to this advice as it is more likely they keep up their obedience over a longer period of time.

In reality, the important time is not the period where one feels a spiritual high and exerts extra effort. The important time is when one returns back to normal as spiritual highs very rarely last. Muslims must ensure that no matter how much they return from a spiritual high they must continue fulfilling their obligatory duties. Then they should dedicate some time to learning and acting on the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Changing step by step like this is much better than exerting extra effort over a short period of time and there is a greater chance that one will maintain their improved obedience to Allah, the Exalted, in the long term if they change gradually, step by step. No one is demanding Muslims to become saints overnight. Improvement takes time but this means that one should not stand still and actually take small but regular steps to improve their

obedience to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience.

Behaving in this manner is how one correctly magnifies Allah, the Exalted, for His guidance and shows gratitude to Him. This has been indicated at the end of the main verse under discussion.

“The month of Ramaḍān [is that] in which was revealed the Quran, a guidance for the people and clear proofs of guidance and criterion....and to magnify Allah for that [to] which He has guided you; and perhaps you will be grateful.”

The Holy Quran was sent down from the Preserved Tablet on the Night of Power all at once. Chapter 97 Al Qadr, verse 1:

“Indeed, We sent it [i.e., the Quran] down during the Night of Power.”

It was then lodged in the House of Might in the lowest Heaven. Then it was brought down to the Holy Prophet Muhammad, peace and blessings be upon him, by the Angel Jibrael, peace be upon him, bit by bit over 23 years. This has been mentioned in Tafsir Al Qurtubi, Volume 1, Page 472.

A criterion is something which separates truth from falsehood, good from bad and significant things from insignificant things.

A Muslim will only reap the benefits mentioned in the main verse under discussion when they fulfill the rights of the Holy Quran. Behaving in this manner is how one correctly magnifies Allah, the Exalted, for His Holy Quran and shows gratitude to Him. This has been indicated at the end of the main verse under discussion.

In a Hadith found in Imam Munzari's, Awareness and Apprehension, number 30, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the Holy Quran will intercede on Judgment Day. Those who follow it during their lives on Earth will be led to Paradise on Judgment Day. But those who neglect it during their lives on Earth will find that it pushes them into Hell on Judgment Day.

The Holy Quran is a book of guidance. It is not merely a book of recitation. Muslims must therefore strive to fulfill all aspects of the Holy Quran to ensure that it guides them to success in both worlds. The first aspect is reciting it correctly and regularly. The second aspect is to understand it. And the final aspect is to act on its teachings according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Those who behave in such a manner are the ones who are given glad tidings of right guidance through every difficulty in this world and its intercession on the Day of Judgment. But as warned by this Hadith the Holy Quran is only guidance and a mercy for those who correctly act on its aspects according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. But those who misinterpret it and instead act according to their desires in order to gain worldly things, such as fame, will be deprived of this right guidance and its intercession on Judgment Day. In fact, their complete loss in both worlds will only increase until they sincerely repent. Chapter 17 Al Isra, verse 82:

“And We send down of the Quran that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss.”

Finally, it is important to understand that even though the Holy Quran is a cure for worldly problems a Muslim should not only use it for this purpose. Meaning, they should not only recite it in order to fix their worldly problems thereby, treating the Holy Quran like a tool which is removed during a difficulty and then placed back in a toolbox. The main function of the Holy Quran is to guide one to the hereafter safely. Neglecting this main function and only using it to fix one's worldly problems is not correct as it contradicts the behaviour of a true Muslim. It is like the one who purchases a car with many different accessories yet, it possesses no engine. There is no doubt that this person is simply foolish.

“...the Quran, a guidance for the people and clear proofs of guidance...”

The Holy Quran is not only advice and a set of instructions which guides a person through every moment in their life so that they obtain success in both worlds but the proof that this guidance is the best course is also provided by the Holy Quran.

The difference between guidance and clear proofs of guidance is like the difference between a person only providing directions to a certain place compared to another person who not only provides directions to the place but also explains how these directions are the best route to take over all other routes.

The Holy Quran possesses an uncountable amount of qualities which separates it from any other worldly book. This aspect of the Holy Quran is so intense that it cannot even be explained or discussed over countless lifetimes. But a few of these qualities will be mentioned here. First of all, in the Holy Quran, Allah, the Exalted, has given an open challenge to the entire universe (not just people) and not only a challenge to those who were present when this divine revelation was revealed but to all of creation till the end of time. The challenge being if the people believed the Holy Quran was not a divine revelation from Allah, the Exalted, then they should produce a chapter that can rival a chapter of the Holy Quran. Chapter 2 Al Baqarah, verse 23:

“And if you are in some doubt, concerning what We sent down upon Our special devotee, then bring one chapter like it, and call upon all your helpers beside Allah, if you are truthful.”

There is no book on the entire planet that can and has given this type of open challenge. But over 1400 years ago the Holy Quran gave this challenge to the entire universe and to this day this challenge has not been won by the non-Muslims nor will it ever be God willing.

Another quality of the Holy Quran is that it stated the outcome of future events. But the more amazing thing about these statements is that the outcomes seemed impossible at the time. For example chapter 48 Al Fath, verse 28:

“It is He Who sent His Messenger with guidance and the religion of truth that he may make it prevail over all other religions And Sufficient is Allah as witness.”

When this verse was revealed the entire city of Mecca was Islam so when the people of Mecca heard this verse, unfortunately for them, they believed that Islam was too feeble and would therefore not survive long and certainly would not spread beyond the borders of Mecca let alone the entire world. But within a some years Allah, the Exalted, fulfilled this promise.

Another example of how the Holy Quran prophesied a future event which was unimaginable at the time is found in chapter 30 Ar Rum, verses 2-5:

“The Romans have been subdued. In the nearby land and after their subjugation they will soon overcome. In a few years. The command is of Allah only before and after. And on that day the believers shall rejoice. With the help of Allah, He helps whom He pleases. And He is the Might, and Merciful.”

These verses of the Holy Quran were revealed during a time where the Romans (Christians) were at war with the Persians (Fire worshippers). This war has been confirmed by many authentic historic books. At this particular time the Persians were on the verge of winning the war. At one point Rome itself was surrounded by the Persians. But Allah, the Exalted, stated that the Romans would eventually reign victorious. The non-Muslims of Mecca who themselves were idol worshippers favoured the Persians and agreed with the majority that it was impossible for the Romans to win. But Allah, the Exalted, as always proved these verses true and allowed the Romans victory.

A final example which appeals to the scientists of the world is seen in chapter 21 Al Anbiya, verse 33:

“And it is He Who created the night and the day and the sun and the moon. Each one is floating in a circumference.”

For centuries scientists have fought over theories on how exactly the solar system is arranged e.g. whether the sun remains still and the Earth rotates around or vice versa. Only relatively recently it has been proven by scientists from all different faiths and backgrounds that each object; sun, moon and the Earth all rotate on their own axes and rotate around each other in a set orbit. But Allah, the Exalted, declared this over 1400 years ago. All the science related verses of the Holy Quran are slowly being proven by scientists today. This is a huge piece of evidence that proves that the Holy Quran are the words of the One and only true God, Allah, the Exalted, who has created this universe and everything in it, because only a Creator can truly explain his creations.

Even though many commands of the Holy Quran may not be understood by people does not mean they are incorrect. Certain verses of the Holy Quran whose wisdom was hidden to man became apparent when society reached a certain level of development. As the whole Holy Quran is a book of wisdom and guidance it must be accepted irrespective if one understands its commands or not. This situation is just like a child who is suffering from a cold and desires ice cream but is not given it by their parent. The child will continue to cry without understanding the wisdom behind but those that possess knowledge will agree with the parent even though outwardly it appears as if the decision of the parent is wronging the child.

“...the Quran, a guidance for the people and clear proofs of guidance...”

The Holy Quran is not only advice and a set of instructions which guides a person through every moment in their life so that they obtain success in both worlds but the proof that this guidance is the best course is also provided by the Holy Quran.

The difference between guidance and clear proofs of guidance is like the difference between a person only providing directions to a certain place compared to another person who not only provides directions to the place but also explains how these directions are the best route to take over all other routes.

It is therefore important for Muslims to study and act on the clear proofs of guidance discussed in the Holy Quran so that they obtain certainty of faith.

All Muslims have faith in Islam but the strength of their faith varies from person to person. For example, the one who follows the teachings of Islam because their family told them to is not the same as the one who believes in it through evidence. A person who has heard about something will not believe in it in the same way as the one who has witnessed the thing with their own eyes.

As confirmed in a Hadith found in Sunan Ibn Majah, number 224, gaining useful knowledge is a duty on all Muslims. One of the reasons for this is that it is the best way a Muslim can strengthen their faith in Islam. This is important to pursue as the stronger one's certainty of faith the greater the chance they will remain steadfast on the correct path, especially when facing difficulties. In addition, having certainty of faith has been described as one of the best things one can possess in a Hadith found in Sunan Ibn Majah, number 3849. This knowledge should be obtained by studying the Holy Quran and the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, through a reliable source.

Allah, the Exalted, did not only declare a truth in the Holy Quran but He also provided evidence for it through examples. Not only examples which are to be found in the past nations but examples which have been placed in one's very own life. For example, in the Holy Quran Allah, the Exalted, advises that sometimes a person loves a thing even though it will cause them trouble if they obtained it. Similarly, they might hate a thing while there is much hidden good in it for them. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

There are many examples of this truth in history such as the Pact of Hudaiba. Some Muslims believed this pact, which was made with the non-Muslims of Mecca, would completely favour the latter group. Yet, history clearly shows that it favoured Islam and the Muslims. This event

is discussed in the Hadiths found in Sahih Bukhari, numbers 2731 and 2732.

If one reflects on their own life they will find many examples when they believed something was good when it was actually bad for them and vice versa. These examples prove the authenticity of this verse and help one's faith strengthen.

Another example is found in chapter 79 An Naziat, verse 46:

“It will be, on the Day they see it (Judgement Day) as though they had not remained [in the world] except for an afternoon or a morning thereof.”

If one turns the pages of history they will clearly observe how great empires came and went. But when they left they passed away in such a way as if they were only on Earth for a moment. All but a few of their signs have faded away as if they were never present on Earth in the first place. Similarly, when one reflects on their own life they will realise that no matter how old they are and no matter how slow certain days might have felt overall their life so far has passed in a flash. Understanding the truthfulness of this verse strengthens one's certainty of faith and this inspires them to prepare for the hereafter before their time runs out.

The Holy Quran and the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, are full of such examples. Therefore, one should strive to learn and act on these divine teachings so that they adopt certainty of faith. The one who achieves this will not be shaken by any difficulty they face and will remain steadfast on the path which leads to the gates of Paradise. Chapter 41 Fussilat, verse 53:

“We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth...”

“...the Quran, a guidance for the people...and criterion...”

A criterion is something which separates truth from falsehood, good from bad and significant things from insignificant things.

It is important for Muslims to understand that they should not define a situation as good or bad according to worldly definitions. For example, according to a worldly definition being wealthy is good whereas being poor is bad. Instead, Muslims should ascribe good and bad to events and things according to the teachings of Islam. Meaning, anything which takes one closer to the obedience of Allah, the Exalted, in the form of fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, is good even if it is seen as bad from a worldly point of view. And anything which takes one away from the obedience of Allah, the Exalted, is bad even if it appears good.

There are many examples throughout the teachings of Islam which demonstrate this. For example, Qarun was an extremely wealthy person who lived in the time of the Holy Prophet Musa, peace be upon him. Many people then and now may consider his wealth to be a good thing but as it led him to pride it became a means of his destruction. So in his case being wealthy was a bad thing. Chapter 28 Al Qasas, verses 79-81.

“So he came out before his people in his adornment. Those who desired the worldly life said, "Oh, would that we had like what was given to Qārūn. Indeed, he is one of great fortune. But those who had been given

knowledge said, "Woe to you! The reward of Allah is better for he who believes and does righteousness. And none are granted it except the patient." And We caused the earth to swallow him and his home. And there was for him no company to aid him other than Allah, nor was he of those who [could] defend themselves."

On the other hand, the third rightly guided Caliph of Islam, Usman Bin Affan, may Allah be pleased with him, was also wealthy yet he used his wealth in the correct way. In fact, once after donating a large amount of wealth he was told by the Holy Prophet Muhammad, peace and blessings be upon him, that nothing could harm his faith after that day. This has been indicated in a Hadith found in Jami At Tirmidhi, number 3701. So in his case wealth was a good thing.

To conclude, a Muslim should remember that every difficulty they face has wisdoms behind it even if they do not observe them. So they should not believe something is good or bad from a worldly point of view. Meaning, if the thing encourages them towards the obedience of Allah, the Exalted, then it is good even if it looks bad. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

“The month of Ramadan...So whoever sights [the crescent of] the month, let him fast it...and [wants] for you to complete the period and to magnify Allāh for that [to] which He has guided you; and perhaps you will be grateful.”

In a Divine Hadith found in Sunan An Nasai, number 2219, the Holy Prophet Muhammad, peace and blessings be upon him, advised that all righteous deeds people perform are for themselves except for fasting as this is for Allah, the Exalted, and He shall reward it directly.

This Hadith indicates the uniqueness of fasting. One of the reasons it is described in this manner is because all other righteous deeds are visible to people, such as the prayer, or they are between people, such as secret charity. Whereas, fasting is a unique righteous deed as others cannot know someone is fasting by only observing them.

In addition, fasting is a righteous deed which puts a lock on every aspect of oneself. Meaning, a person who fasts correctly will be prevented from committing verbal and physical sins, such as looking at and hearing unlawful things. This is also achieved through the prayer but the prayer is only performed for a short time and is visible to others whereas, fasting occurs throughout the day and is invisible to others. Chapter 29 Al Ankabut, verse 45:

“...Indeed, prayer prohibits immorality and wrongdoing...”

It is clear from the following verse a person who does not complete the obligatory fasts without a valid reason will not be a true believer as the two have been directly connected. Chapter 2 Al Baqarah, verse 183:

“O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous”

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Jami At Tirmidhi, number 723, that if a Muslim does not complete a single obligatory fast without a valid reason they cannot make up for the reward and blessings lost even if they fasted every day for their entire life.

In addition, as indicated by the verse quoted earlier fasting correctly leads to piety. Meaning, simply starving during the day does not lead to piety but paying extra attention to abstaining from sins and performing righteous deeds during the fast will lead to piety. It is why a Hadith found in Jami At Tirmidhi, number 707, warns that a fast will not be significant if one does not abstain from speaking and acting on falsehood. A similar Hadith found in Sunan Ibn Majah, number 1690, warns that some fasting people obtain nothing except hunger. When one becomes more aware and careful in obeying Allah, the Exalted, while they are fasting this habit will eventually affect them so they behave in a similar way even when they are not fasting. This is in fact true piety.

The righteousness mentioned in the verse quoted earlier is connected to fasting as fasting reduces one's evil desires and passions. It prevents pride and the encouragement of sins. This is because fasting hinders the appetite of the stomach and one's carnal desires. These two things lead to many sins. In addition, the desire for these two things is greater than the desire for other unlawful things. So whoever controls them through fasting will find it easier to control the weaker evil desires. This leads to true righteousness.

As briefly indicated earlier there are different levels of fasting. The first and lowest level of fasting is when one abstains from the things which will break their fast, such as food. The next level is abstaining from sins which damages one's fast thereby reducing the reward of their fast, such as lying. This has been indicated in a Hadith found in Sunan An Nasai, number 2235. Fasting which involves each member of the body is the next level. This is when each body part fasts from sins for example, the eyes from looking at the unlawful, the ears from listening to the unlawful and so on. The next level is when one behaves in this manner even when they are not fasting. Finally, the highest level of fasting is abstaining from all things which are not connected to Allah, the Exalted.

A Muslim should also fast inwardly as their body fasts outwardly by abstaining from sinful or vain thoughts. They should fast from persisting on their own plans in respect to their desires and try to concentrate on fulfilling their duties and responsibilities. In addition, they should fast from inwardly challenging the decree of Allah, the Exalted, and instead except destiny and whatever it brings knowing Allah, the Exalted, only chooses the best for His servants even if they do not understand the wisdom behind these choices. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

Finally, a Muslim should aim for the highest reward by keeping their fast a secret and not informing others if it is avoidable as informing others unnecessarily leads to a loss of reward as it is an aspect of showing off.

Behaving correctly throughout the year is the very purpose of the Holy month of Ramadan as it provides a Muslim the training they need to sincerely obey Allah, the Exalted, throughout the year. As indicated by the main verse under discussion this is why it is important to complete the period of fasting during the Holy month of Ramadan so that one completes their training.

In addition, behaving in this manner is how one correctly magnifies Allah, the Exalted, for His guidance and shows gratitude to Him. This has been indicated at the end of the main verse under discussion.

“The month of Ramaḍān...So whoever sights [the crescent of] the month, let him fast it; and whoever is ill or on a journey - then an equal number of other days. Allāh intends for you ease and does not intend for you hardship...”

In a Hadith found in Sahih Bukhari, number 39, the Holy Prophet Muhammad, peace and blessings be upon him, advised that religion is simple and straight forward. And a Muslim should not over burden themselves as they will not be able to keep up with it.

This means that a Muslim should always lead a simple religious and worldly life. Islam does not demand Muslims to overburden themselves in performing righteous deeds. But it in fact teaches simplicity which is the most beloved religion to Allah, the Exalted, according to a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 287. A Muslim should firstly strive to fulfil their obligatory duties which are undoubtedly within their strength to fulfil as Allah, the Exalted, does not burden a Muslim with more than they can bear. This is confirmed in chapter 2 Al Baqarah, verse 286 of the Holy Quran:

“Allah does not charge a soul except [with that within] its capacity...”

Next, they should take some time out of their day to study Islamic teachings so that they can act on the Holy Quran and the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him, according to their strength. This attracts the love of Allah, the

Exalted, which has been confirmed in a Hadith found in Sahih Bukhari, number 6502.

If a Muslim persists on this behaviour they will be provided with such mercy that they will fulfil all their duties towards Allah, the Exalted, and people and find time to enjoy the lawful pleasures of this world without excess, waste or extravagance.

This is how a Muslim makes things easier for themselves. And if they possess dependents, such as children, they should teach them the same thereby, making things easier for them also. Overburdening oneself makes things hard and can push one to completely quit. And relaxing too much will make things hard as one will lose out on the mercy of Allah, the Exalted, in both worlds through laziness.

“...Allāh intends for you ease and does not intend for you hardship...”

Often when Muslims receive blessings especially, beyond their need, it distracts them from the hereafter and instead focuses their minds on this material world. So in this respect, the wisdom behind a difficulty is to refocus a Muslim’s attention on what is truly important which is preparing for the hereafter. This is like a person who is so preoccupied with their phone that they cross a road without seeing an oncoming vehicle. Another person violently pulls them away from the oncoming car which causes them distress yet, saves their life. Even though being pulled violently causes distress and even pain but it is only done in order to refocus their attention on the life threatening danger namely, the oncoming car. Similarly, a Muslim faces emotional and physical difficulties in order to refocus their attention on more important things such as the hereafter. If a Muslim was left to only face times of ease without difficulties there is no doubt that they would become lost in enjoying the excess of this material world. This neglect in the long run would be disastrous for them. So they face a small difficulty in order to protect them from greater difficulties namely, the difficulties of the hereafter. Therefore, Muslims should remember this truth every time they face a difficulty so that they leave the difficulty refocused on more important things and act correctly over this blessing instead of demonstrating impatience and heedlessness to this vital benefit. This is in fact one of the biggest favours of Allah, the Exalted.

“...Allāh intends for you ease and does not intend for you hardship...”

It is important to understand that the prohibitions and commands of Allah, the Exalted, do not exist to make people's life harder. They only exist in order to benefit people in both this world and in the next even if these benefits are not apparent to people. For example, the negative effects of alcohol, which science has proven, was not always apparent such as its negative effect on the organs of the body. It only became unlawful in Islam to protect people from this and other harms. In addition, It is an aspect of faith to accept something without understanding its wisdoms. If all the wisdoms of the commands and prohibitions were made apparent then it would not allow Muslims to possess complete faith. Allah, the Exalted, does not benefit from these commands and prohibitions only people do.

“...Allāh intends for you ease and does not intend for you hardship...”

In a Hadith found in Sahih Bukhari, number 6125, the Holy Prophet Muhammad, peace and blessings be upon him, advised Muslims to make things easy for others instead of making things difficult. And to give glad tidings to others and not scare them.

A Muslim should always make things easy firstly for themselves by learning and acting on Islamic knowledge so that they can fulfill their obligatory duties, act on the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him, and fulfill their needs and the needs of their dependents. This will provide them with plenty of time to enjoy lawful things without being wasteful or extravagant. A Muslim should act according to their strength in respect to voluntary righteous deeds and not overburden themselves as this is disliked in Islam. This has been advised in a Hadith found in Sahih Bukhari, number 6465. A balanced approach is always best.

In addition, Muslims should make things easy for others especially, in religious matters so that people do not grow averse to Islam believing it is a burdensome religion when it in fact is a simple and easy religion. This is confirmed in a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 287. This is important to teach others, especially children. If children wrongfully believe Islam is a difficult religion they will turn away from it when they get older. Children should be taught that Islam has some obligations which do not take much time to fulfill and leaves plenty of time for them to have fun in good ways.

But it is important to note, making things easy for oneself or others in religious matters does not mean a Muslim should be lazy and teach others to be lazy as the minimum obligations must be fulfilled at all times unless one is exempt by Islam. The one who acts lazily is not obeying Allah, the Exalted, only their own desires.

Another aspect of making things easy for others includes a Muslim not demanding their full rights from others. Instead, they should use the means, such as their physical or financial strength, to help themselves and make things easy for others. In some cases, failing to fulfil the rights of others can lead to punishment. In order to make things easy for others a Muslim should therefore only demand their rights in some cases. This does not mean a Muslim should not strive to fulfil the rights of others but it means they should try to overlook and excuse the people they have rights over. For example, a parent can excuse their adult child from a particular house chore and do it themselves if they possess the means to do so without trouble especially if their child returns home from work exhausted. This leniency and mercy will not only cause Allah, the Exalted, to be more merciful to them but it will also increase the love and respect people have for them. The one who always demands their full rights is not a sinner but they will lose out on this reward and outcome if they behave in this manner.

Muslims should make things easy for others and hope Allah, the Exalted, will make things easy for them in this world and in the next. But those who make things difficult for others may find that Allah, the Exalted, makes things difficult for them in both worlds.

A Muslim must remind themselves and others of the countless blessings of Allah, the Exalted, and the great reward He bestows on Muslims in this world and in the next on those who obey Him by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This approach, in most cases, is more effective in encouraging people towards the obedience of Allah, the Exalted. Only in some cases when someone is indulging in wishful thinking and disobeying Allah, the Exalted, while expecting they will succeed should a Muslim warn them of the consequences of their actions thereby, inspiring the fear of Allah, the Exalted, in them.

A balance is best whereby one uses hope in Allah, the Exalted, to encourage His obedience and fear of Him in order to prevent sins. And whenever one feels imbalanced or observes others who have become imbalanced a Muslim should act appropriately in order to adjust themselves and others back to the correct middle path.

“...and to magnify Allah for that [to] which He has guided you...”

In a Hadith found in Sahih Bukhari, number 6407, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the difference between the person who remembers Allah, the Exalted, and the one who does not is like a living person compared to a dead person.

It is important for Muslims who desire to create a strong connection with Allah, the Exalted, so that they can overcome all difficulties in this world and in the hereafter successfully to remember Allah, the Exalted, as much as possible. Put simply, the more they remember Him the more they will achieve this vital goal.

This is achieved by practically acting on the three levels of the remembrance of Allah, the Exalted. The first level is to remember Allah, the Exalted, internally and silently. This includes correcting one's intention so that they only act in order to please Allah, the Exalted. The second is by remembering Allah, the Exalted, through one's tongue. But the highest and most effective way of strengthening one's bond with Allah, the Exalted, is practically remembering Him with one's limbs. This is achieved by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This requires one to gain and act on Islamic knowledge which in turn is the root of all good and success in both worlds.

Those who remain on the first two levels will receive reward depending on their intention but they are unlikely to increase the strength of their faith and piety unless they move to the third and highest level of the remembrance of Allah, the Exalted.

“...and to magnify Allah for that [to] which He has guided you; and perhaps you will be grateful.”

The same way during the Holy month of Ramadan a Muslim makes obeying Allah, the Exalted, their greatest goal and puts aside their desire for anything which can break their fast they must continue with this mentality by making the sincere obedience of Allah, the Exalted, their greatest goal for the rest of the year also. This is how one correctly magnifies and shows gratitude to Allah, the Exalted. Behaving in this manner is sincerity to Him.

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards Allah, the Exalted.

Sincerity towards Allah, the Exalted, includes fulfilling all the duties given by Him in the form of commands and prohibitions, solely for His pleasure. As confirmed in a Hadith found in Sahih Bukhari, number 1, all will be judged by their intention. So if one is not sincere towards Allah, the Exalted, when performing good deeds they will gain no reward in this world or in the next. In fact, according to a Hadith found in Jami At Tirmidhi, number 3154, those who performed insincere deeds will be told on Judgement Day to seek their reward from those who they acted for, which will not be possible. Chapter 98 Al Bayyinah, verse 5.

"And they were not commanded except to worship Allah, [being] sincere to Him in religion....."

If one is lax in fulfilling their duties towards Allah, the Exalted, it proves a lack of sincerity. Therefore, they should sincerely repent and struggle to fulfil them all. It is important to bear in mind Allah, the Exalted, never burdens one with duties they cannot perform or handle. Chapter 2 Al Baqarah, verse 286.

"Allah does not charge a soul except [with that within] its capacity...."

Being sincere towards Allah, the Exalted, means that one should always choose His pleasure over the pleasure of themselves and others. A Muslim should always give priority to those actions which are for the sake of Allah, the Exalted, over all else. One should love others and dislike their sins for the sake of Allah, the Exalted, and not for the sake of their own desires. When they help others or refuse to take part in sins it should be for the sake of Allah, the Exalted. The one who adopts this mentality has perfected their faith. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4681.

“...and to magnify Allah for that [to] which He has guided you; and perhaps you will be grateful.”

A Muslim must ensure they fulfill all three aspects of gratitude so that they avoid becoming a denier of Allah, the Exalted, as the one who is ungrateful in reality, scorns the One who granted them the blessings. Chapter 2 Al Baqarah, verse 152:

“...And be grateful to Me and do not deny Me.”

The three aspects of gratitude are to internally acknowledge Allah, the Exalted, as the sole Creator and Provider of all blessings. An aspect of this is to correct one's intention so that they only perform actions to please Allah, the Exalted. The next aspect is to praise Allah, the Exalted, via the tongue. And the final and highest aspect is to practically show gratitude through one's actions by using each blessing as prescribed by Islam in order to please Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]; but if you deny, indeed, My punishment is severe.'”

As true gratitude leads to an increase in blessings Muslims should fear that showing ingratitude may cause the blessings they possess to either

be taken away from them or for their blessings to be used against them by becoming a burden and a curse for them in both worlds. It is important to note, even if a Muslim becomes truly grateful they will still face tests and difficulties as they are guaranteed. But if they behave in the correct way they will be guided through every situation so that they obtain peace of mind and body in this world and a great reward in the hereafter.

“...and to magnify Allah for that [to] which He has guided you; and perhaps you will be grateful.”

In a Hadith found in Jami At Tirmidhi, number 1954, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever is not grateful to people cannot be grateful to Allah, the Exalted.

Even though there is no doubt that the source of all blessings is none other than Allah, the Exalted, none the less showing gratitude to people is an important aspect of Islam. This is because Allah, the Exalted, sometimes uses a person as a means to help others such as one's parents. As the means has been created and used by Allah, the Exalted, being grateful to them is in fact being grateful to Allah, the Exalted. Therefore, Muslims must show good character and always show appreciation for any aid or support they receive from others irrespective of its size. They should show gratitude to Allah, the Exalted, by using the blessing according to His commands as He is the source of the blessing and show gratitude to the person as they are the means which was created and chosen by Allah, the Exalted. A Muslim should show gratitude verbally to people and practically by repaying their act of kindness according to their means even if it is only a supplication on their behalf. This has been advised in a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 216.

The person who does not show gratitude to people cannot show true gratitude to Allah, the Exalted, and therefore they will not be given an increase in blessings. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

If a Muslim desires an increase in blessings they must fulfill both aspects of gratitude namely, to Allah, the Exalted, and to people.

Over 130 Free eBooks on Good Character

<https://ShaykhPod.com/Books>

Other ShaykhPod Media

Daily Blogs: www.ShaykhPod.com/Blogs

Pics: <https://shaykhpod.com/category/pics>

General Podcasts: <https://shaykhpod.com/general-podcasts>

PodWoman: <https://shaykhpod.com/podwoman>

PodKid: <https://shaykhpod.com/podkid>

Urdu Podcasts: <https://shaykhpod.com/urdu-podcasts>

Live Podcasts: <https://shaykhpod.com/live>

Subscribe to Receive Daily Blogs & Updates Via Email:

<http://shaykhpod.com/subscribe>