

# A Counsel for the Travelers

to **Allah** (SWT)  
**PodSeries - Vol 400**



**A**chieve **N**oble **C**haracter

**A Counsel for the Travelers to Allah (SWT)**

**ShaykhPod Books**

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## **Acknowledgements**

All praises are for Allah, the Exalted, Lord of the worlds, who has given us the inspiration, opportunity and strength to complete this volume. Blessings and peace be upon the Holy Prophet Muhammad whose path has been chosen by Allah, the Exalted, for the salvation of mankind.

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We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

All praise to Allah, the Exalted, Lord of the worlds and endless blessings and peace be upon the Holy Prophet Muhammad, on his blessed Household and Companions, may Allah be pleased with them all.

## **Compiler's Notes**

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to [ShaykhPod.Books@gmail.com](mailto:ShaykhPod.Books@gmail.com).

## Introduction

The following short book discusses a Counsel for the Travelers to Allah, the Exalted. This discussion is based on the final advice given by Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, which has been recorded in Jala Al Khawatir.

Implementing the lessons discussed will aid a Muslim to Achieve Noble Character. According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

*“And indeed, you are of a great moral character.”*

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

## **A Counsel for the Travelers to Allah (SWT)**

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son! I counsel you to practice true devotion to Allah, the Exalted..."***

The essence of this is sincerity.

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards Allah, the Exalted.

Sincerity towards Allah, the Exalted, includes fulfilling all the duties given by Him in the form of commands and prohibitions, solely for His pleasure. As confirmed in a Hadith found in Sahih Bukhari, number 1, all will be judged by their intention. So if one is not sincere towards Allah, the Exalted, when performing good deeds they will gain no reward in this world or in the next. In fact, according to a Hadith found in Jami At Tirmidhi, number 3154, those who performed insincere deeds will be told on Judgement Day to seek their reward from those who they acted for, which will not be possible. Chapter 98 Al Bayyinah, verse 5.

*"And they were not commanded except to worship Allah, [being] sincere to Him in religion....."*



If one is lax in fulfilling their duties towards Allah, the Exalted, it proves a lack of sincerity. Therefore, they should sincerely repent and struggle to fulfil them all. It is important to bear in mind Allah, the Exalted, never burdens one with duties they cannot perform or handle. Chapter 2 Al Baqarah, verse 286.

*"Allah does not charge a soul except [with that within] its capacity...."*

Being sincere towards Allah, the Exalted, means that one should always choose His pleasure over the pleasure of themselves and others. A Muslim should always give priority to those actions which are for the sake of Allah, the Exalted, over all else. One should love others and dislike their sins for the sake of Allah, the Exalted, and not for the sake of their own desires. When they help others or refuse to take part in sins it should be for the sake of Allah, the Exalted. The one who adopts this mentality has perfected their faith. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4681.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son! I counsel you to practice true devotion to Allah, the Exalted, and to be ever fearful of offending Him..."***

Piety/Fearing Allah, the Exalted, cannot be achieved without gaining and acting on Islamic knowledge so that one can fulfill the commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 35 Fatir, verse 28:

*"...Only those fear Allah, from among His servants, who have knowledge..."*

In a Hadith found in Jami At Tirmidhi, number 2451, the Holy Prophet Muhammad, peace and blessings be upon, advised that a muslim cannot become pious until they avoid something which is not harmful to their religion out of caution that it will lead to something which is harmful. Therefore, an aspect of piety is to avoid things which are doubtful not just unlawful. This is because doubtful things takes a muslim one step closer to the unlawful and the closer one is to the unlawful the easier it is to fall into it. It is why a Hadith found in Jami At Tirmidhi, number 1205, advises that the one who avoids unlawful and doubtful things will protect their religion and honor. If one observes those who have become misguided in society, in most cases, this occurred gradually not in one sudden step. Meaning, the person first indulged in doubtful things before falling into the unlawful. This is the reason why Islam stresses the need to avoid unnecessary and vain things in one's life as they can lead them to the unlawful. For example, vain and useless speech which is not

classified sinful by Islam often leads to evil speech, such as backbiting, lying and slander. If a person avoids the first step by not indulging in vain speech they will undoubtedly avoid evil speech. This process can be applied to all things which are vain, unnecessary and especially, doubtful.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...I advise you to strive to fulfill your duty to your parents...for Allah, the Exalted, favors His servant when he acts accordingly..."***

Being kind to parents is widely known characteristic amongst muslims yet unfortunately many fail to fulfil this important duty. Allah, the Exalted, has placed being kind to parents next to solely worshipping Him in many places of the Holy Quran such as, chapter 17 Al Isra, verse 23:

*"And your Lord has decreed that you worship not except Him, and to parents, good treatment. Whether one or both of them reach old age [while] with you, say not to them [so much as], "uff,"<sup>1</sup> and do not repel them but speak to them a noble word."*

In fact this same verse prohibits muslims to even utter a single word out of annoyance towards their parents. In another place of the Holy Quran Allah, the Exalted, has combined being grateful to Him with being grateful to parents. Chapter 31 Luqman, verse 14:

*"...Be grateful to Me and to your parents..."*

Even though, there are countless Hadiths commanding treating parents kindly a single Hadith found in Sunan Ibn Majah, number 3662, is

enough to understand its importance. The Holy Prophet Muhammad, peace and blessings be upon him, answered someone who questioned what the rights of one's parents are by declaring that they are a child's Paradise or Hell. Meaning, if one treats their parents kindly for the sake of Allah, the Exalted, they may well be admitted into Paradise because of it. But those who mistreat their parents may well be hurled into Hell because of it.

Even though, being obedient to parents, as long as it does not involve the disobedience of Allah, the Exalted, is very difficult, especially, in this day and age muslims should try to remain patient and not argue with their parents. If a muslim disagrees with them they can and should still maintain respect for them at all times.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...I advise you to strive to fulfill your duty to your...elders, for Allah, the Exalted, favors His servant when he acts accordingly..."***

In a Hadith found in Jami At Tirmidhi, number 1921, the Holy Prophet Muhammad, peace and blessings be upon him, warned that a person is not one of the true muslims if they fail to respect their elders.

All people irrespective of their faith, age or social status must be treated with respect and kindness. In fact, a person cannot be a true believer until they love for others what they love for themselves which has been advised in a Hadith found in Jami At Tirmidhi, number 2515. And this undoubtedly includes being treated by others in a kind way.

Respecting elders includes being patient with them and not arguing with them. A muslim can disagree with elders but good manners and respect must be maintained at all times. They must be supported at all times which includes physical, emotional and financial support. Simply put, how one treats elders is how they will be treated by others if and when they become elderly.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must be faithful to the truth..."***

In a Hadith found in Jami At Tirmidhi, number 1971, the Holy Prophet Muhammad, peace and blessings be upon him, discussed the importance of truthfulness and avoiding lies. The first part advises that truthfulness leads to righteousness which in turn leads to Paradise. When a person persists on truthfulness they are recorded by Allah, the Exalted, as a truthful person.

It is important to note, that truthfulness has three levels. The first is when one is truthful in their intention and sincerity. Meaning, they act only for the sake of Allah, the Exalted, and do not benefit others for an ulterior motive, such as fame. This in fact is the foundation of Islam as every action is judged on one's intention. This is confirmed in a Hadith found in Sahih Bukhari, number 1. The next level is when one is truthful through their words. This in reality means they avoid all types of verbal sins not just lies. As the one who indulges in other verbal sins cannot be a real truthful person. An excellent way of achieving this is by acting on a Hadith found in Jami At Tirmidhi, number 2317, which advises that a person can only make their Islam excellent when they avoid getting involved in the things which do not concern them. The majority of verbal sins occur because a muslim discusses something which does not concern them. The final stage is truthfulness in actions. This is achieved through the sincere obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and being patient with destiny according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, without cherry picking or misinterpreting the teachings of Islam which suit one's desires. They must adhere to hierarchy and priority order set by Allah, the Exalted, in all actions.

The consequences of the opposite of these levels of truthfulness namely, lying, according to the main Hadith under discussion, is that it leads to disobedience which in turn leads to the fire of Hell. When one persists on this attitude they will be recorded as a great liar by Allah, the Exalted.



***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, “O my dear son!...you must be faithful to the truth both in private and in public...”***

In a Hadith found in Jami At Tirmidhi, number 2347, the Holy Prophet Muhammad, peace and blessings be upon him, advised that his true friend is the one who obeys Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in public and in private. Doing so in private indicates a person’s sincerity to Allah, the Exalted, meaning, they only perform righteous deeds for His sake. This is the one who firmly remembers that no matter where they are the inner and outer aspects of their being is constantly being observed by Allah, the Exalted. If one persists on this belief they will adopt excellence of faith which is mentioned in a Hadith found in Sahih Muslim, number 99. It means they act, such as performing the prayer, as if they can observe Allah, the Exalted, watching them. This encourages righteous deeds and prevents sins.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must not neglect the recitation of the Holy Quran, both inwardly and outwardly, in private and in public, with understanding and deliberation, with gravity and reflection and the shedding of tears. You must refer to the unambiguous words of the Holy Quran whenever a ruling is required, for the Holy Quran is the evidence of Allah, the Exalted, against His creatures..."***

In a Hadith found in Imam Munzari's, Awareness and Apprehension, number 30, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the Holy Quran will intercede on Judgment Day. Those who follow it during their lives on Earth will be led to Paradise on Judgment Day. But those who neglect it during their lives on Earth will find that it pushes them into Hell on Judgment Day.

The Holy Quran is a book of guidance. It is not merely a book of recitation. Muslims must therefore strive to fulfill all aspects of the Holy Quran to ensure that it guides them to success in both worlds. The first aspect is reciting it correctly and regularly. The second aspect is to understand it. And the final aspect is to act on its teachings according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Those who behave in such a manner are the ones who are given glad tidings of right guidance through every difficulty in this world and its intercession on the Day of Judgment. But as warned by this Hadith the Holy Quran is only guidance and a mercy for those who correctly act on its aspects according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. But those who misinterpret it and instead act according to their desires in order to gain worldly things, such as fame, will be deprived of this right guidance and its intercession on Judgment Day. In fact, their complete loss in both

worlds will only increase until they sincerely repent. Chapter 17 Al Isra, verse 82:

*“And We send down of the Quran that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss.”*

Finally, it is important to understand that even though the Holy Quran is a cure for worldly problems a muslim should not only use it for this purpose. Meaning, they should not only recite it in order to fix their worldly problems thereby, treating the Holy Quran like a tool which is removed during a difficulty and then placed back in a toolbox. The main function of the Holy Quran is to guide one to the hereafter safely. Neglecting this main function and only using it to fix one's worldly problems is not correct as it contradicts the behaviour of a true muslim. It is like the one who purchases a car with many different accessories yet, it possesses no engine. There is no doubt that this person is simply foolish.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, “O my dear son!...you must not take a step beyond the bounds of religious knowledge...”***

A great distraction which prevents one from submitting to the obedience of Allah, the Exalted, is ignorance. It can be argued that it is the origin of every sin as the one who truly knows the consequences of sins would never commit them. This refers to true beneficial knowledge which is knowledge that is acted upon. In reality, all knowledge which is not acted on is not beneficial knowledge. The example of the one who behaves in this manner is described in the Holy Quran as a donkey which carries books of knowledge which do not benefit it. Chapter 62 Al Jumu'ah, verse 5:

*“...and then did not take it on (did not act upon knowledge) is like that of a donkey who carries volumes [of books]...”*

A person who acts on their knowledge rarely slips up and commits sins intentionally. In fact, when this occurs it is only caused by a moment of ignorance where a person forgets to act on their knowledge which results in them sinning.

The Holy Prophet Muhammad, peace and blessings be upon him, once highlighted the seriousness of ignorance in a Hadith found in Jami At Tirmidhi, number 2322. He declared that everything in the material world is cursed except for the remembrance of Allah, the Exalted, whatever is connected to this remembrance, the scholar and the student of

knowledge. This means that all the blessings in the material world will become a curse for the one who is ignorant as they will misuse them thereby committing sins.

In fact, ignorance can be considered a person's worse enemy as it prevents them from protecting themselves from harm and gaining benefit all of which can only be achieved through acting on knowledge. The ignorant commits sins without being aware of them. How can one avoid a sin if they do not know what is considered a sin? Ignorance causes one to neglect their obligatory duties. How can one fulfil their duties if they are unaware of what their duties are?

It is therefore a duty on all Muslims to gain enough knowledge to fulfil all their obligatory duties and avoid sins. This is confirmed in a Hadith found in Sunan Ibn Majah, number 224.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must study the science of Islamic law..."***

In a Hadith found in Sahih Muslim, number 6853, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever follows a path seeking knowledge Allah, the Exalted, will make the path to Paradise easy for them.

This indicates both a physical path someone takes seeking knowledge, such as attending lectures and classes, and a path whereby someone seeks knowledge without a physical journey. It encompasses all forms of knowledge, such as listening, reading, studying and writing about knowledge. The path to Paradise has many obstacles preventing a muslim from reaching it. Only the one who possesses knowledge of them and how to overcome them will reach Paradise safely. In addition, it easily understood that a person cannot reach a city in this world without knowledge of its location and the route which leads to it. Similarly, Paradise cannot be obtained without knowing these things about it, such as the path leading to it.

But the important thing to note is that a muslim's intention to seek and act on knowledge must be to please Allah, the Exalted. Whoever seeks religious knowledge for a worldly reason, such as showing off, will end up in Hell if they fail to sincerely repent. This has been warned in a Hadith found in Sunan Ibn Majah, number 253.

In addition, a muslim must strive to act on their knowledge as knowledge without action is of no value or benefit. This is like the one who possesses knowledge of a path to safety but does not take it and instead remains in an area full of dangers. This is why knowledge can be split into two categories. The first is when one acts on their knowledge, which leads to piety and an increase in the obedience of Allah, the Exalted. The second is when one fails to act on their knowledge. This type will not increase one's obedience to Allah, the Exalted, in fact, it will only increase them in arrogance believing they are superior to others even though they are like donkeys which carry books that do not benefit it. Chapter 62 Al Jumu'ah, verse 5:

*“...and then did not take it on (did not act on their knowledge) is like that of a donkey who carries volumes [of books]...”*

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...avoid the people of the marketplaces (worldly people), for they are the thieves of our religion...you must not socialize unnecessarily, for this is a sure way to lose your faith..."***

This warns against bad companionship.

In a Hadith found in Sahih Bukhari, number 5534, the Holy Prophet Muhammad, peace and blessings be upon him, described the difference between a good and bad companion. The good companion is like a person who sells perfume. Their companion will either obtain some perfume or at least be affected by the pleasant smell. Whereas, a bad companion is like a blacksmith, if their companion does not burn their clothes they will certainly be affected by the smoke.

Muslims must understand that the people they accompany will have an effect on them whether this affect is positive or negative, obvious or subtle. It is not possible to accompany someone and not be affected by it. A Hadith found in Sunan Abu Dawud, number 4833, confirms that a person is on their companion's religion. Meaning, a person adopts the characteristics of their companion. It is therefore important for muslims to always accompany the righteous as they will undoubtedly affect them in a positive way meaning, they will inspire them to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. Whereas, bad companions will either inspire one to disobey Allah, the Exalted, or they will encourage a muslim to concentrate on the material world over preparing for the hereafter. This



attitude will become a great regret for them on Judgment Day even if the things they strive for are lawful but beyond their needs.

Finally, as a person will end up with those they love in the hereafter according to the Hadith found in Sahih Bukhari, number 3688, a muslim must practically show they love for the righteous by accompanying them in this world. But if they accompany bad or heedless people then it proves and indicates they love for them and their ultimate destination in the hereafter. Chapter 43 Az Zukhruf, verse 67:

*“Close friends, that Day, will be enemies to each other, except for the righteous.”*

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must adhere to the beliefs of those who affirm the Divine Unity..."***

There are many Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, which advise mankind that whoever testifies that there is none worthy of worship except Allah, the Exalted, and that the Holy Prophet Muhammad, peace and blessings be upon him, is the servant and final messenger of Allah, the Exalted, will be saved from the fire of Hell. One such example is found in Sahih Bukhari, number 128.

The meaning of these Hadiths is that whoever dies while believing in this testimony will either enter Paradise and escape Hell or they will enter Hell to the extent of their sins and then eventually be allowed into Paradise where they will dwell forever. This has been advised in a Hadith found in Sahih Bukhari, number 7510.

It is important to note, that those who desire to enter Paradise without entering Hell first must not only declare their belief in Islam verbally but they must also fulfil its conditions and obligations. The testimony of faith is undoubtedly the key to Paradise but a key needs teeth in order to unlock a specific door. The teeth of the key to Paradise are its obligations and duties. Without them meaning, the key without its teeth, will not open the door to Paradise. This is proven through many Hadiths which indicate entry into Paradise requires one to fulfil the conditions and duties of Islam. For example, a Hadith found in Sahih Bukhari, number 1397, indicates that the testimony must be supported by actions in the form of the pillars of Islam, such as establishing the obligatory prayers.

The first part of the testimony namely, there is none worthy of worship save Allah, the Exalted, means that Allah, the Exalted, is the only One who must be obeyed and never disobeyed. When one accepts Allah, the Exalted, as their God they must not obey anything which leads to His disobedience as Allah, the Exalted, alone is their Master and they are only His slaves. But the moment one obeys anything which leads to the disobedience of Allah, the Exalted, then they have corrupted their belief in His Oneness which has been indicated in chapter 45 Al Jathiyah, verse 23:

*“Have you seen he who has taken as his god his [own] desire...”*

The Holy Quran has warned muslims that whoever commits sins is in reality worshipping the Devil as they have obeyed him over the obedience of Allah, the Exalted. Chapter 36 Yaseen, verse 60:

*“Did I not enjoin upon you, O children of Adam, that you not worship Satan - [for] indeed, he is to you a clear enemy.”*

The muslims who reject their desires, the desires of others and the commands of the Devil and instead only obey Allah, the Exalted, have truly taken Allah, the Exalted, as their God. These muslims have been granted the protection of Allah, the Exalted, in both worlds. These muslims have practically actualised the testimony of Islam as they

supported their verbal and internal claim with sincere actions according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. When one acts according to his traditions they have fulfilled the second aspect of the testimony namely, the Holy Prophet Muhammad, peace and blessings be upon him, is the servant and final messenger of Allah, the Exalted. These muslims are the ones referred to in a Hadith found in Sahih Bukhari, number 128. It advises they will be saved from the Hellfire by Allah, the Exalted.

The person who declares Islam with the tongue and internally accepts it is undoubtedly a muslim but their true sincere belief in the Oneness of Allah, the Exalted, is diminished according to their sins.

An aspect of truly acting on the testimony is sincerely loving Allah, the Exalted. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has indicated this in a Hadith found in Sunan Abu Dawud, number 4681. It advises that this is an aspect of perfecting one's faith. This is when one loves what Allah, the Exalted, loves and hates what He hates. As this was the characteristic of the Holy Prophet Muhammad, peace and blessings be upon him, according to a Hadith found in Sunan Ibn Majah, number 2333, muslims have been commanded to follow him. Chapter 3 Alee Imran, verse 31:

*“Say, [O Muhammad], “If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins...”*

It is clear from Islamic teachings that loving what Allah, the Exalted, hates and disliking what Allah, the Exalted, loves is a clear indication of a person following their own desires and obeying them over Allah, the Exalted. This attitude reduces one's belief in the Oneness of Allah, the Exalted. The following verse makes it clear that adopting this mentality is a deviation from true belief in the testimony of Islam. Chapter 9 At Tawbah, verse 24:

*“Say, [O Muhammad], "If your fathers, your sons, your brothers, your wives, your relatives, wealth which you have obtained, commerce wherein you fear decline, and dwellings with which you are pleased are more beloved to you than Allah and His Messenger and striving in His cause, then wait until Allah executes His command. And Allah does not guide the defiantly disobedient people.”*”

The one who worships Allah, the Exalted, according to their own desires worships Him on the edge. Meaning, when they face times of ease they become pleased but when they encounter difficulties they turn away from His obedience in anger. Chapter 22 Al Hajj, verse 11:

*“And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face [to unbelief]. He has lost [this] world and the Hereafter. That is what is the manifest loss.”*

A Hadith found in Sahih Bukhari, number 6502, informs muslims how to correctly believe and act on the testimony of faith, which prevents one

being harmed by the fire of Hell in the next world. This is to first complete the obligatory duties correctly while fulfilling all their conditions and etiquettes. Then one must add to this by performing voluntary righteous deeds, the best of which are the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This leads to the love of Allah, the Exalted, and causes Allah, the Exalted, to empower every organ of their body so that they only obey Him. This true and sincere obedience is the fulfilment of the testimony of faith. This is the sound heart which contains only the love of Allah, the Exalted, and is free of worldly desires and the love of the material world. Chapter 26 Ash Shu'ara, verses 88-89:

*“The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart.”*

It is important to note, this does not mean a muslim becomes free from committing sins but it means they sincerely repent from them whenever they are rarely committed.

To conclude, it is vital for muslims to not only declare the testimony of Islam internally and verbally but they must also show it in their actions as this is the only way to achieve true success in this world and completely escape punishment in the next world also.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must adhere to the beliefs of those who affirm the Divine Unity and stay clear of innovations, for every innovation can lead to error..."***

This encourages one to sincerely obey and follow the two sources of guidance namely, the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards the Holy Quran and the Holy Prophet Muhammad, peace and blessings be upon him.

Sincerity towards the Holy Quran includes having deep respect and love for the words of Allah, the Exalted. This sincerity is proven when one fulfils the three aspects of the Holy Quran. The first is to recite it correctly and regularly. The second is to understand its teachings through a reliable source and teacher. The final aspect is to act on the teachings of the Holy Quran with the aim of pleasing Allah, the Exalted. The sincere muslim gives priority to acting on its teachings over acting on their desires which contradict the Holy Quran. Modelling one's character on the Holy Quran is the sign of true sincerity towards the book of Allah, the Exalted. This is the tradition of the Holy Prophet Muhammad, peace and blessings be upon him, which is confirmed in a Hadith found in Sunan Abu Dawud, number 1342.

The next thing mentioned in the main Hadith under discussion is sincerity towards the Holy Prophet Muhammad, peace and blessings be upon him. This includes striving to acquire knowledge in order to act on his traditions. These traditions include the ones related to Allah, the Exalted, in the form of worship, and his blessed noble character towards the creation. Chapter 68 Al Qalam, verse 4:

*"And indeed, you are of a great moral character."*

It includes to accept his commands and prohibitions at all times. This has been made a duty by Allah, the Exalted. Chapter 59 Al Hashr, verse 7:

*"...And whatever the Messenger has given you - take; and what he has forbidden you - refrain from..."*

Sincerity includes to give priority to his traditions over the actions of anyone else as all paths to Allah, the Exalted, are closed except the path of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 3 Alee Imran, verse 31:

*"Say, [O Muḥammad], "If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins..."*



One must love all those who supported him during his life and after his passing, whether they are from his Family or his Companions, may Allah be pleased with them all. Supporting those who walk on his path and teach his traditions is a duty on those who desire to be sincere to him. Sincerity also includes loving those who love him and disliking those who criticise him irrespective, of one's relationship with these people. This is all summarised in a single Hadith found in Sahih Bukhari, number 16. It advises that a person cannot have true faith until they love Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him, more than the entire creation. This love must be shown through actions not just words.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must adhere to the beliefs of those who affirm the Divine Unity and stay clear of innovations, for every innovation can lead to error..."***

This encourages one to sincerely obey and follow the two sources of guidance namely, the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

In a Hadith found in Sunan Abu Dawud, number 4606, the Holy Prophet Muhammad, peace and blessings be upon him, warned that any matter which is not based on Islam will be rejected.

If muslims desire lasting success in both worldly and religious matters they must strictly adhere to the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Even though, certain actions which are not directly taken from these two sources of guidance can still be considered a righteous deed it is important to prioritize these two sources of guidance over all else. Because the fact is that the more one acts on things which are not taken from these two sources even if it is a righteous deed the less they will act on these two sources of guidance. An obvious example is how many muslims have adopted cultural practices into their lives which do not have a foundation in these two sources of guidance. Even if these cultural practices are not sins they have preoccupied muslims from learning and acting on these two sources of guidance as they feel satisfied with their behaviour. This leads to ignorance of the two sources of guidance which in turn will only lead to misguidance.

This is why a muslim must learn and act on these two sources of guidance which have been established by the leaders of guidance and only then act on other voluntary righteous deeds if they have the time and energy to do so. But if they choose ignorance and made up practices even if they are not sins over learning and acting on these two sources of guidance they will not achieve success.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must adhere to the beliefs of those who affirm the Divine Unity and stay clear of innovations, for every innovation can lead to error..."***

This encourages one to sincerely obey and follow the two sources of guidance namely, the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

Muslims should not follow and adopt the customary practices of non-muslims. The more muslims do this the less they will follow the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This is quite evident in this day and age as many muslims have adopted the cultural practices of other nations which has caused them to become distant from the teachings of Islam. For example, one only needs to observe the modern muslim wedding to observe how many non-muslim cultural practices have been adopted by muslims. What makes this worse is that many muslims cannot differentiate between Islamic practices based on the Holy Quran and traditions of the Holy Prophet Muhammad, peace and blessings be upon him, and the cultural practices of non-muslims. Because of this non-muslims cannot differentiate between them either which has caused great problems for Islam. For example, honour killings is a cultural practice which has nothing to do with Islam yet because of the ignorance of muslims and their habit of adopting non-muslim cultural practices Islam is blamed every time an honour killing occurs in society. The Holy Prophet Muhammad, peace and blessings be upon him, removed the social barriers in the form of casts and brotherhoods in order to unite people yet ignorant muslims have resurrected them by adopting the cultural practices of non-muslims. Simply put, the more cultural practices muslims adopt the less they will act on the Holy Quran

and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must not socialize unnecessarily, for this is a sure way to lose your faith...spend most of your time in private places..."***

In a Hadith found in Jami At Tirmidhi, number 2406, the Holy Prophet Muhammad, peace and blessings be upon him, advised how to achieve salvation.

One of these things is that a person should not leave their home unnecessarily. Behaving in this manner leads to wasting time and both verbal and physical sins. If one truly sincerely reflects they will realize that the majority of their sins and the problems they encountered were due to unnecessarily socializing with others. This does not mean it was always the fault of others but it means if one avoids unnecessarily leaving their home they would sin less and encounter less problems and difficulties. This would also free up their time to learn and act on Islamic teachings more which is beneficial in all aspects of one's life.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must be content with very little of this world..."***

In a Hadith found in Sahih Bukhari, number 6470, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever is content with what they possess will be made self-sufficient.

The truly rich person is the one who is not needy and greedy for things. This occurs when one becomes satisfied with what they have been granted by Allah, the Exalted, which is achieved when one rightfully believes that Allah, the Exalted, gives what is best to each person according to His infinite knowledge. Chapter 2 Al Baqarah, verse 216:

*"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."*

This person is truly rich whereas the one who is always greedy and needy for things is poor even if they possess much wealth. This has been indicated in a Hadith found in Sahih Muslim, number 2420.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...let yourself be moved to tears by your fear (of angering Allah, the Exalted)..."***

In a long Hadith found in Sahih Bukhari, number 6806, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned seven groups of people who will be granted shade on the Day of Judgment by Allah, the Exalted.

This shade will protect them from the horrors of the Day of Judgment which includes the unbearable heat caused by the Sun being brought within two miles of the creation. This has been warned in a Hadith found in Jami At Tirmidhi, number 2421.

One of these groups includes a person who remembers Allah, the Exalted, in solitude and cries. Firstly, the fact that this reaction occurs in solitude indicates the sincerity of the muslim meaning, their reaction is purely for the sake of Allah, the Exalted. This reaction could be due to a number of factors which include one's realisation of the uncountable blessings they have been granted even though they show a lack of gratitude for them by using them incorrectly. One's understanding of the mercy of Allah, the Exalted, when He conceals their sins from the creation. A muslim continuously receiving blessings from Allah, the Exalted, even when they sin. A muslim's reflection and assessment of their own deeds which encourages them to sincerely repent. One's realisation that they will only be forgiven and granted Paradise through the mercy of Allah, the Exalted, and not because of their righteous deeds, which is confirmed in a Hadith found in Sahih Bukhari, number 6467. The important thing to note is that this reaction only occurs when



one truly reflects on this material world, the afterlife, death, Judgment Day and their deeds. The one who is heedless to this will never achieve this outcome.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...Eat only lawful food, for it is the key to all good. Do not touch unlawful food unless you want the fire of Hell to touch you on the Day of Judgement..."***

This includes using unlawful wealth, using items which are unlawful and eating unlawful foods. It is important to note, that the specific things which have been labelled unlawful by Islam such as alcohol are not the only things which are unlawful. In fact, even lawful things can become unlawful if they have been gained through unlawful things. For example, a lawful food can become unlawful if it is bought with unlawful wealth. Therefore, it is important for muslims to ensure they only deal with lawful things as it only takes one element of the unlawful to ruin someone.

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, once warned in a Hadith found in Sahih Muslim, number 2346, that the one who utilises the unlawful will have all their supplications rejected. If their supplications are rejected by Allah, the Exalted, can one expect any of their good deeds to be accepted? This in fact has been answered in another Hadith found in Sahih Bukhari, number 1410. The Holy Prophet Muhammad, peace and blessings be upon him, clearly warned that Allah, the Exalted, only accepts the lawful. Therefore, any deed which has a foundation in the unlawful such as performing the Holy Pilgrimage with unlawful wealth will be rejected.

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, warned in a Hadith found in Sahih Bukhari, number 3118, that this type of person will be sent to Hell on Judgement Day. Chapter 2 Al Baqarah, verse 188:

*“And do not consume one another's wealth unjustly or send it [in bribery] to the rulers in order that [they might aid] you [to] consume a portion of the wealth of the people in sin, while you know [it is unlawful].”*

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, “O my dear son!...be aware of Allah, the Exalted, and do not forget your station in the presence of Allah, the Exalted...”***

In a long Hadith found in Sahih Muslim, number 99, the Holy Prophet Muhammad, peace and blessings be upon him, explained the meaning of Ihsan, which can be translated to mean excellence. This excellence refers to one's conduct and behavior towards Allah, the Exalted, and the creation. Acting with excellence has been mentioned throughout the Holy Quran, such as chapter 10 Yunus, verse 26:

*“For them who have done excellent is the best [reward] - and extra...”*

The Holy Prophet Muhammad, peace and blessings be upon him, has explained this verse in Hadiths found in Sahih Muslim, numbers 449 and 450. The word extra in this verse refers to when the inhabitants of Paradise will be blessed with the divine vision of Allah, the Exalted. This reward befits the muslim who acts with excellence. As excellence means to lead one's life as if they can witness Allah, the Exalted, observing their outer and inner being at all times. A person who can observe a powerful authority watching them will never misbehave out of awe of them. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, once advised someone to always behave as if they were constantly being observed by a righteous man they respected. This has been advised in a Hadith found in Imam Tabarani's, Al Mu'jam Al Kabir, number 5539.

Whoever acts in this manner will very rarely commit sins and always hasten towards good deeds. This attitude creates the fear of Allah, the Exalted, and acts as a shield from the fire of trials in this world and the fire of Hell in the hereafter. This vigilance will ensure one not only fulfills all their duties towards Allah, the Exalted, but it also encourages them to fulfill their responsibilities towards the creation. The peak of which is to sincerely treat others with kindness. This person will fulfill the Hadith found in Jami At Tirmidhi, number 251, which advises that a person cannot be a true believer until they love for others what they love for themselves.

This level of excellence ensures one acts with the right intention, which is the foundation of faith according to the Hadith found in Sahih Bukhari, number 1. Success is guaranteed for the one who performs good deeds and demonstrates good behavior with the right intention namely, to please Allah, the Exalted. The more excellent a person acts the stronger their faith becomes until they become a muslim who is far from heedlessness and is always struggling to beautify their hereafter and worldly life according to the teachings of Islam.

It is feared that the opposite of this reward will be given to those who turned away from Allah, the Exalted. As they lived without fearing the all-encompassing gaze of Allah, the Exalted, they will be veiled from seeing Him in the hereafter. Chapter 83 Al Mutaffifin, verse 15:

*“No! Indeed, from their Lord, that Day, they will be partitioned.”*

Those who fail to reach the level of acting as if they witness Allah, the Exalted, must act on the second part of the advice given in the main Hadith quoted at the beginning. This person should sincerely believe that Allah, the Exalted, is constantly observing them. Even though this state is lower in rank than the one who acts as if they observe Allah, the Exalted, none the less, it is a great way of adopting true fear of Allah, the Exalted. As mentioned earlier this attitude will prevent one from committing sins and encourage them towards good deeds. As advised by the Holy Prophet Muhammad, peace and blessings be upon him, in Imam Tabarani's, Al Mu'jam Al Kabir, number 7935, the one who strives to adopt this mentality will be granted shade on the Day of Judgment by Allah, the Exalted.

The divine presence of Allah, the Exalted, is mentioned throughout the Holy Quran, such as Chapter 57 Al Hadid, verse 4:

*“...He is with you wherever you are. And Allah, of what you do, is Seeing.”*

The Holy Prophet Muhammad, peace and blessings be upon him, has advised to adopt the true awareness of the divine presence of Allah, the Exalted, in many Hadiths. For example, in one divine Hadith found in Sahih Bukhari, number 7405, Allah, the Exalted, declares that He is with whoever remembers Him. This is the reason why it has been reported in Hilyat Al Awliya, volume 1, pages 84 and 85, about the Commander of the Faithful, Ali Bin Abu Talib, may Allah be pleased with him, that he shied away from the glitter and pomp of the material world and only found solace in the lonely night. Meaning, he sought the companionship of Allah, the Exalted, rather than the companionship of people.

Adopting the awareness of the divine presence of Allah, the Exalted, not only prevents sins and encourages good deeds but it also prevents loneliness and depression. A person is very rarely affected by mental health issues when they are constantly surrounded by a person who loves them and aids them. No one loves the creation more than Allah, the Exalted, and there is no doubt that He is the source of all aid. Therefore, acting with excellence benefits one's faith, actions, emotional state and the wider society.

A muslim must avoid becoming like those who treat Allah, the Exalted, as the most insignificant of those who observe them. This is a serious spiritual illness which leads to all types of sins and evil behavior towards Allah, the Exalted, and the creation.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, “O my dear son!...frequently perform the voluntary night prayer...”***

In a Divine Hadith found in Sahih Bukhari, number 1145, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, descends every night to the nearest Heaven according to His infinite majesty and invites people to ask Him to fulfill their needs so that He can fulfill them.

Voluntary night time worship proves one's sincerity towards Allah, the Exalted, as no other eyes are watching them. Offering it is a means to having an intimate conversation with Allah, the Exalted. And it is a sign of one's servanthood to Him. It has countless virtues for example, a Hadith found in Sunan An Nasai, number 1614, declares that it is the best voluntary prayer.

No one will have a rank higher on Judgment Day or in Paradise than the Holy Prophet Muhammad, peace and blessings be upon him, and this rank has been directly connected to the voluntary night prayer. This shows that those who establish the night voluntary prayer will be blessed with the highest ranks in both worlds. Chapter 17 Al Isra, verse 79:

*“And from [part of] the night, pray with it [i.e., recitation of the Quran] as additional [worship] for you; it is expected that your Lord will resurrect you to a praised station.”*



A Hadith found in Jami At Tirmidhi, number 3579, advises that a muslim is closest to Allah, the Exalted, in the last part of the night. Therefore, one can derive countless blessings if they remember Allah, the Exalted, at this time.

All muslims desire their supplications to be answered and their needs to be fulfilled. Therefore, they should strive to offer the voluntary night prayer as a Hadith found in Sahih Muslim, number 1770, advises that there is a special hour in every night when good supplications are always answered.

Establishing the voluntary night prayer is an excellent way to prevent one from committing sins, it helps a person to stay away from pointless social gatherings and it protects a person from many physical illnesses. This has been advised in a Hadith found in Jami At Tirmidhi, number 3549.

One should prepare for the voluntary night prayer by not over eating or drinking especially, before bed as it induces laziness. One should not unnecessarily tire themselves out during the day. A short nap during the day can help with this. Finally, one should avoid sins and strive to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience as the obedient find it easier to offer the voluntary night prayer.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...frequently...fast during the daytime..."***

In a Divine Hadith found in Sunan An Nasai, number 2219, the Holy Prophet Muhammad, peace and blessings be upon him, advised that all righteous deeds people perform are for themselves except for fasting as this is for Allah, the Exalted, and He shall reward it directly.

This Hadith indicates the uniqueness of fasting. One of the reasons it is described in this manner is because all other righteous deeds are visible to people, such as the prayer, or they are between people, such as secret charity. Whereas, fasting is a unique righteous deed as others cannot know someone is fasting by only observing them.

In addition, fasting is a righteous deed which puts a lock on every aspect of oneself. Meaning, a person who fasts correctly will be prevented from committing verbal and physical sins, such as looking at and hearing unlawful things. This is also achieved through the prayer but the prayer is only performed for a short time and is visible to others whereas, fasting occurs throughout the day and is invisible to others. Chapter 29 Al Ankabut, verse 45:

*"...Indeed, prayer prohibits immorality and wrongdoing..."*

It is clear from the following verse a person who does not complete the obligatory fasts without a valid reason will not be a true believer as the two have been directly connected. Chapter 2 Al Baqarah, verse 183:

*“O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous”*

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Jami At Tirmidhi, number 723, that if a muslim does not complete a single obligatory fast without a valid reason they cannot make up for the reward and blessings lost even if they fasted every day for their entire life.

In addition, as indicated by the verse quoted earlier fasting correctly leads to piety. Meaning, simply starving during the day does not lead to piety but paying extra attention to abstaining from sins and performing righteous deeds during the fast will lead to piety. It is why a Hadith found in Jami At Tirmidhi, number 707, warns that a fast will not be significant if one does not abstain from speaking and acting on falsehood. A similar Hadith found in Sunan Ibn Majah, number 1690, warns that some fasting people obtain nothing except hunger. When one becomes more aware and careful in obeying Allah, the Exalted, while they are fasting this habit will eventually affect them so they behave in a similar way even when they are not fasting. This is in fact true piety.

The righteousness mentioned in the verse quoted earlier is connected to fasting as fasting reduces one's evil desires and passions. It prevents

pride and the encouragement of sins. This is because fasting hinders the appetite of the stomach and one's carnal desires. These two things lead to many sins. In addition, the desire for these two things is greater than the desire for other unlawful things. So whoever controls them through fasting will find it easier to control the weaker evil desires. This leads to true righteousness.

As briefly indicated earlier there are different levels of fasting. The first and lowest level of fasting is when one abstains from the things which will break their fast, such as food. The next level is abstaining from sins which damages one's fast thereby reducing the reward of their fast, such as lying. This has been indicated in a Hadith found in Sunan An Nasai, number 2235. Fasting which involves each member of the body is the next level. This is when each body part fasts from sins for example, the eyes from looking at the unlawful, the ears from listening to the unlawful and so on. The next level is when one behaves in this manner even when they are not fasting. Finally, the highest level of fasting is abstaining from all things which are not connected to Allah, the Exalted.

A muslim should also fast inwardly as their body fasts outwardly by abstaining from sinful or vain thoughts. They should fast from persisting on their own plans in respect to their desires and try to concentrate on fulfilling their duties and responsibilities. In addition, they should fast from inwardly challenging the decree of Allah, the Exalted, and instead except destiny and whatever it brings knowing Allah, the Exalted, only chooses the best for His servants even if they do not understand the wisdom behind these choices. Chapter 2 Al Baqarah, verse 216:

*“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”*

Finally, a muslim should aim for the highest reward by keeping their fast a secret and not informing others if it is avoidable as informing others unnecessarily leads to a loss of reward as it is an aspect of showing off.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...do not stand apart from the general body of the muslims..."***

In a Hadith found in Sahih Muslim, number 7432, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, loves the servant who is anonymous. This means a muslim should not strive in worldly or religious matters in order to obtain fame. As this can lead to many sins, such as showing off, and this only destroys one's reward. It is why a Hadith found in Jami At Tirmidhi, number 2376, warns that seeking fame is more destructive to one's religion than two wolves which are let loose on a herd of sheep. Instead, a muslim should strive to fulfill their duties and if they become famous they must maintain sincerity to Allah, the Exalted, without altering their obedience to Him in order to please people as this leads to destruction in both worlds.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...do not stand apart from the general body of the muslims, unless you are a religious leader and are therefore in a position to set an example..."***

It is important for all Muslims, especially parents, to act on what they advise to others. It is obvious if one turns the pages of history that those who acted on what they preached had a much more positive effect on others compared to those who did not lead by example. The best example being the Holy Prophet Muhammad, peace and blessings be upon him, who not only practiced what he preached but adhered to those teachings more strictly than anyone else. Only with this attitude will Muslims especially, parents have a positive impact on others. For example, if a mother warns her children not to lie as it is a sin but often lies in front of them her children are unlikely to act on her advice. A person's actions will always have more of an impact on others than their speech. It is important to note that this does not mean one needs to be perfect before advising others. It means they should sincerely strive to act on their own advice before advising others. The Holy Quran has made it clear in the following verse that Allah, the exalted, hates this behaviour. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Sahih Bukhari, number 3267, that the a person who commanded good but refrained from it themself and prohibited evil yet acted on it themself will be punished in severely Hell. Chapter 61 As Saf, verse 3:

*"Greatly hateful in the sight of Allah is that you say what you do not do."*

So it is vital for all Muslims to strive to act on their advice themselves then advise others to do the same. Leading by example is the tradition of all the Holy Prophets, peace be upon them, and is the best way to affect others in a positive way.



***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...do not seek leadership, for the one who seeks it can never prosper..."***

In a Hadith found in Jami At Tirmidhi, number 2376, the Holy Prophet Muhammad, peace and blessings be upon him, warned that craving for wealth and status is more destructive to one's faith than the destruction caused by two hungry wolves which are set free on a herd of sheep.

This shows that hardly any of a muslim's faith remains secure if they crave after wealth and fame in this world just as hardly any of the sheep will be saved from two hungry wolves. So this great similitude contains a severe warning against the evil of craving after excess wealth and social status in the world.

A person's craving for fame and status is arguably more destructive to one's faith than craving for excess wealth. A person will often spend their beloved wealth on obtaining fame and prestige.

It is rare for someone to obtain status and fame and still remain firm on the correct path whereby they prioritise the hereafter over the material world. In fact, a Hadith found in Sahih Bukhari, number 6723, warns that a person who seeks status in society, such as leadership, will be left to deal with it themselves but if someone receives it without asking for it they will be aided by Allah, the Exalted, in remaining obedient to Him. This is the reason the Holy Prophet Muhammad, peace and blessings be upon him, would not appoint a person who requested to be appointed in a

position of authority or even showed desire for it. This is confirmed in a Hadith found in Sahih Bukhari, number 6923. Another Hadith found in Sahih Bukhari, number 7148, warns that people will be keen to obtain status and authority but it will be a great regret for them on the Day of Judgment. This is a dangerous craving as it forces one to strive intensely to obtain it and then strive further in order to hold on to it even if it encourages them to commit oppression and other sins.

The worse type of craving for status is when one obtains this through religion. The Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Jami At Tirmidhi, number 2654, that this person will go to Hell.

Therefore, it is safer for a muslim to avoid the craving for excess wealth and high social status as they are two things which can lead to the destruction of their faith by distracting them from preparing adequately for the hereafter.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, “O my dear son!...do not get involved in testimonial legal cases...”***

In a Hadith found in Sahih Bukhari, number 2673, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the one who acts as a false witness in order to unlawfully take the possessions of others will meet Allah, the Exalted, while He is angry with them.

It is important to note, this applies to taking the possessions of all people, irrespective of their faith. This will be the outcome even if one obeys Allah, the Exalted, in other aspects of their life, such as offering the obligatory prayers. Unfortunately, this commonly occurs especially, in third world countries where muslims file false claims in legal courts in order to take something which does not belong to them, such as wealth and properties. According to a Hadith found in Sahih Bukhari, number 2654, it is one of the greatest of major sins. In fact, this Hadith places perjury next to polytheism and disobedience to parents. In fact, Allah, the Exalted, has done the same in the Holy Quran. Chapter 22 Al Hajj, verse 30:

*“...So avoid the uncleanness of idols and avoid false statement.”*

A Hadith found in Sunan Ibn Majah, number 2373, gives a severe warning to a person who does not sincerely repent from being a false witness. If they fail to repent they will not move on the Day of Judgment until Allah, the Exalted, sends them to Hell. In fact, the one who acts as

a false witness in order to take something which they have no right to will be sent to Hell even if the thing they took was a twig of a tree. This is confirmed in a Hadith found in Sahih Muslim, number 353.

Being a false witness is such a serious sin as it includes many other terrible sins, such as lying. The false witness commits a sin against the person who they are testifying against. This sin will not be forgiven by Allah, the Exalted, until the victim forgives them first. If they do not the false witness's good deeds will be given to the victim and if necessary the sins of the victim will be given to the false witness in order to establish justice on Judgement Day. This may well cause the false witness to be hurled into Hell. This has been confirmed in a Hadith found in Sahih Muslim, number 6579. The false witness also commits a sin if they testify on someone else's behalf so that the latter can take something which they have no right to. This attitude clearly challenges the command of the Holy Quran which advises muslims to not aid each other in evil but instead help each other in good things. Chapter 5 Al Ma'idah, verse 2:

*"...And cooperate in righteousness and piety, but do not cooperate in sin and aggression..."*

The false witness will also commit further sins by using something which has become unlawful because of the way it was obtained. For example, if a person obtained wealth in this manner and then gave it in charity it would be rejected and recorded as a sin as Allah, the Exalted, only accepts the lawful. This is confirmed in a Hadith found in Sahih Muslim, number 2342. In fact, anything they do with the wealth will be absent of grace and a sin as it was obtained unlawfully.

It is a duty on all muslims to always speak the truth whether it is in normal everyday conversations or under oath in a court case. Lying in all forms leads to sins which in turn lead to Hell. The one who continues lying will be recorded as a great liar by Allah, the Exalted. It does not take a scholar to work out what is most likely to happen to someone on Judgment Day who has been labelled a great liar by Allah, the Exalted. This has been warned in a Hadith found in Jami At Tirmidhi, number 1971.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...do not let compliments get to your head and do not be bothered with criticism which is directed at you. Let them be equal in your sight..."***

A muslim should always remember that there are two types of people. The first are rightly guided as their criticism of others is based on the criticism and advice found in the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This type will always be constructive and guide one to blessings and the pleasure of Allah, the Exalted, in both worlds. These people will also refrain from over or under praising others. Over praising others can cause them to become proud and arrogant. Under praising others can lead them to becoming lazy and put them off from doing good. This reaction is often observed in children. Praising according to the teachings of Islam will inspire others to strive harder in both worldly and religious matters and it will prevent them from becoming arrogant. Therefore, the praise and constructive criticism of this person should be accepted and acted upon even if it comes from a stranger.

The second type of person criticises based on their own desires. This criticism is mostly unconstructive and only shows one's bad mood and attitude. These people often over and under praise others as they act based on their own desires. The negative effects of these two were mentioned earlier. Therefore, the criticism and praise of this person should be ignored in the majority of cases even if it comes from a loved one as it will only cause one to become unnecessarily sad in cases of criticism and arrogant in cases of praise.

It is important to remember that a person who over praises others will often over criticise them too. The rule one should always follow is that they should only accept the criticism and praise based on the teachings of Islam. All other things should be ignored and not taken personally.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...adopt the best behaviour when dealing with other people..."***

It is important for muslims to understand that when they treat others kindly it in reality, benefits themselves and not others. This is because treating others kindly has been commanded by Allah, the Exalted, and fulfilling this important duty gains one reward.

In addition, when one is kind to others they will supplicate for them while they are alive which will benefit them. For example, the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Sahih Muslim, number 6929, that a supplication done for a person in secret is always answered.

In addition, the people will supplicate for them after they pass away which is definitely answered as it has been recorded in the Holy Quran. Chapter 59 Al Hashr, verse 10:

*"...saying, "Our Lord, forgive us and our brothers who preceded us in faith..."*

Finally, a person who treated others kindly will gain their intercession on the Day of Judgment, which is a day people will be desperate for the



intercession of others. This has been confirmed in a Hadith found in Sahih Bukhari, number 7439.

But those who mistreat others even if they fulfil their duties towards Allah, the Exalted, will miss out on the benefits mentioned earlier. And on Judgment Day they will find that Allah, the Exalted, will not forgive them until their victim forgives them first. If they choose not to then the oppressor's good deeds will be given to their victim and if needed the victim's sins will be given to their oppressor. This may cause the oppressor to be hurled into Hell. This has been warned in a Hadith found in Sahih Muslim, number 6579.

Therefore, a muslim should be kind to themselves by being kind to others as in reality they are only benefiting themselves in this world and the next. Chapter 29 Al Ankabut, verse 6:

*“And whoever strives only strives for [the benefit of] himself...”*

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...adopt the best behaviour when dealing with other people..."***

In a Hadith found in Sahih Muslim, number 6579, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the bankrupt muslim is the one who accumulates many righteous deeds, such as fasting and prayer, but as they mistreated people their good deeds will be given to their victims and if necessary their victim's sins will be given to them on Judgement Day. This will lead to them being hurled into Hell.

It is important to understand that a muslim must fulfil two aspects of faith in order to achieve success. The first are the duties in respect to Allah, the Exalted, such as the obligatory prayer. The second aspect is in respect to people which includes treating them kindly. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has declared in a Hadith found in Sunan An Nasai, number 4998, that a person cannot be a true believer until they keep they physical and verbal harm away from the life and possessions of others.

It is important to understand that Allah, the Exalted, is infinitely forgiving meaning, He will forgive those who sincerely repent to Him. But He will not forgive the sins which involve other people until the victim forgives first. As people are not so forgiving a muslim should be fearful that those who they have wronged will exact revenge on them by taking away their precious good deeds on Judgment Day. Even if a muslim fulfils the rights of Allah, the Exalted, they may still end up in Hell simply because they have wronged others. It is therefore important for muslims to strive

to fulfil both aspects of their duties in order to obtain success in both worlds.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...adopt the best behaviour when dealing with other people and always adopt humility towards them..."***

In a Hadith found in Jami At Tirmidhi, number 2029, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a person will be raised in rank when they live with humility for the sake of Allah, the Exalted. This occurs as humility is an important aspect of servanthood to Allah, the Exalted. The opposite of humility which is pride only belongs to the Master namely, Allah, the Exalted, as everything which people possess was created and granted by Him. Understanding this reality ensures one avoids pride and instead shows humility by obeying Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This is true servanthood to Allah, the Exalted, and leads to true greatness in both worlds.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...cultivate good behaviour irrespective of who you are dealing with..."***

In a Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the heaviest thing in the scales of Judgment Day will be good character. This includes showing good character towards Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. It also includes showing good character towards people. Unfortunately, many muslims strive to fulfil the obligatory duties in respect to Allah, the Exalted, but neglect the second aspect by mistreating others. They fail to understand its importance. A Hadith found in Jami At Tirmidhi, number 2515, clearly advises that a person will not be a true believer until they love for others what they love for themselves. Meaning, the same way a person desires to be treated kindly they must also treat others with good character otherwise they will not succeed as the only truly successful people are the believers.

In addition, a person cannot be a true believer until they keep their verbal and physical harm away from others and their possessions irrespective of their faith. This has been confirmed in a Hadith found in Sunan An Nasai, number 4998.

The Holy Prophet Muhammad, peace and blessings be upon him, once warned in a Hadith found in Sahih Bukhari, number 3318, that a woman will enter Hell because she mistreated a cat which led to its death. And another Hadith found in Sunan Abu Dawud, number 2550, advises that a man was forgiven because he fed a thirsty dog. If this is the outcome of

showing good character and the consequences of showing evil character to animals can one imagine the importance of showing good character towards Allah, the Exalted, and people? In fact, the main Hadith under discussion concludes by advising that the one who possesses good character will be rewarded like the muslim who persistently worships Allah, the Exalted, and regularly fasts.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...cultivate good behaviour irrespective of who you are dealing with...you must always regard them with a sympathetic eye..."***

This is an aspect of being sincere to others.

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards the general public. This includes desiring the best for them at all times and showing this through one's words and actions. It includes advising others to do good, forbidding them from evil, to be merciful and kind to others at all times. This can be summed up by a single Hadith found in Sahih Muslim, number 170. It warns that one cannot be a true believer until they love for others what they desire for themselves.

Being sincere to people is so important that according to the Hadith found in Sahih Bukhari, number 57, the Holy Prophet Muhammad, peace and blessings be upon him, placed this duty next to establishing the obligatory prayer and donating the obligatory charity. From this Hadith alone one can understand its importance as it has been placed with two vital obligatory duties.

It is a part of sincerity towards people that one is pleased when they are happy and sad whenever they are grieved as long as their attitude does not contradict the teachings of Islam. A high level of sincerity includes

one going to extreme limits to make the lives of others better, even if this puts themselves in difficulty. For example, one may sacrifice purchasing certain things in order to donate the wealth to the needy. Desiring and striving to always unite people on good is a part of sincerity towards others. Whereas, dividing others is a characteristic of the Devil. Chapter 17 Al Isra, verse 53:

*“...Satan certainly seeks to sow discord among them...”*

One way of uniting people is to veil the faults of others and advise them privately against sins. The one who acts in this way will have their sins veiled by Allah, the Exalted. This is confirmed in a Hadith found in Jami At Tirmidhi, number 1426. Whenever possible one should advise and teach the aspects of religion and the important aspects of the world to others so that both their worldly and religious lives improve. A proof of one's sincerity to others is that they support them in their absence for example, from the slander of others. Turning away from others and only worrying about oneself is not the attitude of a muslim. In fact, this is how most animals behave. Even if one cannot change the whole society they can still be sincere in helping those in their life, such as their relatives and friends. Simply put, one must treat others how they desire people to treat them. Chapter 28 Al Qasas, verse 77:

*“...And do good as Allah has done good to you...”*



***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...cultivate good behaviour irrespective of who you are dealing with...you must always regard them with a sympathetic eye..."***

In a Hadith found in Sahih Bukhari, number 7376, the Holy Prophet Muhammad, peace and blessings be upon him, warned that Allah, the Exalted, will not show mercy to the one who does not show mercy to others.

Islam is a very simple religion. One of its fundamental teachings is so simple that even uneducated people can understand and act on them namely, how people treat others is how they will be treated by Allah, the Exalted. For example, those who learn to overlook and forgive the mistakes of others will be forgiven by Allah, the Exalted. Chapter 24 An Nur, verse 22:

*"...and let them pardon and overlook. Would you not like that Allah should forgive you?..."*

Those who support others in beneficial worldly and religious matters such as emotional or financial aid will be supported by Allah, the Exalted, in both worlds. This has been advised in a Hadith found in Sunan Abu Dawud, number 4893. This same Hadith advises that the one who conceals the faults of others will have their faults concealed by Allah, the Exalted.

Simply put, if one treats others with kindness and respect according to the teachings of Islam they will be treated similarly by Allah, the Exalted. And those who mistreat others will be treated similarly by Allah, the Exalted, even if they fulfill the obligatory duties which are connected to Him such as the obligatory prayers. This is because a muslim must fulfill both duties in order to achieve success namely, the duties towards Allah, the Exalted, and people.

Finally, it is important to note a muslim will only be treated kindly by Allah, the Exalted, if they treat others kindly for His sake. If they do it for any other reason than they will undoubtedly forfeit the reward mentioned in these teachings. The foundation of all acts and Islam itself is one's intention. This has been confirmed in a Hadith found in Sahih Bukhari, number 1.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...do not indulge in much laughter, for such an attitude arises from heedlessness and it causes the spiritual heart to die..."***

In a Hadith found in Jami At Tirmidhi, number 2305, the Holy Prophet Muhammad, peace and blessings be upon him, warned that too much laughter kills the spiritual heart. This mentality demands one to always think and discuss funny issues and avoid serious issues. The matter of preparing for death and the hereafter are serious issues and if one avoids thinking about and discussing them then they will never correctly prepare for them. This will lead to a dead spiritual heart.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must live between fear and hope..."***

In a long divine Hadith found in Sahih Bukhari, number 7405, Allah, the Exalted, advises that He acts and treats His servant according to their perception of Him. This means if a muslim has good thoughts and expects good from Allah, the Exalted, He in turn will not disappoint them. Similarly, if a person harbours negative thoughts about Allah, the Exalted, such as believing they will not be forgiven then Allah, the Exalted, may act according to their belief.

It is important to note, there is a vast difference between true hope in Allah, the Exalted, which this Hadith refers to and wishful thinking. Wishful thinking is when one fails to strive in the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and then expects Allah, the Exalted, to forgive them. This is not true hope it is merely wishful thinking. This is like a farmer who fails to plant any seeds, fails to water their crop and still hopes to reap a large harvest. True hope is when one strives to obey Allah, the Exalted, and whenever they slip up they sincerely repent and then hope for the mercy and forgiveness of Allah, the Exalted. This is like a farmer who plants seeds, waters their crop, dedicates effort to keeping the crop healthy and then hopes for a large harvest. The Holy Prophet Muhammad, peace and blessings be upon him, has summarised this explanation in a Hadith found in Jami At Tirmidhi, number 2459.

Generally speaking, a muslim should harbour more fear of Allah, the Exalted, during their life as it prevents sins which is superior to hope which inspires one to perform righteous deeds especially, the voluntary type. But during periods of illness and difficulty and especially at the time of death a muslim should have nothing but hope in the mercy of Allah, the Exalted, even if they have spent their life disobeying Him as this has specifically been commanded by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Muslim, number 2877.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must detach yourself from this material world, for in the pursuit of it, lies the loss of your religion..."***

It is important to note, the material world which one should detach from actually refers to one's desires. It does not refer to the physical world, such as the mountains. This is indicated by chapter 3 Alee Imran, verse 14:

*"Beautified for people is the love of that which they desire - of women and sons, heaped-up sums of gold and silver, fine branded horses, and cattle and tilled land. That is the enjoyment of worldly life, but Allah has with Him the best return [i.e., Paradise]."*

These things are connected to the desires of people and by them one becomes distracted from preparing for the hereafter. When one abstains from their desires they are in fact detaching from the material world. This is why a muslim who does not possess worldly things can still be regarded a worldly person because of their inner desire and love for it. Whereas, a muslim who possesses worldly things, like some of the righteous predecessors, can be considered detached from the material world as they do not desire and occupy their minds, hearts and actions with them. Instead they desire lies in the eternal hereafter.

The first level of abstinence is turning away from unlawful and vain desires which are not connected to the pleasure of Allah, the Exalted.

This person busies themselves in fulfilling their duties and responsibilities all the while focusing on the hereafter. They turn away from things and people who prevent them from fulfilling this important deed.

The next stage of abstinence is when one takes only the things they need from the material world in order to fulfil their necessities and responsibilities. They do not occupy their time on things which will not derive them benefit in the next world. This is the advice given by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Bukhari, number 6416. He advised a muslim to live in this material world as a stranger or a traveller. Both types of people will only take what they need from the material world in order to reach their destination meaning, the hereafter safely. A muslim can achieve this by understanding how close their death and departure to the hereafter is. Not only can death pounce on a person at any time but even if one lives a long life it seems as though it passed in a moment. By realising this reality one sacrifices the moment for the sake of the eternal hereafter. Shortening one's hope for a long life in this material world will encourage them to perform righteous deeds, sincerely repent from their sins and prioritise preparing for the hereafter over all else. The one who hopes for a long life will be inspired to behave in the opposite manner.

The one who is truly abstinent in the material world neither blames it nor praises it. They do not rejoice when they gain it nor do they grieve when it passes them by. The mind of this pious muslim is too focused on the eternal hereafter to greedily notice the small material world.

Abstinence consists of several different levels. Some muslims abstain in order to free their hearts of every vain and useless occupation so that

they can fully concentrate on obeying Allah, the Exalted, and fulfil their responsibilities towards people. According to the Hadith found in Sunan Ibn Majah, number 257, the one who behaves in such a manner will find that Allah, the Exalted, will suffice them by taking care of their worldly issues. But the one who is only concerned with worldly things will be left to their devices and will find nothing but destruction. This is why it is been said that the one who pursues the excess of this material world, such as excess wealth, will find that the minimal effect it has on them is that it distracts them from the remembrance and obedience of Allah, the Exalted. This is still true even if a person commits no sins in their pursuit of the excess aspects of the material world.

Some abstain from the world in order to lighten their accountability on the Day of Judgement. The more one possesses the more they will be held accountable. In fact, whoever has their deeds scrutinised by Allah, the Exalted, on Judgement Day will be punished. This has been warned in a Hadith found in Sahih Bukhari, number 6536. The lighter one's accountability the less likely this will occur. It is why the Holy Prophet Muhammad, peace and blessings be upon him, warned in a Hadith found in Sahih Bukhari, number 6444, that those who possess plenty in the world will possess very little good on the Day of Rising except for those who dedicated their belongings and wealth in ways pleasing to Allah, the Exalted, but these are a few in number. This long accountability is the reason why each person, rich or poor, will wish on the Day of Judgement that they were only given their daily provision during their lives on Earth. This has been confirmed in Hadith found in Sunan Ibn Majah, number 4140.

Some muslims abstain from the excess of this material world out of desire for Paradise which will make up for losing out on the pleasures of this material world.



Some abstain from the excess of the material world out of fear of Hell. They rightfully believe that the more one indulges in the excess of this material world the closer they are to the unlawful, which leads to Hell. This has been warned in a Hadith found in Jami At Tirmidhi, number 1205. In fact, it is why the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Sunan Ibn Majah, number 4215, that a muslim will not become pious until they abstain from something which is not a sin out of fear it may lead to a sin.

The highest degree of abstinence is to understand and act on what Allah, the Exalted, desires from His servants which has been mentioned throughout the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him. Namely, to abstain from the excess of the material world out of servanthood to Allah, the Exalted, knowing that their Lord does not like the material world. Allah, the Exalted, has condemned the excess of this material world and has belittled its worth. These pious servants were embarrassed that their Lord should see them inclining towards something which He dislikes. These are the greatest servants as they only act according to the wishes of their Lord even when they are given an opportunity to enjoy the lawful luxuries of this world. This is the very reason why the Holy Prophet Muhammad, peace and blessings be upon him, chose poverty even though he was offered the treasuries of the Earth. This has been advised in a Hadith found in Sahih Bukhari, number 6590. The Holy Prophet Muhammad, peace and blessings be upon him, chose this as he knew it was what Allah, the Exalted, desired for His servants. As Allah, the Exalted, disliked the material world the Holy Prophet, peace and blessings be upon him, rejected it out of love for His Lord. How can a true servant love and indulge in what their Lord dislikes?

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must detach yourself from this material world, for in the pursuit of it, lies the loss of your religion..."***

In a Hadith found in Jami At Tirmidhi, number 2465, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever prioritises the hereafter over this material world will be granted contentment, their affairs will be corrected for them and they will receive their destined provision in an easy way.

This half of the Hadith means that whoever correctly fulfils their duties in respect to Allah, the Exalted, and to the creation, such as providing for their family in a lawful manner while avoiding the excess of this material world will be granted contentment. This is when one is pleased with what they possess without being greedy and actively striving to obtain more worldly things. In reality, the one who is content with what they possess is a truly rich person even if they possess little wealth as they become independent of things. Independence of anything makes one rich in respect to it.

In addition, this attitude will allow one to comfortably deal with any worldly issues which may arise during their life. This is because the less one interacts with the material world and focuses on the hereafter the less worldly issues they will face. The less worldly issues a person faces the more comfortable their life will become. For example, the one who possesses one house will have fewer issues to deal with in respect to it, such as a broken cooker, than the one who possesses ten houses. Finally, this person will easily and pleasantly obtain their lawful provision.

Not only this but Allah, the Exalted, will place such grace in their provision that it will cover all their responsibilities and necessities meaning, it will satisfy them and their dependents.

But as mentioned in the other half of this Hadith the one who prioritises the material world over the hereafter meaning, by neglecting their duties or striving for the unnecessary and excess of this material world will find that their need, meaning greed, for worldly things is never satisfied which by definition makes them poor even if they possess much wealth. These people will go from one worldly issue to another throughout the day failing to achieve contentment as they have opened too many worldly doors. And they will receive their destined provision with difficulty and it will not give them satisfaction and never seem enough to fill their greed. This may even push them towards the unlawful which only leads to a loss in both worlds.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must detach yourself from this material world, for in the pursuit of it, lies the loss of your religion..."***

Detachment is achieved when one adopts the correct understanding and perception in respect to this material world and the hereafter.

In a Hadith found in Sunan Ibn Majah, number 4108, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the material world compared to the hereafter is like a drop of water compared to an ocean.

In reality, this parable was given in order for people to understand how small the material world is compared to the hereafter. But in reality they cannot be compared as the material world is temporal whereas the hereafter is eternal. Meaning, the limited cannot be compared to the unlimited. The material world can be split into four categories: fame, fortune, authority and one's social life, such as their family and friends. No matter what worldly blessing one obtains which falls within these groups it will always be imperfect, transient and death will cut a person off from the blessing. On the other hand, the blessings in the hereafter are lasting and perfect. So in this respect the material world is no more than a drop compared to an endless ocean.

In addition, a person is not guaranteed to experience a long life in this world as the time of death is unknown. Whereas, everyone is

guaranteed to experience death and reach the hereafter. So it is foolish to strive for a day, such as one's retirement, which they may never reach over striving for the hereafter which they are guaranteed to reach.

This does not mean one should abandon the world as it is a bridge which must be crossed in order to reach the hereafter safely. Instead, a muslim should take from this material world enough to fulfill their necessities and the necessities of their dependents according to the teachings of Islam without waste, excessiveness or extravagance. And then dedicate the rest of their efforts in preparing for the eternal hereafter by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the teachings of Islam.

An intelligent person will not prioritize the drop of water over an endless ocean and an intelligent muslim would not prioritize the temporal material world over the eternal hereafter.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must detach yourself from this material world, for in the pursuit of it, lies the loss of your religion..."***

Detachment is achieved when one adopts the correct understanding and perception in respect to this material world and the hereafter.

In a Hadith found in Jami At Tirmidhi, number 2377, the Holy Prophet Muhammad, peace and blessings be upon him, declared that he was not concerned over the excess of this material world and his example in this world is of a rider who takes a short rest under the shade of a tree and then leaves it behind by moving on.

In reality, each person is a traveller who stays in this world for a very limited time compared to where they came from meaning, the world of the souls and to where they are heading which is the eternal hereafter. In fact, this world in comparison is like waiting at a bus stop. In this Hadith this world has been compared to a shadow. This is because a shadow does not last long and fades away quickly without people even taking notice which is exactly how a person's days and nights pass away. The Holy Prophet Muhammad, peace and blessings be upon him, did not mention a traveller's inn or a hotel as these are solid structures which indicate permanence. A fading shadow better describes this material world. This is because no matter how old a person is they always admit that their life flashed by and felt like a moment. Chapter 79 An Naziat, verse 46:

*“It will be, on the Day they see it (Judgment Day), as though they had not remained [in the world] except for an afternoon or a morning thereof.”*

The Holy Prophet Muhammad, peace and blessings be upon him, indicated a rider not someone walking as the one who is walking would rest more under the shade of the tree than a rider. This further indicates the limited time people spend in this world.

Taking a rest in the shade indicates the importance of one correctly using the material world in order to obtain the provisions they need just like the rider takes the provision they need namely, rest. A muslim should therefore prepare for their immediate departure from this world by preparing for the hereafter by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience.

This does not mean one should abandon this world as this Hadith clearly indicates one should make use of the material world in order to prepare for the hereafter. The rider takes a rest and muslims must gather the things which will benefit them in the hereafter instead of dedicating their time to unnecessary things which will leave them empty handed on Judgment Day. Chapter 89 Al Fajar, verses 23-24:

*“And brought [within view], that Day, is Hell - that Day, man will remember, but how [i.e., what good] to him will be the remembrance? He will say, “Oh, I wish I had sent ahead [some good] for my life.”*



***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must detach yourself from this material world, for in the pursuit of it, lies the loss of your religion..."***

Detachment is achieved when one adopts the correct understanding and perception in respect to this material world and the hereafter.

It is important for muslims to develop the correct perception so that they can increase their obedience to Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This is what the righteous predecessors possessed and it encouraged them to avoid the excess luxuries of the material world and instead prepare for the hereafter. This is an important characteristic to possess and it can be explained with a worldly example. Two people are extremely thirsty and come across a cup of murky water. They both desire to drink it even though it is not pure and even if it means they have to argue over it. As their thirst grows the more focused on the cup of murky water they become to the point they lose focus on everything else. But if one of them shifted their focus and observed a river of pure water which was only a short distance ahead they would immediately lose focus on the cup of water to the point they would no longer care about it and no longer argue over it. And instead they would endure their thirst patiently knowing a river of pure water is close. The person who is unaware of the river would probably believe the other person is crazy after observing their change in attitude. This is the case of the two types of people in this world. One group greedily focuses on the material world. The other group has shifted their focus to the hereafter and the pure and eternal blessings therein. When one shifts their focus to the bliss of the hereafter worldly problems do not seem like such a big deal. Therefore, patience becomes easier to adopt. But if one keeps their focus on this world then it will seem like everything to them.

They will argue, fight, love and hate for it. Just like the person in the example mentioned earlier who only focuses on the cup of murky water.

This correct perception is only achieved through gaining and acting on Islamic knowledge found within the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 41 Fussilat, verse 53:

*“We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth...”*

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must detach yourself from this material world, for in the pursuit of it, lies the loss of your religion..."***

Detachment is achieved when one adopts the correct understanding and perception in respect to this material world and the hereafter.

When people, irrespective of their faith, go on holiday they only pack the things they need and maybe a little extra but they try to avoid over packing. Even the amount of money they take with them they limit in respect to their stay abroad. When they arrive they often stay in a hotel which usually has the main necessities of living with a few extras. If they believe they will never return to the same destination in the future they will never buy a house as they will claim they stay is short and they will not return. They do not get a job during their holiday claiming that they stay is short so they do not need to earn more money. They do not get married nor have children claiming the holiday destination is not their homeland where they would get married and have children. Generally speaking, this is the attitude and mind-set of holiday makers.

It is strange how muslims truly believe they will depart from this world soon meaning, they stay in the world is temporary just like being on holiday, and they believe their stay in the hereafter will be permanent yet, they do not adequately prepare for it. If they truly realised the short time they have, similarly to a holiday, they would not dedicate too much effort on their homes and instead be content with a simple home just like the traveller who is content with a simple hotel. So in reality, this world is like the holiday destination in the example yet, muslims do not treat it

like one. Instead, they dedicate the majority of their efforts in beautifying their world while neglecting the eternal hereafter. It is sometimes hard to believe some muslims actually believe in the permanent hereafter when one observes the amount of effort they dedicate to the temporal world. Muslims should therefore strive in preparing for the hereafter by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience while being pleased with obtaining and utilising the necessities of this world. It is why the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to live in this world as travellers in a Hadith found in Sahih Bukhari, number 6416. They should not take this world as a permanent home and instead treat it like a holiday destination.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, “O my dear son!...you must...perform the obligatory prayers...”***

In a Hadith found in Jami At Tirmidhi, number 2618, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the difference between belief and disbelief is abandoning the obligatory prayers.

In this day and age this has become far too common. Many give up their obligatory prayers for trivial reasons all of which are undoubtedly rejected. If the obligation of the prayer has not been removed for the one who is engaging in battle how can it be removed from anyone else? Chapter 4 An Nisa, verse 102:

*“And when you [i.e., the commander of an army] are among them and lead them in prayer, let a group of them stand [in prayer] with you and let them carry their arms. And when they have prostrated, let them be [in position] behind you and have the other group come forward which has not [yet] prayed and let them pray with you, taking precaution and carrying their arms...”*

Neither is the traveller or the sick exempt from offering their obligatory prayers. The traveller has been advised to reduce the amount of cycles in some of the obligatory prayers in order to reduce the burden for them but they have not been exempt from offering them. Chapter 4 An Nisa, verse 101:

*“And when you travel throughout the land, there is no blame upon you for shortening the prayer...”*

The sick have been advised to perform dry ablution if contact with water will harm them. Chapter 5 Al Ma'idah, verse 6:

*“...But if you are ill or on a journey or one of you comes from the place of relieving himself or you have contacted women and do not find water, then seek clean earth and wipe over your faces and hands with it...”*

In addition, the sick can perform the obligatory prayer in a way which is easier for them. Meaning, if they cannot stand they are allowed to sit and if they cannot sit they can lay down and offer the obligatory prayer. This is confirmed in a Hadith found in Jami At Tirmidhi, number 372. But again, no complete exemption is granted to the sick unless one is mentally ill which prevents them from comprehending the obligation of the prayer.

The other major issue is that some muslims delay their obligatory prayers and offer them beyond their correct times. This clearly contradicts the Holy Quran as the believers have been described as those who offer their obligatory prayers on time. Chapter 4 An Nisa, verse 103:

*“...Indeed, prayer has been decreed upon the believers a decree of specified times.”*

Many believe that the following verse of the Holy Quran refers to those who unnecessarily delay their obligatory prayers. This has been discussed in Tafseer Ibn Kathir, volume 10, pages 603-604. Chapter 107 Al Ma'un, verses 4-5:

*“So woe to those who pray. [But] who are heedless of their prayer.”*

Here Allah, the Exalted, has clearly cursed those who have adopted this evil trait. How can one find success in this world or the next if they have been removed from the mercy of Allah, the Exalted?

The Holy Prophet Muhammad, peace and blessings be upon him, declared in a Hadith found in Sunan An Nasai, number 512, that delaying one's obligatory prayers unnecessarily is a sign of hypocrisy. The Holy Quran has made it clear that one of the main reasons people will enter Hell is failing to establish the obligatory prayers. Chapter 74 Al Muddaththir, verses 42-43:

*“[And asking them], "What put you into Saqar?" They will say, "We were not of those who prayed.”*

Abandoning the obligatory prayers is such a serious sin that the Holy Prophet Muhammad, peace and blessings be upon him, declared in a Hadith found in Jami At Tirmidhi, number 2621, that whoever commits this sin has disbelieved in Islam.

In addition, no other good deed will benefit a muslim until their obligatory prayers are not established. A Hadith found in Sahih Bukhari, number 553, clearly warns that one's good deeds are destroyed if they miss the afternoon obligatory prayer. If this is the case for abandoning one obligatory prayer can one imagine the penalty of abandoning them all?

Observing the obligatory prayers at their correct times has been advised to be one of the most beloved deeds to Allah, the Exalted, in a Hadith found in Sahih Muslim, number 252. From this one can determine that delaying the obligatory prayers beyond their time or completely missing them is one of the most hated deeds by Allah, the Exalted.

It is an important duty for all elders to encourage the children under their care to offer the obligatory prayers from a young age so that they establish them before it becomes legally binding on them. Those adults that delay this and wait until children are older have failed in this extremely important duty. The children who were only encouraged to offer the obligatory prayers when it became obligatory on them very rarely established them quickly. In most cases, it takes years for them to



fulfil this important duty correctly. And the blame falls on the elders of the family especially, the parents. This is why the Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Sunan Abu Dawud, number 495, that families most encourage their children to offer the obligatory prayers when they turn seven years old.

Another major issue many muslims face is that they may offer the obligatory prayers but fail to do so correctly. For example, many do not complete the stages of the prayer correctly and instead rush through it. In fact, a Hadith found in Sahih Bukhari, number 757, clearly warns that the one who prays like this has not prayed at all. Meaning, they are not recorded as a person who offered their prayer and therefore their obligation has not been fulfilled. A Hadith found in Jami At Tirmidhi, number 265, clearly warns that the prayer of the one who does not settle in each position of the prayer is not accepted.

The Holy Prophet Muhammad, peace and blessings be upon him, described the one who does not bow or prostrate correctly in the prayer as the worse thief. This has been warned in a Hadith found in Muwatta Malik, Book number 9, Hadith number 75. Unfortunately, many muslims who have spent decades offering their obligatory and many voluntary prayers like this will find that none of them have counted and thus they will be treated as one who did not fulfil their obligation. This is confirmed in a Hadith found in Sunan An Nasai, number 1313.

The Holy Quran indicates the importance of offering the obligatory prayers with congregation usually at a Mosque. Chapter 2 Al Baqarah, verse 43:

*“...and bow with those who bow [in worship and obedience].”*

In fact, due to this verse and Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, some reliable scholars have declared this obligatory on muslim men. For example, one Hadith found in Sunan Abu Dawud, number 550, clearly warns that the muslims who would not offer their obligatory prayers with congregation at the Mosque were considered hypocrites by the Companions, may Allah be pleased with them. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, even threatened to burn the houses of the men who failed to perform their obligatory prayers at the Mosque with congregation without a valid excuse. This is confirmed in a Hadith found in Sahih Muslim, number 1482. Those muslims who are in a position to perform this important deed should do so. They should not fool themselves into claiming they are performing other righteous deeds such as helping their family with house chores. Even though, this is a tradition of the Holy Prophet Muhammad, peace and blessings be upon him, according to a Hadith found in Sahih Bukhari, number 676, but it is important not to rearrange the importance of his traditions according to one's desires. Whoever does this is not following his traditions they are only following their own desires even if they are performing a righteous deed. In fact, this same Hadith concludes by advising that when it was time for the obligatory prayer the Holy Prophet Muhammad, peace and blessings be upon him, would leave for the Mosque.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must...perform the obligatory prayers..."***

In a Hadith found in Sahih Bukhari, number 528, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the five obligatory prayers erase one's sins just like taking a bath five times a day would clean the body of dirt.

The first thing to note is that this Hadith refers to minor sins only as major sins require sincere repentance.

In addition, it is important for muslims to not only purify their outer beings of minor sins by establishing the five obligatory prayers but also fulfill the other aspect of purification namely, inner purification. This is indicated by the fact that the five obligatory prayers were spread across the day instead of being put together. Meaning, a muslim should repeatedly inwardly turn to Allah, the Exalted, throughout the day just like their body turns to Allah, the Exalted, five times a day through the obligatory prayers. This inner purification involves correcting one's intention so that they are only perform actions in order to please Allah, the Exalted. This is the foundation of Islam and is what Allah, the Exalted, assesses when judging an action. This has been confirmed in a Hadith found in Sahih Bukhari, number 1. Those who act for the sake of other people will be told to gain their reward from them on Judgment Day which will not be possible. This has been warned in a Hadith found in Jami At Tirmidhi, number 3154.

Finally, this inner purification includes learning and acting on the teachings of Islam so that one removes the bad characteristics they possess, such as envy and instead adopt good characteristics, such as patience. The outer purification is important but if a muslim desires to achieve success and overcome all difficulties in both worlds they must purify their inner being as well as their outer being.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...let your clothes be threadbare..."***

In a Hadith found in Sunan Ibn Majah, number 4118, the Holy Prophet Muhammad, peace and blessings be upon him, advised that simplicity is a part of faith.

Islam does not teach muslims to give up all their wealth and lawful desires but it instead teaches them to adopt a simple lifestyle in all aspects of their life, such as their food, clothing, housing and business, so that it provides them free time to prepare for the hereafter adequately. This involves fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This simple life includes striving in this world in order to fulfill one's needs and the needs of their dependents without excessiveness, waste or extravagance.

A muslim should understand that the simpler life they lead the less they will stress over worldly things and therefore the more they will be able to strive for the hereafter thereby, obtaining peace of mind, body and soul. But the more complicated a person's life is the more they will stress, encounter difficulties and strive less for their hereafter as their preoccupations with worldly things will never seem to end. This attitude will prevent them from obtaining peace of mind, body and soul.

Simplicity leads to a life of ease in this world and a straight forward accounting on the Day of Judgment. Whereas, a complicated and indulgent life will only lead to a stressful life and a severe and difficult accounting on the Day of Judgment.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...let your clothes be threadbare..."***

In a Hadith found in Sahih Bukhari, number 2886, the Holy Prophet Muhammad, peace and blessings be upon him, criticized the slaves of wealth and fine clothing. These people are pleased when they receive these things and become displeased when they do not.

In reality, this applies to all non-essential worldly things. This criticism is not directed at those who strive in the material world in order to fulfill their needs and the needs of their dependents as this is a part of obeying Allah, the Exalted. But it is directed at those who either pursue the unlawful in order to obtain wealth and other worldly things in order to satisfy their desires and the desires of others. And it is directed at those who pursue non-essential lawful things in such a way that it causes them to neglect obeying Allah, the Exalted, correctly. This obedience involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This prevents them from preparing adequately for the hereafter and their final judgment.

In addition, this criticism is for those who are impatient when they do not obtain their unnecessary desires in this world. This attitude can cause a muslim to obey Allah, the Exalted, on the edge. Meaning, they obey Him when they obtain their desires but when they do not they angrily turn away from His obedience. The Holy Quran has warned of a severe loss in both worlds for the one who adopts this attitude. Chapter 22 Al Hajj, verse 11:

*“And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face [to unbelief]. He has lost [this] world and the Hereafter. That is what is the manifest loss.”*

Muslims should instead learn to be patient and content with what they possess as this is true richness according to a Hadith found in Sahih Muslim, number 2420. In reality, the person full of desires is needy meaning, poor even if they possess much wealth. A muslim should know Allah, the Exalted, grants people what is best for them and not according to their desires as this in most cases would lead to their destruction. Chapter 42 Ash Shuraa, verse 27:

*“And if Allah had extended [excessively] provision for His servants, they would have committed tyranny throughout the earth. But He sends [it] down in an amount which He wills. Indeed He is, of His servants, Aware and Seeing.”*



***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...let your clothes be threadbare..."***

In a Hadith found in Jami At Tirmidhi, number 1999, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, loves beauty.

Islam does not prohibit a muslim from dedicating energy, time and money in beautifying themselves as this can be considered fulfilling the rights of their body. This has been commanded in a Hadith found in Sahih Bukhari, number 5199. But the key thing which differentiates acting in this manner to acting in a disliked or even sinful manner is when one is excessive, wasteful or extravagant when beautifying themselves. A good way to determine this is that beautifying oneself should never cause one to neglect fulfilling one's duty to Allah, the Exalted, or people which is not possible to fulfill without gaining and acting on Islamic knowledge. And in reality correcting one's physical appearance so that they appear clean and smart is not expensive nor does it take much time or effort.

In addition, it is more important to understand that true beauty which Allah, the Exalted, loves is connected to internal beauty meaning, one's character. This beauty will endure in both worlds whereas one's outer beauty will eventually fade away with the passing of time. One should therefore prioritize obtaining this true beauty over external beauty by striving to gain and act on Islamic knowledge so that they eliminate any bad traits, such as envy, from their character and adopt good characteristics, such as generosity. This will aid one in fulfilling the rights

of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, and will aid them in fulfilling the rights of people, such as their dependents.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, “O my dear son!...let your home be a Mosque...”***

In a Hadith found in Sahih Muslim, number 1528, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the most beloved places to Allah, the Exalted, are the Mosques and the most hated places to Him are the market places.

Islam does not prohibit muslims from going to places other than the Mosques. Nor does it command them to always inhabit the Mosques. But it is important that they prioritize attending Mosques for the congregational prayers and attending religious gatherings over visiting the market places unnecessarily.

When a need arises there is no harm to attend other places, such as shopping centers, but a muslim should avoid going to them unnecessarily as they are places where sins more often occur. Whereas, the Mosques are meant to be a sanctuary from sins and a comfortable place to obey Allah, the Exalted, in. This involves fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience. Just like a student benefits from a library as it is an environment created for studying similarly, muslims can benefit from Mosques as their very purpose is to encourage muslims to obtain and act on useful knowledge so that they can obey Allah, the Exalted.

Not only should a muslim prioritize the Mosques over other places but they should encourage others such as their children to do the same. In fact, it is an excellent place for the youth to avoid sins, crimes and bad company, which lead to nothing but trouble and regret in both worlds.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...let your property be Islamic knowledge..."***

First of all, it is important to understand worldly legacies come and go. How many rich and powerful people have built massive empires only for them to be torn apart and forgotten shortly after their death? The few signs left behind from some of these legacies only endure in order to warn people not to follow in their footsteps. An example is the great empire of Pharaoh. Islam not only teaches muslims to send blessings ahead of them to the hereafter in the form of righteous deeds but it also teaches them to leave a lovely legacy behind from which people can benefit from. In fact, when a muslim passes away and leaves behind anything which is useful, such as an ongoing charity in the form of a water well they will be rewarded for it. This is confirmed in Hadith found in Sahih Muslim, number 4223. So a muslim should strive to perform righteous deeds and send forward as much good as possible but they should also try leaving a good legacy behind which will benefit them after they pass away.

Unfortunately, many muslims are so concerned about their wealth and properties that they only end up leaving them behind which does not benefit them in the least. Each muslim should not be fooled into believing they have plenty of time for creating a legacy for themselves as the moment of death is unknown and often pounces on people unexpectedly. Today is the day a muslim should truly reflect on the legacy they will leave behind. If this legacy is good and beneficial they should praise Allah, the Exalted, for granting them the strength to do so. But if it is something which will not benefit them then they should prepare something which will so that they not only send forward good to the hereafter but also leave good behind. It is hoped that the one who is

surrounded by good in this way will be forgiven by Allah, the Exalted. So each muslim should ask themself what is their legacy?

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...let your intimate companion be the Noble Lord..."***

In a long divine Hadith found in Sahih Bukhari, number 7405, Allah, the Exalted, advises that He is with anyone who remembers Him.

With the rise of mental problems and disorders, such as depression, it is vital for muslims to understand the importance of this declaration. There is a small chance of a person experiencing a mental issue when they are constantly surrounded and aided by someone that truly loves them. If this is true for a person it is undoubtedly more befitting for Allah, the Exalted, who has promised to be with the one who remembers Him. Acting on this declaration alone would eliminate all mental issues, such as depression. It is the reason why being secluded from others or being amongst others did not affect the mental state of the righteous predecessors as they were always in the company of Allah, the Exalted. It is obvious that when one obtains the company of Allah, the Exalted, they will overcome all obstacles and difficulties successfully until they reach His proximity in the hereafter.

In addition, out of His infinite mercy Allah, the Exalted, has not restricted this declaration in anyway. For example, He did not declare He was only with the righteous or with those who perform specific good deeds. He in fact encompassed every muslim irrespective of the strength of their faith or how many sins they have committed. So a muslim should never lose hope in the mercy of Allah, the Exalted. But it is important to note the condition mentioned in this Hadith namely, to remember Allah, the Exalted. This is not only remembering Him with one's tongue but more

importantly it is to remember Him through one's actions. This is only achieved by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience. This is the true remembrance of Allah, the Exalted. The one who behaves in such a manner will be blessed with the company and support of Allah, the Exalted.

Simply put, the more one obeys Allah, the Exalted, the more they will receive His company. What one gives is what they shall receive.



***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...by night and day, you must always be prepared for the trip that will take you out of this world and into the hereafter..."***

Death is something which is certain to occur but the time is unknown so it therefore makes sense that a muslim who believes in the hereafter prioritises preparing for it over preparing for things which might not occur, such as marriage, children or their retirement. It is strange how many muslims have adopted the opposite mentality even though they testify that the world is temporary and uncertain whereas the hereafter is permanent and they are certain to reach it. No matter how one behaves they will be judged regarding their deeds. A muslim should not be fooled into believing that they can and will prepare for the hereafter in the future as this attitude only causes them to delay further until their death occurs and they leave this world with regrets that will not aid them.

So the important thing is not that people will die as this is unavoidable but the key is acting in such a way that one is fully prepared for it. The only way to prepare for it correctly is by acting on the teachings of Islam namely, fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience. This is only possible when one prioritises preparing for the hereafter over preparing for things which might not occur.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, “O my dear son!...by night and day, you must always be prepared for the trip that will take you out of this world and into the hereafter...you must live in this world as if you were a stranger in exile and then depart from it as you came into it...”***

In a Hadith found in Sahih Bukhari, number 6416, the Holy Prophet Muhammad, peace and blessings be upon him, once advised his Companion Abdullah Bin Umar, may Allah be pleased with him, to live in this world as a stranger or a traveller. And Abdullah Bin Umar, may Allah be pleased with him, used to advise that when a person reaches the evening they should not expect to be alive in the morning. And if they reach the morning they should not expect to be alive in the evening. And that a muslim must make use of their good health before they encounter sickness and make good use of their life before their death.

This Hadith teaches muslims to limit their hope for a long life which is the main cause of failing to prepare for the hereafter while dedicating one's complete effort to the material world as it convinces a muslim they have plenty of time to prepare for the hereafter. In addition, a muslim should not treat this temporary world as their permanent home. Instead, they should behave as someone who is about to depart it, never to return. This would inspire one to dedicate the majority of their efforts in preparing for their final destination namely, the hereafter, and to limit their efforts in obtaining the material world which is beyond their need and responsibilities. This concept has been discussed throughout the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, for example chapter 40 Ghafir, verse 39:

*“...this worldly life is only [temporary] enjoyment, and indeed, the Hereafter - that is the home of [permanent] settlement.”*

In a similar Hadith to the main one under discussion which is found in Jami At Tirmidhi, number 2377, the Holy Prophet Muhammad, peace and blessings be upon him, described himself in this world as a rider who takes a short rest under the shade of a tree and then swiftly moves on. In order to indicate the temporal nature of this world the Holy Prophet, peace and blessings be upon him, compared it to shade which, as everyone knows, does not last long even though it appears to be permanent. This is how the material world can appear to some. They behave as if the world will last forever whereas in reality it will quickly fade away.

In addition, this Hadith mentions a rider and not someone who is walking. This is because a rider would rest significantly less than someone journeying on foot. This further indicates that a person's stay in this world is very short. This is quite evident to all. Even those who reach elderly age admit they life went by in a flash. So in reality, whether one reaches old age or not life is just a moment. Chapter 79 An Naziat, verse 46:

*“It will be, on the Day they see it, as though they had not remained [in the world] except for an afternoon or a morning thereof.”*

In reality, the material world is like a bridge which must be crossed and not taken as a permanent home. The same way a person does not take

a bus station as their home knowing they stay there will only be for a short while similarly, the world is a short stop before one reaches the eternal hereafter.

When someone goes on a once in a lifetime holiday, in most cases, they will limit their spending on luxury household items, such as a wide screen television and instead make do with whatever services their hotel offers. They behave in this manner as they understand their stay in the hotel will be short and soon they will leave never to return. This mentality prevents them from taking the holiday destination as their permanent home. Similarly, people were sent to Earth for a purpose which is definitely not to make it their permanent home. Instead, they were sent to take provisions from it so that they can safely reach their permanent home meaning, the hereafter.

Whenever a person intends to travel they first acquire the provision they need in order to make the journey comfortable and successful. As indicated in the Holy Quran the best provision for the hereafter is piety. Chapter 2 Al Baqarah, verse 197:

*“...indeed, the best provision is fear of Allah...”*

This is when a muslim fulfils the commands of Allah, the Exalted, refrains from His prohibitions and faces destiny with patience believing He only chooses what is best for His servants. Other provisions, such as food, are required in order to complete the journey from the world to the hereafter. But the provision which should be prioritised is piety as it is

the only provision which will benefit someone in both this world and the next. Whereas, all the other types of provision, such as food, wealth and housing, will only benefit someone in this world unless, it is dedicated towards the hereafter, such as donating charity, but this in fact is a part of piety.

As the material world is not the permanent home of a person they should therefore act on the main Hadith under discussion and either live as if they were a stranger or a traveller.

The first state of being a stranger is someone who does not attach their heart and mind to their temporary home. Their only aim is to gather enough supplies so that they can return safely to their permanent home namely, the hereafter. This is like the one who lives in a foreign country on a work visa. Their place of work is not their home; only a place to earn money so that they can return back to their homeland with it. This person will never treat the strange country as their home. Instead, they only spend on necessary things and concentrate on saving their wealth so that they can take as much wealth as possible back to their real and permanent home. If this person spent all or the majority of their wealth in the foreign country and returned to their home country empty handed they would undoubtedly be considered blameworthy by their relatives. This is because they have failed in their mission and purpose of living in another country on a work visa. Similarly, a muslim should dedicate the majority of their effort in acquiring provisions to take to the hereafter. They should not compete for the luxuries of the material world with others. Instead, they must concentrate on their mission to acquire provisions for the eternal hereafter. If they dedicate too much effort in beautifying their temporary home then they will enter the hereafter unprepared and empty handed and therefore, fail in their mission which Allah, the Exalted, entrusted them with. A muslim should be honest with themselves and reflect on how many hours of the day they dedicate each to

the material world and preparing for the hereafter. This self-reflection will show them if they have the correct mentality or not and how strong their faith in the hereafter really is. Chapter 87 Al A'la, verses 16-17:

*“But you prefer the worldly life. While the Hereafter is better and more enduring.”*

The Holy Prophet Muhammad, peace and blessings be upon him, was sent to mankind when they were the most lowly of people and the vast majority of them were leading a sinful life which would have caused them to enter Hell. The Holy Prophet, peace and blessings be upon him, called them towards the path of truth with clear proofs. Many of these people accepted his clear message and followed him. He promised them that Islam would conquer many nations and much wealth would be obtained by the muslims. But he warned them not to become distracted by the luxuries of the material world. An example of this warning is mentioned in a Hadith found in Sunan Ibn Majah, number 3997. The Holy Prophet, peace and blessings be upon him, warned that competing for the unnecessary luxuries of the material world would destroy people. Therefore, he advised muslims to content themselves with the basic necessities in order to fulfil their responsibilities and needs and instead concentrate on preparing for the hereafter. Everything the Holy Prophet, peace and blessings be upon him, promised muslims came true. When the world was opened to the muslims the majority of them became busy with competing, collecting, hoarding and enjoying the excess of the material world. Thus, they gave up preparing for the hereafter correctly as they were told to by the Holy Prophet, peace and blessings be upon him. Only a few accepted his advice and only took what they needed from the material world in order to fulfil their needs and responsibilities and dedicated the majority of their efforts in preparing for the eternal hereafter. This small party, meaning the Companions, may Allah be pleased with them, and the righteous predecessors, caught up with the

Holy Prophet, peace and blessings be upon him, in the hereafter as they practically followed his advice and footsteps. On the other hand, the majority continued in their heedlessness chasing the material world until death caught them unprepared.

The second mentality muslims should adopt as advised in the main Hadith under discussion is that of a traveller. This person does not observe this material world as their home and instead journeys towards their true home meaning, the hereafter. This mentality is similar to a back packer who may sleep over in different cities but never regards them as their home. The only provision they take with them is what they can carry meaning, the essentials. This includes the things they need to survive and will help them reach their destination safely. A back packer would never pack unnecessary items knowing that these things will only be a burden for them. Nor will they fail to pack the essentials needed to complete their journey safely. Similarly, an intelligent muslim only collects the deeds from this material world, in respect to actions and speech, which will help them reach the hereafter safely. They will turn away from all actions and speech which will become a burden for them in both this world and the next. This is the attitude the Holy Prophet Muhammad, peace and blessings be upon him, advised the Companions, may Allah be pleased with them, to adopt in a Hadith found in Sunan Ibn Majah, number 4104. Chapter 18 Al Kahf, verses 7-8:

*“Indeed, We have made that which is on the earth adornment for it that We may test them [as to] which of them is best in deed. And indeed, We will make that which is upon it [into] a barren ground.”*

A muslim must understand that the day and night are only brief stages in which people travel through, stage by stage, until they reach the hereafter. Therefore, they should use each stage by sending ahead provision to the hereafter in the form of righteous deeds. They must constantly be aware the journey will end very soon and they will reach the hereafter. Even if the journey looks long it will ultimately feel like a moment so one should make it a moment of obedience before it ends while they are unprepared. Chapter 79 An Naziat, verse 46:

*“It will be, on the Day they see it, as though they had not remained [in the world] except for an afternoon or a morning thereof.”*

With every breath one takes they are moving towards the hereafter while leaving the world behind. Even though, one may seem not to be moving but in reality, the day and night act as their conveyance which takes them swiftly, without pause, to the next world.

Muslims must realise that as they are the servants of Allah, the Exalted, soon a day will come when they will return to Him. When they return they will be stopped for questioning. Therefore, they should prepare something good for this interrogation. They should fulfil the commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience. But if they continue in heedlessness and fail to prepare then they will be taken to task for what has already occurred and for what remains.



Moving on to the advice of the Companion Abdullah Bin Umar, may Allah be pleased with him, mentioned in the main Hadith under discussion. The first part of it highlights the importance of shortening one's hope for a long life in this world. A muslim should not believe they stay in this world is long as they could pass away at any moment. Even if one lives for many years life still seems to have gone by in a flash. This is what Abdullah Bin Umar, may Allah be pleased with him, indicated by advising muslims not to believe they will be alive in the morning if they reach the evening. This mentality is the root cause of only taking what one needs from the material world in order to fulfil their worldly responsibilities and prepare for the hereafter. Whereas, having hopes for a long life is the root cause of the opposite meaning, it causes one to delay preparing for the hereafter by performing righteous deeds and refraining from sins and it encourages them to collect and hoard the material world believing their stay in it will be extremely long.

In addition, Abdullah Bin Umar, may Allah be pleased with him, also advised muslims to make good use of their good health before they encounter sickness. Unfortunately, most people only appreciate the value of good health after they lose it, which has been warned in a Hadith found in Sahih Bukhari, number 6412. Making use of good health means that a muslim should use their physical and mental strength in the obedience of Allah, the Exalted, by performing righteous deeds and refraining from sins before they reach a time when they might desire to perform good deeds but can no longer do them due to poor health. The one who makes good use of their good health will be given the reward of the righteous deeds they performed during their good health even when they encounter sickness and can no longer do them. This is confirmed in a Hadith found in Sahih Bukhari, number 2996. Whereas, the one who does not make good use of their good health will lose this potential reward when they become sick. In fact, they will be left with nothing except regret.

The final part of the advice given by Abdullah Bin Umar, may Allah be pleased with him, is that a person should make good use of their life before death. This includes making use of all things which lead to righteous deeds, such as wealth, and avoiding all those things which prevent one from doing good deeds, such as unnecessary preoccupations. It is important for muslims to make good use of their time before they become distracted with responsibilities which naturally occur with the passing of time, such as marriage. And to make good use of their wealth before their financial responsibilities increase.

As warned by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Jami At Tirmidhi, number 2403, all people will have regrets at the time of their death. The good doer will regret that they did not perform more good deeds before dying. The sinful person will regret that they did not sincerely repent before their death. In this world people are often given second chances for example, redoing a driving test, but there is no do over once a person dies. Regret will not help them at all. Instead, it will only add to their pain and suffering. So muslims must use the time they are given to strive in the obedience of Allah, the Exalted, before their moment ends by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience. One should abandon the mentality of delaying things till tomorrow as in most cases this tomorrow never comes. A muslim should concentrate on today and therefore, do the things which please Allah, the Exalted, as tomorrow may come in this world but they may not be alive to witness it.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must be...attentive to your spiritual heart..."***

It is important for Muslims to strive to soften their heart as it leads to its purification. As advised by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Muslim, number 4094, when the spiritual heart is purified all the limbs of the body become purified also. This purification will encourage one to perform righteous deeds and abandon sins for the sake of Allah, the Exalted.

There are many ways to soften the spiritual heart, such as spending time remembering Allah, the Exalted, via the tongue and heart. It is important to involve one's heart by concentrating on what is being recited so that it can become softened. But even if one fails to constantly involve the heart they should never give up. As remembering Allah, the Exalted, only via the tongue is much better than not remembering Him at all. The most superior form of remembering Allah, the Exalted, is reciting the Holy Quran. In order for one to involve their heart in the recitation they should strive to understand what they are reciting by either learning Arabic or by studying the Holy Quran in a language they understand. Chapter 39 Az Zumar, verse 23:

*"Allah has sent down the best statement: a consistent Book wherein is reiteration. The skins shiver therefrom of those who fear their Lord; then their skins and their hearts relax at the remembrance [i.e., mention] of Allah..."*

The next action which can lead to a soft spiritual heart is being kind to the poor, such as poor orphans and widows. Aiding the poor reminds one of the countless blessings Allah, the Exalted, has bestowed on them. The fact that Allah, the Exalted, has made a person self-sufficient and the helper of others can soften the heart as long as the muslim has a good intention.

Pondering about death often can cause the spiritual heart to become soft. This is why the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Sunan Ibn Majah, number 4258, that muslims should often remember the destroyer of pleasures meaning, death. This will cause one to take things seriously as they know they must prepare for death and the hereafter. This preparation will lead to a soft spiritual heart.

Muslims can also soften their spiritual heart by visiting graves regularly. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Sunan Ibn Majah, number 1569, that muslims should visit graves as it will remind them of the hereafter. But it is important to note, that this deed will only cause one's spiritual heart to become soft if they ponder over their death, grave and hereafter. Merely visiting graves will make a person's mood more serious but it will not soften their spiritual heart until this self-reflection is done.

Muslims can also contemplate on the past nations who were destroyed by Allah, the Exalted, because of their persistent disobedience. As discussed extensively throughout the Holy Quran and Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, the past nations

were more powerful, lived longer and obtained more worldly blessings than the people of the modern world yet, as they disobeyed Allah, the Exalted, none of these things benefited them. Their massive and unparalleled empires faded away leaving only a few signs behind in order to warn those who came after them. When a muslim truly reflects on these things their spiritual heart will soften which will encourage them to prepare for the hereafter before their time runs out.

Muslims must strive to soften their hearts through the advice given. Only then will they be able to focus on the hereafter and adequately prepare for it. The person whose spiritual heart is cured of hardness becomes one whose heart is soft, pure and strong. This means that its purity recognises the difference between truth and falsehood. Its softness encourages the person to act on the truth. Its strength allows one to reject falsehood through struggle and effort. When all these combine within a person through the mercy of Allah, the Exalted, they will obtain success in this world and the next. Chapter 26 Ash Shu'ara, verses 88-89:

*"The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart."*

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must acknowledge the generous favors of Allah, the Exalted,..."***

A muslim must ensure they fulfill all three aspects of gratitude so that they avoid becoming a denier of Allah, the Exalted, as the one who is ungrateful in reality, scorns the One who granted them the blessings. Chapter 2 Al Baqarah, verse 152:

*"...And be grateful to Me and do not deny Me."*

The three aspects of gratitude are to internally acknowledge Allah, the Exalted, as the sole Creator and Provider of all blessings. An aspect of this is to correct one's intention so that they only perform actions to please Allah, the Exalted. The next aspect is to praise Allah, the Exalted, via the tongue. And the final and highest aspect is to practically show gratitude through one's actions by using each blessing as prescribed by Islam in order to please Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

*"And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]; but if you deny, indeed, My punishment is severe.'"*

As true gratitude leads to an increase in blessings muslims should fear that showing ingratitude may cause the blessings they possess to either be taken away from them or for their blessings to be used against them by becoming a burden and a curse for them in both worlds. It is important to note, even if a muslim becomes truly grateful they will still face tests and difficulties as they are guaranteed. But if they behave in the correct way they will be guided through every situation so that they obtain peace of mind and body in this world and a great reward in the hereafter. This is similar to the patient who is operated on but feels no pain as they have been anesthetized.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must acknowledge the generous favors of Allah, the Exalted,..."***

This is achieved when one uses the blessings they have been provided in ways pleasing to Allah, the Exalted, so that they obtain peace and success in both worlds.

It is important for muslims to strive in the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience as Allah, the Exalted, has guaranteed a good life in both worlds for the one who behaves in this manner. Chapter 16 An Nahl, verse 97:

*"Whoever does righteousness, whether male or female, while he is a believer - We will surely cause him to live a good life, and We will surely give them their reward [in the Hereafter] according to the best of what they used to do."*

This good life will protect a muslim from severe grief, depression and other extreme moods and mental disorders which can destroy a person's life. Even though, muslims will face difficulties which will sadden them but if they obey Allah, the Exalted, this sadness will never become extreme and effect their entire life on a long term basis. This is because a muslim who strives in the obedience of Allah, the Exalted, has an excellent reason to continue moving forward through their difficulty without giving up and turning to depression and even suicide. For



example, they look forward to the countless reward which will be granted to the patient. Chapter 39 Az Zumar, verse 10:

*“...Indeed, the patient will be given their reward without account [i.e., limit].”*

Whereas, the muslim who does not strive in the obedience of Allah, the Exalted, and only claims the title of being a muslim with their tongue will not be granted this attitude and a good life. And whenever they face difficulties it will drive them to extreme moods and mental disorders which will destroy their entire life.

***Shaykh Abdul Qadir Al Jilani, may Allah have mercy on him, said to his son on his deathbed, "O my dear son!...you must acknowledge the generous favors of Allah, the Exalted,..."***

This is achieved when one uses the blessings they have been provided in ways pleasing to Allah, the Exalted, so that they obtain peace and success in both worlds.

In reality, in most cases nothing in this material world in itself is good or bad, such as wealth. What makes a thing good or bad is the way it is used. It is important to understand that the very purpose of everything which was created by Allah, the Exalted, was for it to be used correctly according to the teachings of Islam. When something is not used correctly it in reality becomes useless. For example, wealth is useful in both worlds when it is used correctly such as being spent on the necessities of a person and their dependents. But it can become useless and even a curse for its bearer if it is not used correctly, such as being hoarded or spent on sinful things. Simply hoarding wealth causes wealth to lose value. How can paper and metal coins one tucks away be useful? In this respect, there is no difference between a blank piece of paper and a note of money. It is only useful when it is used correctly.

So if a Muslim desires all their worldly possessions to become a blessing for them in both worlds all they have to do is use them correctly according to the teachings found in the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. But if they use

them incorrectly then the same blessing will become a burden and curse for them in both worlds. It is as simple as that.

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This is achieved when one uses the blessings they have been provided in ways pleasing to Allah, the Exalted, so that they obtain peace and success in both worlds. One can adopt the correct attitude when they understand the purpose of these blessings.

Every worldly blessing a Muslim possesses is only a means which should aid them in reaching the hereafter safely. It is not an end in itself. For example, wealth is a means one should use in order to obey Allah, the Exalted, by fulfilling the commands of Allah, the Exalted, fulfilling their necessities and the necessities of their dependents. It is not an end or an ultimate goal in itself.

This not only aids a Muslim in maintaining their focus on the hereafter but it also aids them whenever they lose worldly blessings. When a Muslim treats each worldly blessing, such as a child, as a means to please Allah, the Exalted, and reach the hereafter safely then losing it will not have such a detrimental impact on them. They may become sad, which is an acceptable emotion, but they will not become grieved which leads to impatience and other mental problems, such as depression. This is because they firmly believe the worldly blessing they possessed was only a means so losing it does not cause a loss in the ultimate goal namely, Paradise, the loss of which is disastrous. Therefore, still possessing and concentrating on the ultimate goal will prevent them from becoming grieved.

In addition, they will understand that just like the thing they lost was only a means they firmly believe they will be provided with another means to reach and fulfil their ultimate goal by Allah, the Exalted. This will also prevent them from grieving. Whereas, the one who believes their worldly blessing is the end instead of a means will experience severe grief when losing it as their whole purpose and objective has been lost. This grief will lead to depression and other mental issues.

To conclude, Muslims should treat each blessing they possess as a means to reach the hereafter safely not as an end in itself. This is how one can possess things without being possessed by them. This is how they can keep worldly things in their hands and not in their hearts.

All praise is due to Allah, Lord of the worlds and may peace and blessings be upon His final Messenger, Muhammad, his noble Family and Companions.

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