

Protection

from ALL

Harms

PodSeries - Vol 396



Achieve Noble Character

Protection from All Harms

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Protection from All Harms

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We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

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Compiler's Notes

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to ShaykhPod.Books@gmail.com.

Introduction

The following short book discusses gaining Protection from All Harms and Difficulties.

Implementing the lessons discussed will aid a Muslim to Achieve Noble Character. According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

“And indeed, you are of a great moral character.”

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

Protection from All Harms

Three Chapters of the Quran

In a Hadith found in Sunan An Nasai, number 5430, the Holy Prophet Muhammad, peace and blessings be upon him, advised that reciting chapters 112 Al Ikhlas, 113 Al Falaq and 114 An Nas of the Holy Quran, three times in the evening and in the morning would suffice against everything.

Chapter 112 - Al Ikhlas, Verses 1-4 of 4

١ قُلْ هُوَ اللَّهُ أَحَدٌ

٢ اللَّهُ الصَّمَدُ

٣ لَمْ يَكِلِدْ وَلَمْ يُؤَلَدْ



وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

“Say, “He is Allah, [who is] One.

Allah, the Sustainer.

He neither begets nor is born.

Nor is there to Him any equivalent.””

“Say, “He is Allah, [who is] One...He neither begets nor is born. Nor is there to Him any equivalent.””

Allah, the Exalted, is Single in His entity, attributes and acts. He is neither resembled by nor resembles anything whatsoever and He is without partner or equal.

The muslim who understands this divine name will ensure their actions are only performed sincerely for one single entity namely, Allah, the Exalted. Otherwise, they may find that on Judgment Day they are ordered to seek their reward from those who they acted for which will not be possible. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3154.

A muslim should act on this divine name by striving to perfect their faith by loving, hating, giving and withholding for none other than Allah, the Exalted. This has been advised in a Hadith found in Sunan Abu Dawud, number 4681.

“Say, “He is...Allāh, the Sustainer.””

Allah, the Exalted, grants His creation an uncountable amount of blessings without them requesting it. The muslim who understands this divine name will not seek anything from anyone else. They will put their requests to Allah, the Exalted, knowing the All Generous does not turn away anyone empty handed. This is confirmed in a Hadith found in Sunan Abu Dawud, number 1488. But this response from Allah, the Exalted, requires sincere efforts from a muslim meaning, striving in the obedience of Allah, the Exalted. The one who acts like this will not be turned away by the All Generous. Chapter 40 Ghafir, verse 60:

“And your Lord says, “Call upon Me; I will respond to you.”...”

A muslim should act on this divine name by sharing the blessings they possess with the needy. According to a Hadith found in Jami At Tirmidhi, number 1961, the generous person is close to Allah, the Exalted, close to the people, close to Paradise and far from Hell. Sharing blessings go beyond donating wealth and in fact includes all the blessings one possesses such as offering physical and emotional help to others.

“Say, “He is...Allāh, the Sustainer.””

Allah, the Exalted, is the One who is infinitely bountiful and bestows favours and blessings without recompense or external cause. He gives generously without being asked.

The muslim who understands this divine name will always seek bounty and blessings from Allah, the Exalted, as they know the Bestower loves to be asked. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3571. But it is important to note, the one who seeks bounty from the Bestower should know it is not gained through His disobedience. Any worldly blessings obtained through the disobedience of Allah, the Exalted, will only become a burden for its possessor in both worlds. A muslim should instead strive to obtain beneficial blessings from the Bestower by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. When a muslim truly understands that all blessings have been given by the Bestower they will show true gratitude to Him. This is when one uses all the blessings they possess according to the pleasure of Allah, the Exalted. This leads to an increase in blessings. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, ‘If you are grateful, I will surely increase you [in favor]...”

A muslim should act on this divine name by bestowing the blessings they have been given to others for the pleasure of Allah, the Exalted. The one who gives to others will be given more than they could have ever imagined. Chapter 2 Al Baqarah, verse 245:

“Who is it that would loan Allah a goodly loan so He may multiply it for him many times over? And it is Allah who withholds and grants abundance, and to Him you will be returned.”

“Say, “He is...Allāh, the Sustainer.””

This can also be interpreted to mean the Everlasting Sovereign.

Allah, the Exalted, is the One who possesses all sovereignty which is free of all defects. It is a sovereignty which has no beginning, no end, no reduction and no limit. Allah, the Exalted, has complete and total control over the creation through management and judgment without any limitations, partners or helpers. The King cannot be hindered or prevented from carrying out His will.

By accepting Allah, the Exalted, as the only King a muslim indirectly accepts their servanthood to Him. Therefore, they must fulfil all His commands and avoid all His prohibitions. A true servant never questions the wise decisions of the King and instead submits with full trust to His choices knowing that the wise King only decrees the best for His servant. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

When a muslim recognises Allah, the Exalted, as the King they will not turn to another when seeking help and instead only seek His support through sincere obedience to Him. They will always remember if they obey the King He will protect them from the creation. But if they obey the creation over Allah, the Exalted, the creation will not be able to protect them from the punishment of the only King. This is indicated in a Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sunan Abu Dawud, number 2625. He declared that there is no obedience to the creation if it leads to the disobedience of the Creator.

A muslim should adopt this characteristic according to their status by purifying their inner spiritual king namely, the spiritual heart through acting on the knowledge found within the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This will cause their servants meaning, their bodily limbs, to obey their spiritual heart in acts of righteousness. The Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Sahih Muslim, number 4094, that if the spiritual heart is pure the rest of the body will be pure but if the spiritual heart is corrupt the whole body will become corrupt. One should not become a slave of their evil desires and instead become a true king which controls their desires according to the teachings of Islam.

Whoever perfects this will be given a spiritual kingdom in both worlds. The ultimate destination of the one who fulfils the rights of the King by perfecting servanthood has been mentioned in the Holy Quran. They will be granted a high station in the presence of the only Omnipotent King. Chapter 54 Al Qamar, verse 55:

“In a seat of honour near a Sovereign, Perfect in Ability.”

“Say, “He is...Allāh, the Sustainer.””

This can also be interpreted to mean the Everlasting.

Allah, the Exalted, existed eternally before He created the creation and will continue to exist without any end.

The one who understands this divine name will often remember their mortality meaning, their death. This will inspire them to prepare for it and the hereafter instead of remaining heedless to it. This preparation involves fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience.

A muslim must act on this divine name by prioritising the actions which will endure through the grace of Allah, the Exalted, namely, righteous deeds, over the worldly actions which will perish with this world. For example, the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Sunan An Nasai, number 3681, that a muslim will continue to receive the reward for any type of on-going charity they have done even after their death. This is a type of charity where the creation continues to benefit from it, such as a water pump. Simply put if a muslim directs their actions and efforts towards the material world they will perish yet, they will still be held accountable for them in the next world. Whereas, the one who directs their efforts and actions towards Allah, the Exalted, will find that

their deeds endure and they will benefit them in every step of their journey to the hereafter, such as their grave. Chapter 16 An Nahl, verse 96:

“Whatever you have will end, but what Allah has is lasting...”

“Say, “He is...Allāh, the Sustainer.””

This can also be interpreted to mean the Rich.

Allah, the Exalted, is rich beyond needing anything whereas the creation are poor and are completely in need of Him.

The muslim who understands this divine name will seek all things from Allah, the Exalted, through sincere obedience by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. They will understand that both worldly and religious richness which are free of any defects can only be achieved through the sincere obedience of Allah, the Exalted.

A muslim must act on this divine name by striving to become independent of people and only rely on Allah, the Exalted. In fact, becoming independent of the material world and the possessions of people will lead to the love of Allah, the Exalted, and the love of people according to a Hadith found in Sunan Ibn Majah, number 4102. This is achieved when one uses the blessings they have been given, such as good health, to lawfully fulfil their needs and the needs of their dependents and avoid laziness by relying on others, such as the government, to fulfil this duty for them.

“Say, “He is Allah...He neither begets...””

The main reasons for the spread of the false beliefs regarding the Holy Prophet Eesa, were his miraculous birth, the miracles which he performed and his ascension into Heaven while alive. The Holy Quran confirms the miraculous birth of the Holy Prophet Eesa, peace be upon him, and proves that his fatherless birth was a sign of the infinite power of Allah, the Exalted. Chapter 3 Alee Imran, verse 47:

“She [Maryam, may Allah be pleased with her] said, “My Lord, how will I have a child when no man has touched me?” [The angel] said, “Such is Allāh; He creates what He wills. When He decrees a matter, He only says to it, ‘Be,’ and it is.”

This miraculous birth does not prove that the Holy Prophet Eesa, peace be upon him, was divine. It only indicates the infinite power of Allah, the Exalted. Chapter 3 Alee Imran, verse 59:

“Indeed, the example of Jesus to Allah is like that of Adam. He created him from dust; then He said to him, “Be,” and he was.”

This verse indicates a simple but profound lesson namely, some wrongfully believe that the Holy Prophet Eesa, peace be upon him, is the son of God as he has no human father. But if this was the criterion for linking him to Allah, the Exalted, then the Holy Prophet Adam, peace be upon him, is more fitting for this claim as he has no human father or mother. Reflecting on this verse alone is enough to understand the truth namely, the Holy Prophet Eesa, peace be upon him, is a righteous servant, Messenger and Holy Prophet of Allah, the Exalted.

The miracles of the Holy Prophet Eesa, peace be upon him, are also verified by the Holy Quran. It however makes it clear that the Holy Prophet Eesa, peace be upon him, performed these miracles with the will, permission and command of Allah, the Exalted. If the Holy Prophet Eesa, peace be upon him, was divine he would not need the will or permission of Allah, the Exalted. Chapter 3 Alee Imran, verse 49:

“And [make the Prophet Eesa, peace be upon him] a messenger to the Children of Israel, [who will say], 'Indeed I have come to you with a sign from your Lord in that I design for you from clay [that which is] like the form of a bird, then I breathe into it and it becomes a bird by permission of Allāh. And I cure the blind [from birth] and the leper, and I give life to the dead - by permission of Allāh. And I inform you of what you eat and what you store in your houses...”

The ascension of the Holy Prophet Eesa, peace be upon him, to the Heavens while alive further indicates the power of Allah, the Exalted, as He took the Holy Prophet Eesa, peace be upon him, on this journey. If the Holy

Prophet Eesa, peace be upon him, was divine he could have undertaken this journey with his own innate power. Chapter 3 Alee Imran, verse 55:

"[Mention] when Allāh said, "O Jesus, indeed I will take you and raise you to Myself and purify [i.e., free] you from those who disbelieve..."

The Holy Quran tells the Christians that the Holy Prophet Eesa, peace be upon him, contrary to their belief, was not crucified. The one whose image was seen on the cross was not the Holy Prophet Eesa, peace be upon him, but someone who was made to look like him. Allah, the Exalted, had already raised the Holy Prophet Eesa, peace be upon him, towards Heaven by this time. Chapter 4 An Nisa, verses 156-158:

"And for their disbelief and their saying against Mary a great slander. And [for] their saying, "Indeed, we have killed the Messiah, Jesus the son of Mary, the messenger of Allāh." And they did not kill him, nor did they crucify him; but [another] was made to resemble him to them...Rather, Allāh raised him to Himself."

The incorrect Christian belief of the Holy Prophet Eesa, peace be upon him, being crucified meaning, killed, is strange in itself as a real divine being is far beyond experiencing death. So in reality, their incorrect belief in his death by crucifixion negates their incorrect belief in his divinity by itself.

Finally, a divine being by nature is something which is self-sustaining meaning, they do not need someone else to sustain them. If a being is sustained by another then they cannot be divine. Both the Holy Prophet Eesa, peace be upon him, and his mother, Maryam, may Allah be pleased with her, were not divine beings as they required nourishment from Allah, the Exalted, meaning, they were not self-sustaining beings. In addition, no one can claim that as the Angels do not eat they can be considered Gods. In reality, they are also sustained by Allah, the Exalted, in a different way so they too are not self-sustaining. The fact that they have been created and will experience death, just like the rest of creation, is enough to negate divinity.

“Say, “He is Allah, [who is] One. Allah, the Sustainer. He neither begets nor is born. Nor is there to Him any equivalent.””

There are many Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, which advise mankind that whoever testifies that there is none worthy of worship except Allah, the Exalted, and that the Holy Prophet Muhammad, peace and blessings be upon him, is the servant and final messenger of Allah, the Exalted, will be saved from the fire of Hell. One such example is found in Sahih Bukhari, number 128.

The meaning of these Hadiths is that whoever dies while believing in this testimony will either enter Paradise and escape Hell or they will enter Hell to the extent of their sins and then eventually be allowed into Paradise where they will dwell forever. This has been advised in a Hadith found in Sahih Bukhari, number 7510.

It is important to note, that those who desire to enter Paradise without entering Hell first must not only declare their belief in Islam verbally but they must also fulfil its conditions and obligations. The testimony of faith is undoubtedly the key to Paradise but a key needs teeth in order to unlock a specific door. The teeth of the key to Paradise are its obligations and duties. Without them meaning, the key without its teeth, will not open the door to Paradise. This is proven through many Hadiths which indicate entry into Paradise requires one to fulfil the conditions and duties of Islam. For example, a Hadith found in Sahih Bukhari, number 1397, indicates that the testimony must be supported by actions in the form of the pillars of Islam, such as establishing the obligatory prayers.

The first part of the testimony namely, there is none worthy of worship save Allah, the Exalted, means that Allah, the Exalted, is the only One who must be obeyed and never disobeyed. When one accepts Allah, the Exalted, as their God they must not obey anything which leads to His disobedience as Allah, the Exalted, alone is their Master and they are only His slaves. But the moment one obeys anything which leads to the disobedience of Allah, the Exalted, then they have corrupted their belief in His Oneness which has been indicated in chapter 45 Al Jathiyah, verse 23:

“Have you seen he who has taken as his god his [own] desire...”

The Holy Quran has warned muslims that whoever commits sins is in reality worshipping the Devil as they have obeyed him over the obedience of Allah, the Exalted. Chapter 36 Yaseen, verse 60:

“Did I not enjoin upon you, O children of Adam, that you not worship Satan - [for] indeed, he is to you a clear enemy.”

The muslims who reject their desires, the desires of others and the commands of the Devil and instead only obey Allah, the Exalted, have truly taken Allah, the Exalted, as their God. These muslims have been granted

the protection of Allah, the Exalted, in both worlds. These muslims have practically actualised the testimony of Islam as they supported their verbal and internal claim with sincere actions according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. When one acts according to his traditions they have fulfilled the second aspect of the testimony namely, the Holy Prophet Muhammad, peace and blessings be upon him, is the servant and final messenger of Allah, the Exalted. These muslims are the ones referred to in a Hadith found in Sahih Bukhari, number 128. It advises they will be saved from the Hellfire by Allah, the Exalted.

The person who declares Islam with the tongue and internally accepts it is undoubtedly a muslim but their true sincere belief in the Oneness of Allah, the Exalted, is diminished according to their sins.

An aspect of truly acting on the testimony is sincerely loving Allah, the Exalted. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has indicated this in a Hadith found in Sunan Abu Dawud, number 4681. It advises that this is an aspect of perfecting one's faith. This is when one loves what Allah, the Exalted, loves and hates what He hates. As this was the characteristic of the Holy Prophet Muhammad, peace and blessings be upon him, according to a Hadith found in Sunan Ibn Majah, number 2333, muslims have been commanded to follow him. Chapter 3 Alee Imran, verse 31:

“Say, [O Muhammad], “If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins...”

It is clear from Islamic teachings that loving what Allah, the Exalted, hates and disliking what Allah, the Exalted, loves is a clear indication of a person following their own desires and obeying them over Allah, the Exalted. This attitude reduces one's belief in the Oneness of Allah, the Exalted. The following verse makes it clear that adopting this mentality is a deviation from true belief in the testimony of Islam. Chapter 9 At Tawbah, verse 24:

“Say, [O Muhammad], “If your fathers, your sons, your brothers, your wives, your relatives, wealth which you have obtained, commerce wherein you fear decline, and dwellings with which you are pleased are more beloved to you than Allah and His Messenger and striving in His cause, then wait until Allah executes His command. And Allah does not guide the defiantly disobedient people.””

The one who worships Allah, the Exalted, according to their own desires worships Him on the edge. Meaning, when they face times of ease they become pleased but when they encounter difficulties they turn away from His obedience in anger. Chapter 22 Al Hajj, verse 11:

“And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face [to unbelief]. He has lost [this] world and the Hereafter. That is what is the manifest loss.”

A Hadith found in Sahih Bukhari, number 6502, informs muslims how to correctly believe and act on the testimony of faith, which prevents one being harmed by the fire of Hell in the next world. This is to first complete the obligatory duties correctly while fulfilling all their conditions and etiquettes. Then one must add to this by performing voluntary righteous deeds, the best of which are the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This leads to the love of Allah, the Exalted, and causes Allah, the Exalted, to empower every organ of their body so that they only obey Him. This true and sincere obedience is the fulfilment of the testimony of faith. This is the sound heart which contains only the love of Allah, the Exalted, and is free of worldly desires and the love of the material world. Chapter 26 Ash Shu'ara, verses 88-89:

"The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart."

It is important to note, this does not mean a muslim becomes free from committing sins but it means they sincerely repent from them whenever they are rarely committed.

To conclude, it is vital for muslims to not only declare the testimony of Islam internally and verbally but they must also show it in their actions as this is the only way to achieve true success in this world and completely escape punishment in the next world also.

Chapter 113 - Al Falaq, Verses 1-5 of 5

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ١

مِنْ شَرِّ مَا خَلَقَ ٢

وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ٣

وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ٤

وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ٥

"Say, "I seek refuge in the Lord of daybreak.

From the evil of that which He created.

And from the evil of darkness when it settles.

And from the evil of the blowers in knots [black magic].

And from the evil of an envier when he envies.””

“Say, “I seek refuge in the Lord of daybreak.””

Allah, the Exalted, safeguards and preserves the creation and takes care of them with special care. He protects the obedient from the plots and traps of the Devil and He safeguards the disobedient from His immediate punishment in order to give them an opportunity to sincerely repent.

A muslim should act on this divine name by using the means provided to them by Allah, the Exalted, but always trust in His divine care and choices in every situation and outcome they face even if they do not observe the wisdom behind some choices. This inspires patience and even contentment with the choice of Allah, the Exalted. Chapter 65 At Talaq, verse 3:

“...And whoever relies upon Allah - then He is sufficient for him...”

A muslim should also understand that they will only be protected from misguidance and punishment by the Guardian namely, Allah, the Exalted. This removes any signs of pride and ensures they seek His protection through sincere obedience to Him. A muslim must act on this divine name by safeguarding every trust they possess such as their blessings by using them according to the teachings of Islam. They should safeguard their actions and speech from the disobedience of Allah, the Exalted. This will

ensure they receive more blessings from Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

“Say, “I seek refuge in the Lord of daybreak.””

Just like Allah, the Exalted, brings the day out after the night, He will bring forth the Day of Judgement. The sleep-wake cycle in itself is a mini resurrection which people witness every day, as sleep is the sister of death.

Logically speaking, the Day of Judgement is something which must occur. If one observes the universe they will notice many examples of balance. For example, the Earth is at a perfect and balanced distance from the Sun. If the Earth was slightly closer or further away from the Sun it would not be inhabitable. Similarly, the water cycle, which involves the evaporation of water from the ocean into the atmosphere which is then condensed in order to produce rain, is perfectly balanced so that the creation can continue living on Earth. The ground was created in a balanced way so that the weak branches and shoots of seeds can penetrate through it in order to provide crops for the creation yet the same ground is tough enough to withstand heavy buildings being built on top of it. There are many such examples that not only clearly indicate a Creator but also balance. But there is one major thing in this world which is clearly unbalanced namely, the actions of mankind. One often observes oppressive and tyrannical people who escape punishment in this world. Conversely, there are countless people who are oppressed by others and face other difficulties yet do not receive their full reward for their patience. Many Muslims who sincerely obey Allah, the Exalted, often face many difficulties in this world and only receive a small share in reward whereas those who openly disobey Allah, the Exalted, enjoy the luxuries of this world and only face some problems. Just like Allah, the Exalted, has set up a balance in all His creations the reward and punishment of actions must also be balanced. But

this obviously does not occur in this world so therefore it must occur in another time namely, the Day of Recompense i.e. the Day of Judgment.

Allah, the Exalted, could reward and punish fully in this world. But one of the wisdoms behind not fully punishing in this world is that Allah, the Exalted, gives opportunity after opportunity to them so that they sincerely repent and correct their behaviour. He does not fully reward Muslims in this world as this world is not Paradise. In addition, believing in the unseen namely, the full reward waiting for a Muslim in the next world, is an important aspect of faith. In fact belief in the unseen is what makes faith special. Believing in something which can be perceived through the five senses, such as receiving full reward in this world, would not be so special.

Having fear of full punishment and hope in receiving full reward in the hereafter will encourage one to abstain from sins and perform righteous deeds.

In order for the Day of Recompense to commence this material world must end. This is because punishment and reward can only be given once everyone's actions terminate. Therefore, the Day of Recompense cannot take place until the actions of people have been concluded. This indicates that the material world must end, sooner or later.

In addition, when one observes the Heavens and Earth and observes the countless cycles of life and death, such as the coming and going of the day and night, the seasons and the lands for growing crops, they will understand that they too will face a cycle of death and life namely, the resurrection on Judgement Day.

When one reflects on this discussion it will strengthen their faith in the Day of Judgement thereby encouraging them to prepare for it by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

“Say, “I seek refuge in the Lord of daybreak.””

As the non-muslims of Arabia worshipped different Heavenly bodies, such as the Sun and Moon, this verse points out that all of these things were created and are controlled by Allah, the Exalted, alone.

One can strengthen their faith by reflecting on the creations within the Heavens and the Earth. When done correctly this clearly indicates the Oneness of Allah, the Exalted, and His infinite power. Chapter 41 Fussilat, verse 53:

“We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth...”

For example, if a muslim ponders over the night and day and how perfectly in sync they are and the other things linked to them they will truly believe that this is not a random thing meaning, there is a force which ensures everything runs like clockwork. This is the infinite power of Allah, the Exalted. In addition, if one ponders over the perfect timing of the night and day they will realise it clearly indicates that there is only one God namely, Allah, the Exalted. If there were more than one God each god would desire the night and day to occur according to their own desires. This would lead to utter chaos as one God might desire the Sun to rise whereas the other God might desire the night to continue. The perfect uninterrupted system

found within the universe proves there is only one God namely, Allah, the Exalted. Chapter 21 Al Anbiya, verse 22:

“Had there been within them [i.e., the heavens and earth] gods besides Allah, they both would have been ruined...”

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles.””

These verses teach mankind to remain grateful to Allah, the Exalted, by using the blessings they have been granted in ways pleasing to Him, otherwise these blessings will become a source of evil and distress for them in both worlds.

In reality, in most cases nothing in this material world in itself is good or bad, such as wealth. What makes a thing good or bad is the way it is used. It is important to understand that the very purpose of everything which was created by Allah, the Exalted, was for it to be used correctly according to the teachings of Islam. When something is not used correctly it in reality becomes useless. For example, wealth is useful in both worlds when it is used correctly such as being spent on the necessities of a person and their dependents. But it can become useless and even a curse for its bearer if it is not used correctly, such as being hoarded or spent on sinful things. Simply hoarding wealth causes wealth to lose value. How can paper and metal coins one tucks away be useful? In this respect, there is no difference between a blank piece of paper and a note of money. It is only useful when it is used correctly.

So if a Muslim desires all their worldly possessions to become a blessing for them in both worlds all they have to do is use them correctly according to the teachings found in the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. But if they use

them incorrectly then the same blessing will become a burden and curse for them in both worlds. It is as simple as that.

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles.””

These verses teach mankind to remain grateful to Allah, the Exalted, by using the blessings they have been granted in ways pleasing to Him, otherwise these blessings will become a source of evil and distress for them in both worlds. One can adopt the correct attitude when they understand the purpose of these blessings.

Every worldly blessing a Muslim possesses is only a means which should aid them in reaching the hereafter safely. It is not an end in itself. For example, wealth is a means one should use in order to obey Allah, the Exalted, by fulfilling the commands of Allah, the Exalted, fulfilling their necessities and the necessities of their dependents. It is not an end or an ultimate goal in itself.

This not only aids a Muslim in maintaining their focus on the hereafter but it also aids them whenever they lose worldly blessings. When a Muslim treats each worldly blessing, such as a child, as a means to please Allah, the Exalted, and reach the hereafter safely then losing it will not have such a detrimental impact on them. They may become sad, which is an acceptable emotion, but they will not become grieved which leads to impatience and other mental problems, such as depression. This is because they firmly believe the worldly blessing they possessed was only a means so losing it does not cause a loss in the ultimate goal namely, Paradise, the loss of which is disastrous. Therefore, still possessing and concentrating on the ultimate goal will prevent them from becoming grieved.

In addition, they will understand that just like the thing they lost was only a means they firmly believe they will be provided with another means to reach and fulfil their ultimate goal by Allah, the Exalted. This will also prevent them from grieving. Whereas, the one who believes their worldly blessing is the end instead of a means will experience severe grief when losing it as their whole purpose and objective has been lost. This grief will lead to depression and other mental issues.

To conclude, Muslims should treat each blessing they possess as a means to reach the hereafter safely not as an end in itself. This is how one can possess things without being possessed by them. This is how they can keep worldly things in their hands and not in their hearts.

“Say, “I seek refuge in the Lord of daybreak...from the evil of the blowers in knots.””

The Holy Quran has connected practicing sorcery with unbelief. Chapter 2 Al Baqarah, verse 102:

“...But they [i.e., the two angels] do not teach anyone unless they say, “We are a trial, so do not disbelieve [by practicing magic]...”

Some commit this sin believing it is only forbidden when it is actually connected to disbelief. The Holy Prophet Muhammad, peace and blessings be upon him, classified sorcery as one of the destructive sins meaning, if one does not sincerely repent it may well cause them to enter Hell. This is confirmed in a Hadith found in Sahih Bukhari, number 2766.

It is a deadly major sin as the one who practices it believes it can change the decree of Allah, the Exalted. Meaning, it can rival and challenge the infinite power of Allah, the Exalted, which is clear unbelief. Therefore, muslims must avoid this deadly major sin at all costs.

“Say, “I seek refuge in the Lord of daybreak...from the evil of the blowers in knots.””

When some face difficulties instead of firstly observing themselves and their behaviour to assess whether they need to change for the better and remain steadfast on the obedience of Allah, the Exalted, patiently waiting for relief they instead turn to uneducated and inexperienced people who claim to fix worldly things through spiritual means. These people only cause a muslim to adopt an illness which is far worse than their initial problem namely, paranoia. These people convince muslims that their problems have either been caused by supernatural creatures, such as jinns, or by black magic which someone has used against them. Even though jinns do exist it is very rare for them to affect people in their worldly matters. This incorrect advice causes muslims to become severely paranoid and superstitious over petty things and it even causes them to grow suspicious over their friends and relatives. This only leads to enmity and fractured relationships. This attitude will also damage one's faith in Allah, the Exalted, as they will be advised in many cases to do things which are not advised in the Holy Quran or the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

It is important for muslims to strengthen their faith through gaining and acting on Islamic knowledge. This will prevent them turning to such foolish people who cannot even fix their own problems let alone fix the problems of others. Strong faith will prevent paranoia affecting them as they will fully rely on Allah, the Exalted, in all situations. Strong faith allows a muslim to understand that even if the entire creation desired to harm them they will not be able to do so unless Allah, the Exalted, allowed it. Similarly, the entire creation cannot benefit them unless Allah, the Exalted, wills it. And

every case and situation only occurs according to a set and unchangeable plan namely, destiny. This has been advised throughout the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, such as the far reaching Hadith found in Jami At Tirmidhi, number 2516.

To conclude, a muslim when encountering a problem should firstly assess their own behaviour and rectify it if necessary and then remain obedient to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and avoid further problems in the form of paranoia by avoiding people who claim to fix worldly problems in spiritual ways.

“Say, “I seek refuge in the Lord of daybreak...And from the evil of an envier when he envies.””

In a Hadith found in Sunan Ibn Majah, number 4210, the Holy Prophet Muhammad, peace and blessings be upon him, warned that envy destroys good deeds just like fire consumes wood.

Envy is a serious and major sin because the envier’s problem is not with another person in reality it is with Allah, the Exalted, as He is the One who granted the blessing which is envied. So a person’s envy only demonstrates their displeasure with the allocation and choice of Allah, the Exalted. They believe Allah, the Exalted, made a mistake when He allocated a particular blessing to another person instead of them.

Some exert efforts through their speech and actions in order to confiscate the blessing from the other person which is undoubtedly a sin. The worse kind is when the envier strives to remove the blessing from the owner even if the envier does not obtain the blessing. Envy is only lawful when a person does not act on their feelings, dislikes their feelings and strives to obtain a similar blessing without the owner losing the blessing. Even though this type is not a sin it is considered disliked if the envy is over a worldly blessing and praiseworthy if it is over a religious blessing. For example, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned two examples of the praiseworthy type in a Hadith found in Sahih Muslim, number 1896. The first person who can be lawfully envied is the one who acquires and spends lawful wealth in ways pleasing to Allah,

the Exalted. The second person who can be lawfully envied is the one who uses their knowledge in the correct way and teaches it to others.

An envious muslim should strive to remove this feeling from their heart by showing good character and kindness towards the person envied such as praising their good qualities and supplicating for them until their envy becomes love for them.

“Say, “I seek refuge in the Lord of daybreak...And from the evil of an envier when he envies.””

It is obvious that envy has affected many muslims. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, warned this would occur in a Hadith found in Jami At Tirmidhi, number 2510. It leads to many other negative characteristics and problems. For example, it prevents muslims from fulfilling the important duty of supporting good irrespective of who does it as the jealous person does not desire to aid others as they believe the other person's rank in society will increase beyond their own.

A muslim must take steps to remove jealousy from their character. One thing which can aid in this goal is to become content with what a person possesses. Allah, the Exalted, does not give people according to their desires as this might lead to their destruction. He instead gives what is best for each person's faith. Understanding this can eliminate jealousy over what others possess. How many muslims obtained wealth which destroyed their faith? And how many muslims will be forgiven on Judgment Day because of the tests they endured patiently? Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

The other thing to understand is that as this material world is limited it is easy to become jealous over the things within it. But if a muslim aims for the hereafter and prioritises it over the excess of this material world it would remove jealousy from them. This is because the blessings of the hereafter are unlimited therefore, there is no need to be jealous as there are plenty of blessings to go around in fact, they will never end. But the more one aims and desires the limited things found within the world the more jealous they will become.

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots [black magic]. And from the evil of an envier when he envies.””

Every creature has been created by none other than Allah, the Exalted. Each has been given the ability and free will to perform good or evil deeds. Chapter 91 Ash Shams, verses 7-8:

“And [by] the soul and He who proportioned it. And inspired it [with discernment of] its wickedness and its righteousness.”

It is this free will that each person will be judged upon on the Day of Judgement.

In addition, everything within the universe only occurs with the will of Allah, the Exalted, even the things which appear bad. There are many wisdoms behind each of these things, even if one fails to observe these wisdoms. The duty of a muslim is to remain firm on the sincere obedience of Allah, the Exalted, through every situation, good or bad, as this is the test of life. In reality, the presence of evil in this world is required as one cannot be tested without it.

These verses also make it clear that Allah, the Exalted, alone creates and manages good and evil in this world. They are not two opposites managed by two different entities. Therefore, if one desires to gain benefit and be protected from harm they must sincerely obey and worship Allah, the Exalted, alone.

Furthermore, when one reflects on the main verses under discussion while bearing in mind the teachings of other verses of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, these verses do not seem to be magnifying the two specific evils mentioned namely, black magic and envy, which is the root of the evil eye. If this was the case it seems as though there is somewhat of a discrepancy between these verses and other Islamic teachings. Other teachings make it clear that Allah, the Exalted, decrees harm and benefit and no other has any say in the matter. For example, chapter 57 Al Hadid, verse 22:

“No disaster strikes upon the earth or among yourselves except that it is in a register before We bring it into being - indeed that, for Allāh, is easy.”

And chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allāh has decreed for us; He is our protector.” And upon Allāh let the believers rely.””

And the Hadith which is discussed in detail below teaches this same concept. There are countless other examples. Therefore, it seems that the two specific evils mentioned in the main verses under discussion are being dismissed rather than magnified. One must bear in mind that the fear of these two evils was extremely prevalent in the time of the Holy Prophet Muhammad, peace and blessings be upon him. This fear resulted in people committing acts of polytheism and other major sins in order to protect themselves from them. Therefore, Allah, the Exalted, dismissed this fear that people felt by declaring that as He alone created and controls whatever is within the Heavens and the Earth, which is indicated in the first two verses of this chapter, He alone should be feared and sought for protection through His sincere obedience.

Finally, the Holy Prophet Muhammad, peace and blessings be upon him, indicated the infinite and absolute power and authority of Allah, the Exalted, in a Hadith found in Jami At Tirmidhi, number 2516. This Hadith advises that the entire creation cannot benefit a person if Allah, the Exalted, did not desire them to do so. Similarly, the entire creation together could not harm someone if Allah, the Exalted, did not desire them to. This means only what Allah, the Exalted, decides happens within the universe. It is important to note, that this advice does not indicate one should abandon using means, such as medicine, but it means that one can use the means as they have been created by none other than Allah, the Exalted, but they must understand that Allah, the Exalted, is the only One who decides the outcome of all things. For example, there are many sick people who take medicine and recover from their illness. But there are others who take medicine and do not recover. This indicates that another factor decides the end result namely, the will of Allah, the Exalted. Chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allah has decreed for us...”

The one who understands this knows that anything that affected them could not have been avoided. And those things which missed them could never have been obtained.

It is important to note, that whatever the end result even if it is against a person's desire they should remain patient and truly believe Allah, the Exalted, has chosen the best for them even if they do not observe the wisdom behind the outcome. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

When one truly understands this truth they stop relying on the creation knowing they cannot innately harm or benefit them. Instead, they turn to Allah, the Exalted, seeking His support and protection through sincere obedience by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This leads a muslim to trusting in Allah, the Exalted. It also encourages one to only fear Allah, the Exalted, as they know the creation cannot harm them without the will of Allah, the Exalted.

Recognising that all things which occur within one's life and the universe originate from Allah, the Exalted, is a part of understanding the Oneness of Allah, the Exalted. This is a topic which has no end and goes beyond only superficially believing that there is none worthy of worship except Allah, the Exalted. When this is fixed in one's heart then they only hope in Allah, the Exalted, knowing He is the only One who can help them. They will only submit and obey Allah, the Exalted, in all aspects of their life. In reality, a person only obeys another in order to receive protection from harm or gain some benefit. Only Allah, the Exalted, can grant this therefore only He deserves to be obeyed and worshipped. If anyone chooses the obedience of another over the obedience of Allah, the Exalted, this shows they believe that this other can bring them some sort of benefit or protect them from harm. This is a sign of the weakness of their faith. The source of all things which occur is Allah, the Exalted, so muslims should only obey Him. Chapter 35 Fatir, verse 2:

“Whatever Allah grants to people of mercy - none can withhold it; and whatever He withholds - none can release it thereafter...”

It is important to note, that obeying a person which encourages the obedience of Allah, the Exalted, in reality is obeying Allah, the Exalted. For example, obeying the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 4 An Nisa, verse 80:

“He who obeys the Messenger has obeyed Allah...”

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots [black magic]. And from the evil of an envier when he envies.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

In a divine Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 6502, Allah, the Exalted, declares is that when one strives in fulfilling the obligatory duties and performing voluntary righteous deeds He blesses their five senses so that they use them in obedience to Him. This righteous servant will very rarely commit sins. This increase in guidance has been indicated in Chapter 29 Al Ankabut, verse 69:

“And those who strive for Us - We will surely guide them to Our ways...”

This muslim reaches the level of excellence which has been discussed in a Hadith found in Sahih Muslim, number 99. This is when a muslim performs actions, such as the prayer, as if they observe Allah, the Exalted. The one who reaches this level will guard their mind and body from sins. This is the one who when they speak they speak for Allah, the Exalted, when they are silent they are silent for Allah, the Exalted. When they act they act for Him

and when they are still they are for His sake. This is an aspect of monotheism and understanding the Oneness of Allah, the Exalted.

The next thing mentioned in the main Hadith under discussion is that this muslim's supplication will be fulfilled and they will be granted the refuge and protection of Allah, the Exalted. This is a clear lesson for those who desire lawful worldly things. They should not seek to obtain them using any means except through the sincere obedience of Allah, the Exalted. No spiritual teacher or anyone else will be able to grant things to a person unless the person strives in the obedience of Allah, the Exalted and they are destined to obtain those things.

To conclude this Hadith makes it clear that the proximity of Allah, the Exalted, is only gained through sincere obedience to Him in the form of fulfilling His commands, refraining from His prohibitions and being patient with destiny. This is the path of the Holy Prophet Muhammad, peace and blessings be upon him, and the only path of success in both worlds.

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots [black magic]. And from the evil of an envier when he envies.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

In a Hadith found in Sunan Ibn Majah, number 1081, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims how to gain blessings in their provision, divine support and an improvement in their condition and state.

The first thing is to sincerely repent to Allah, the Exalted, before one dies. As the time of death is unknown this Hadith actually indicates sincerely repenting whenever one commits a sin meaning, repenting without delay. This consists of seeking forgiveness from Allah, the Exalted, and whoever else has been wronged, feeling regret, making a firm promise not to commit the same or a similar sin again. And finally, if possible, to make up for any rights which have been violated in respect to Allah, the Exalted, and people.

The next thing advised in the main Hadith is that a muslim must make use of their time before they become preoccupied with responsibilities, an

illness or a difficulty. A muslim can achieve this by obeying Allah, the Exalted, through fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. They must hasten to perform righteous deeds within their means as much as possible without delay as the tomorrow they hope for may never come. It is hoped that the one who behaves in this manner will be supported by Allah, the Exalted, when they are no longer in a position to perform extra righteous deeds due to a change in circumstances.

The next thing mentioned in the main Hadith is that a muslim must strengthen their bond with Allah, the Exalted, by remembering Him much. True remembrance of Allah, the Exalted, consists of three levels. The first is internal remembrance meaning, sincerity to Him. The second level consists of remembering Allah, the Exalted, by speaking good words and avoiding vain and sinful speech. And the highest level is to sincerely obey Allah, the Exalted, through one's actions as outlined earlier.

The final thing mentioned in the main Hadith is giving much charity both hidden and open. This includes both the obligatory and voluntary charity. It is important to note, this means giving charity according to one's means whether it is much or little. Allah, the Exalted, does not observe quantity He observes and judges actions based on quality meaning, one's sincerity. This has been indicated in a Hadith found in Sahih Bukhari, number 1. This leaves muslims with no excuses but to give charity according to their means. In addition, it is important to give charity regularly instead of once in a while as regular deeds are more beloved to Allah, the Exalted, even if they are little. This has been advised in a Hadith found in Sahih Bukhari, number 6465. Finally, those who desire to encourage others to give charity can give it publically. This will lead to them gaining the same reward as

those who donate because of their inspiration. This has been advised in a Hadith found in Sahih Muslim, number 2351. But those who are fearful of showing off, which cancels their reward, should do so privately. Islam has provided many options and opportunities for muslims to gain much reward which lead to the removal of their burdens in both worlds.

Chapter 114 - An Nas, Verses 1-6 of 6

١ قُلْ أَعُوذُ بِرَبِّ النَّاسِ

٢ مَلِكِ النَّاسِ

٣ إِلَهِ النَّاسِ

٤ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

٥ الَّذِي يُوسِّسُ فِي صُدُورِ النَّاسِ

٦ مِنَ الْجِنَّةِ وَالنَّاسِ

“Say, “I seek refuge in the Lord of mankind.

The Sovereign of mankind.

The God of mankind.

From the evil of the retreating whisperer.

Who whispers [evil] into the breasts of mankind.

From among the jinn and mankind.””

“Say, “I seek refuge in the Lord...””

Allah, the Exalted, safeguards and preserves the creation and takes care of them with special care. He protects the obedient from the plots and traps of the Devil and He safeguards the disobedient from His immediate punishment in order to give them an opportunity to sincerely repent.

A muslim should act on this divine name by using the means provided to them by Allah, the Exalted, but always trust in His divine care and choices in every situation and outcome they face even if they do not observe the wisdom behind some choices. This inspires patience and even contentment with the choice of Allah, the Exalted. Chapter 65 At Talaq, verse 3:

“...And whoever relies upon Allah - then He is sufficient for him...”

A muslim should also understand that they will only be protected from misguidance and punishment by the Guardian namely, Allah, the Exalted. This removes any signs of pride and ensures they seek His protection through sincere obedience to Him. A muslim must act on this divine name by safeguarding every trust they possess such as their blessings by using them according to the teachings of Islam. They should safeguard their actions and speech from the disobedience of Allah, the Exalted. This will

ensure they receive more blessings from Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

“Say, “I seek refuge in the Lord of mankind.””

This verse is connected to chapter 7 Al A’raf, verse 172 of the Holy Quran:

“And [mention] when your Lord took from the children of Adam - from their loins - their descendants and made them testify of themselves, [saying to them], “Am I not your Lord?” They said, “Yes, we have testified.” [This] - lest you should say on the Day of Resurrection, “Indeed, we were of this unaware.””

All humans were brought forth so that they could take this pledge to Allah, the Exalted. The lesson to understand behind this incident is that all people accepted Allah, the Exalted, as their Lord. Meaning, the One who created them, sustains them and the One who will judge their deeds on the Day of Judgment. It is important for all muslims to fulfil this pledge through sincere obedience to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

This verse indicates that Allah, the Exalted, did not ask the creation if they were His servants instead, He asked them if He was their Lord. This is an indication that the will of Allah, the Exalted, should always come before the will and desire of a person. If a muslim has a choice between pleasing

Allah, the Exalted, or someone else this pledge should remind them that the pleasure of Allah, the Exalted, must come first.

This question is also an indication of the infinite mercy of Allah, the Exalted, as He hinted the answer to the creation by wording it as He did. This shows muslims that even though Allah, the Exalted, is the Lord who will judge their deeds yet, He is also infinitely merciful.

The effect of this covenant is deeply embedded in the hearts of all mankind. In fact, this is the nature which has been indicated in a Hadith found in Sahih Muslim, number 6755. From this one can understand that it is important for people not to search for the truth after making their minds up beforehand and then search for evidence which supports their predetermined belief. Only those who open their minds without making a predetermined decision will unlock this covenant which has been embedded deep in their hearts. In fact, having an open mind is important in all issues not just in matters of faith as it helps one to find the truth and the best path. This attitude strengthens society and always encourages peace between people. But the stubbornness of those who predetermine their choices will always create wedges between members of a society which can affect people on a national level. It is important for muslims not to always believe they are correct in worldly matters otherwise they will adopt this stubborn attitude. This will prevent them from accepting the opinions of others which will lead to arguments, enmity and fractured relationships. Therefore, this attitude should be avoided at all costs.

Finally, the fact that this covenant is deeply embedded in a person's heart indicates that it is a duty on muslims to uncover it. This will lead one to certainty of faith which is much stronger than faith based on hearsay meaning, being told by one's family that they are a muslim. Certainty of faith allows a muslim to overcome all difficulties successfully in this world while fulfilling their religious and worldly duties. One only fails in tests and their duties because of weakness in their faith. Certainty of faith is only obtained by gaining and acting on the knowledge found within the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 41 Fussilat, verse 53:

“We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth...”

“Say, “I seek refuge in the Lord of mankind.””

As the Holy Quran was directed towards mankind this has been stated in this verse but in reality Allah, the Exalted, is Lord of the worlds.

Allah, the Exalted, is the Lord of the Worlds as He is the Creator and Sustainer of the entire universe. He has full control over every single entity from the smallest atom to the largest creation such as the divine throne. Except for a few members of the creation every atom in existence recognises and acknowledges this great fact and thus continuously praises Allah, the Exalted. Chapter 17 Al Isra, verse 44:

"The seven heavens and the earth and whatever is in them exalt Him. And there is not a thing except that it exalts [Allah] by His praise, but you do not understand their [way of] exalting..."

No creature has the power to free themselves of His Lordship whether they believe in Him or not. His Lordship has no equivalent as it includes all of creation. It has no beginning, no end and no decline in authority or control. Allah, the Exalted, in His infinite knowledge knew the weakness of the creation in praising Him, according to His infinite status, so out of mercy He declared how to praise Him in this verse. Otherwise, how can a finite creature praise the Creator, according to His infinite status, without aid from

Allah, the Exalted? This has been confirmed in a Hadith found in Sunan Abu Dawud, number 879.

As Allah, the Exalted, is the Lord of the universe He must be obeyed and never disobeyed. A Muslim must only be obedient to others when it involves the obedience of Allah, the Exalted. Acknowledging the Lordship of Allah, the Exalted, includes acknowledging one's servanthood to Him. This in itself is a clear declaration that a Muslim must not chart their own course in life but they must simply adhere to the commands of their Lord, Allah, the Exalted. Therefore, a Muslim should never declare their servanthood to Allah, the Exalted, by declaring His Lordship through their words and then contradict their declaration through their actions. Chapter 26 Ash Shu'ara, verses 23-24:

"Pharaoh said: "And who is this Lord of the Universe? Moses answered: "The Lord of the heavens and the earth and of all that is between them, if you were only to believe.""

“Say, “I seek refuge in the Lord of mankind.””

The Lordship of Allah, the Exalted, includes sustaining the entire creation. This can occur in two ways. The first is in a general way which includes the entire creation. He grants them provision and guides them to things which are best for them. This allows them to survive in this world.

The second way is specific and includes sustaining those who strive to sincerely obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This includes strengthening their faith and removing any distractions and obstacles that could prevent this. It includes protecting them from all things which are bad and guiding them to all things which are good for them in both worlds even if this guidance is not obvious to them. This might be the reason for most of the supplications of the Holy Prophets, peace be upon them, including the word Lord since all their requests and needs came under this specific category.

“Say, “I seek refuge in...the Sovereign of mankind.””

Allah, the Exalted, is the One who possesses all sovereignty which is free of all defects. It is a sovereignty which has no beginning, no end, no reduction and no limit. Allah, the Exalted, has complete and total control over the creation through management and judgment without any limitations, partners or helpers. The King cannot be hindered or prevented from carrying out His will.

By accepting Allah, the Exalted, as the only King a muslim indirectly accepts their servanthood to Him. Therefore, they must fulfil all His commands and avoid all His prohibitions. A true servant never questions the wise decisions of the King and instead submits with full trust to His choices knowing that the wise King only decrees the best for His servant. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

When a muslim recognises Allah, the Exalted, as the King they will not turn to another when seeking help and instead only seek His support through sincere obedience to Him. They will always remember if they obey the King He will protect them from the creation. But if they obey the creation over Allah, the Exalted, the creation will not be able to protect them from the

punishment of the only King. This is indicated in a Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sunan Abu Dawud, number 2625. He declared that there is no obedience to the creation if it leads to the disobedience of the Creator.

A muslim should adopt this characteristic according to their status by purifying their inner spiritual king namely, the spiritual heart through acting on the knowledge found within the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This will cause their servants meaning, their bodily limbs, to obey their spiritual heart in acts of righteousness. The Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Sahih Muslim, number 4094, that if the spiritual heart is pure the rest of the body will be pure but if the spiritual heart is corrupt the whole body will become corrupt. One should not become a slave of their evil desires and instead become a true king which controls their desires according to the teachings of Islam.

Whoever perfects this will be given a spiritual kingdom in both worlds. The ultimate destination of the one who fulfils the rights of the King by perfecting servanthood has been mentioned in the Holy Quran. They will be granted a high station in the presence of the only Omnipotent King. Chapter 54 Al Qamar, verse 55:

“In a seat of honour near a Sovereign, Perfect in Ability.”

“Say, “I seek refuge in...the God of mankind.””

Accepting Allah, the Exalted, as God means He alone must be worshipped. The root of worship is sincerity.

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards Allah, the Exalted.

Sincerity towards Allah, the Exalted, includes fulfilling all the duties given by Him in the form of commands and prohibitions, solely for His pleasure. As confirmed in a Hadith found in Sahih Bukhari, number 1, all will be judged by their intention. So if one is not sincere towards Allah, the Exalted, when performing good deeds they will gain no reward in this world or in the next. In fact, according to a Hadith found in Jami At Tirmidhi, number 3154, those who performed insincere deeds will be told on Judgement Day to seek their reward from those who they acted for, which will not be possible. Chapter 98 Al Bayyinah, verse 5.

“And they were not commanded except to worship Allah, [being] sincere to Him in religion.....”

If one is lax in fulfilling their duties towards Allah, the Exalted, it proves a lack of sincerity. Therefore, they should sincerely repent and struggle to fulfil them all. It is important to bear in mind Allah, the Exalted, never burdens one with duties they cannot perform or handle. Chapter 2 Al Baqarah, verse 286.

"Allah does not charge a soul except [with that within] its capacity...."

Being sincere towards Allah, the Exalted, means that one should always choose His pleasure over the pleasure of themselves and others. A Muslim should always give priority to those actions which are for the sake of Allah, the Exalted, over all else. One should love others and dislike their sins for the sake of Allah, the Exalted, and not for the sake of their own desires. When they help others or refuse to take part in sins it should be for the sake of Allah, the Exalted. The one who adopts this mentality has perfected their faith. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4681.

“Say, “I seek refuge in...the God of mankind.””

First of all, it is important to understand, that the major thing which separates a human from an animal is the fact that people live by a higher moral code. If people abandoned this and simply acted on their desires then there would be no difference between them and animals. In fact, people would be worse as they possess the higher level of thinking yet, still choose to live like animals.

Secondly, whether people want to admit it or not in reality, every person is a servant of something or someone. Some are servants of others, such as Hollywood executives and do whatever they command them to do even if it challenges modesty and shame. Others are servants of their relatives and friends and do whatever it takes to please them. Others are the worse by being servants of their own desires as this is the attitude of animals who generally act to please themselves. The best and highest form of servanthood is being a servant of Allah, the Exalted. This is quite evident if one turns the pages of history which clearly shows that those who were the servants of Allah, the Exalted, such as the Holy Prophets, peace be upon them, were granted the highest honour and respect in this world and will be granted this in the next. Centuries and millennia have passed yet their names are remembered as the pillars and beacons of history. Whereas those who became servants of others especially, their own desires were eventually disgraced in this world even if they achieved some worldly status and they became mere footnotes in history. The media barely remembers those who pass away for more than a few days before moving onto the next person to report on. During their lives these people eventually become sad, lonely, depressed and even suicidal as selling their souls and decency to their worldly masters did not grant them the contentment they were looking for.

One does not need to be a scholar to understand this obvious truth. So if people must be servants they should be the servants of Allah, the Exalted, as lasting honour, greatness and true success lies only in this.

“Say, “I seek refuge in...the God of mankind.””

Servanthood to Allah, the Exalted, represents the highest limit of magnification and is only appropriate to the one who has bestowed the greatest of favours. The greatest favour is to bestow life by which one can derive benefit from other favours. The other great favour is to bestow one with things which can benefit them. Both these have been granted by none other than Allah, the Exalted. The first stage of creating life is indicated in the Holy Quran for example, chapter 19 Maryam, verse 9:

“...for I created you before, while you were nothing.”

The second favour is granting things which one can benefit from. An example of this is mentioned in chapter 2 Al Baqarah, verse 29:

“It is He who created for you all of that which is on the earth...”

As these great favours and all others are granted by none other than Allah, the Exalted, therefore He alone is worthy of worship and sincere obedience, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

“Say, “I seek refuge in...the God of mankind.””

There are many Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, which advise mankind that whoever testifies that there is none worthy of worship except Allah, the Exalted, and that the Holy Prophet Muhammad, peace and blessings be upon him, is the servant and final messenger of Allah, the Exalted, will be saved from the fire of Hell. One such example is found in Sahih Bukhari, number 128.

The meaning of these Hadiths is that whoever dies while believing in this testimony will either enter Paradise and escape Hell or they will enter Hell to the extent of their sins and then eventually be allowed into Paradise where they will dwell forever. This has been advised in a Hadith found in Sahih Bukhari, number 7510.

It is important to note, that those who desire to enter Paradise without entering Hell first must not only declare their belief in Islam verbally but they must also fulfil its conditions and obligations. The testimony of faith is undoubtedly the key to Paradise but a key needs teeth in order to unlock a specific door. The teeth of the key to Paradise are its obligations and duties. Without them meaning, the key without its teeth, will not open the door to Paradise. This is proven through many Hadiths which indicate entry into Paradise requires one to fulfil the conditions and duties of Islam. For example, a Hadith found in Sahih Bukhari, number 1397, indicates that the testimony must be supported by actions in the form of the pillars of Islam, such as establishing the obligatory prayers.

The first part of the testimony namely, there is none worthy of worship save Allah, the Exalted, means that Allah, the Exalted, is the only One who must be obeyed and never disobeyed. When one accepts Allah, the Exalted, as their God they must not obey anything which leads to His disobedience as Allah, the Exalted, alone is their Master and they are only His slaves. But the moment one obeys anything which leads to the disobedience of Allah, the Exalted, then they have corrupted their belief in His Oneness which has been indicated in chapter 45 Al Jathiyah, verse 23:

“Have you seen he who has taken as his god his [own] desire...”

The Holy Quran has warned muslims that whoever commits sins is in reality worshipping the Devil as they have obeyed him over the obedience of Allah, the Exalted. Chapter 36 Yaseen, verse 60:

“Did I not enjoin upon you, O children of Adam, that you not worship Satan - [for] indeed, he is to you a clear enemy.”

The muslims who reject their desires, the desires of others and the commands of the Devil and instead only obey Allah, the Exalted, have truly taken Allah, the Exalted, as their God. These muslims have been granted

the protection of Allah, the Exalted, in both worlds. These muslims have practically actualised the testimony of Islam as they supported their verbal and internal claim with sincere actions according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. When one acts according to his traditions they have fulfilled the second aspect of the testimony namely, the Holy Prophet Muhammad, peace and blessings be upon him, is the servant and final messenger of Allah, the Exalted. These muslims are the ones referred to in a Hadith found in Sahih Bukhari, number 128. It advises they will be saved from the Hellfire by Allah, the Exalted.

The person who declares Islam with the tongue and internally accepts it is undoubtedly a muslim but their true sincere belief in the Oneness of Allah, the Exalted, is diminished according to their sins.

An aspect of truly acting on the testimony is sincerely loving Allah, the Exalted. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has indicated this in a Hadith found in Sunan Abu Dawud, number 4681. It advises that this is an aspect of perfecting one's faith. This is when one loves what Allah, the Exalted, loves and hates what He hates. As this was the characteristic of the Holy Prophet Muhammad, peace and blessings be upon him, according to a Hadith found in Sunan Ibn Majah, number 2333, muslims have been commanded to follow him. Chapter 3 Alee Imran, verse 31:

“Say, [O Muhammad], “If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins...”

It is clear from Islamic teachings that loving what Allah, the Exalted, hates and disliking what Allah, the Exalted, loves is a clear indication of a person following their own desires and obeying them over Allah, the Exalted. This attitude reduces one's belief in the Oneness of Allah, the Exalted. The following verse makes it clear that adopting this mentality is a deviation from true belief in the testimony of Islam. Chapter 9 At Tawbah, verse 24:

“Say, [O Muhammad], “If your fathers, your sons, your brothers, your wives, your relatives, wealth which you have obtained, commerce wherein you fear decline, and dwellings with which you are pleased are more beloved to you than Allah and His Messenger and striving in His cause, then wait until Allah executes His command. And Allah does not guide the defiantly disobedient people.””

The one who worships Allah, the Exalted, according to their own desires worships Him on the edge. Meaning, when they face times of ease they become pleased but when they encounter difficulties they turn away from His obedience in anger. Chapter 22 Al Hajj, verse 11:

“And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face [to unbelief]. He has lost [this] world and the Hereafter. That is what is the manifest loss.”

A Hadith found in Sahih Bukhari, number 6502, informs muslims how to correctly believe and act on the testimony of faith, which prevents one being harmed by the fire of Hell in the next world. This is to first complete the obligatory duties correctly while fulfilling all their conditions and etiquettes. Then one must add to this by performing voluntary righteous deeds, the best of which are the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This leads to the love of Allah, the Exalted, and causes Allah, the Exalted, to empower every organ of their body so that they only obey Him. This true and sincere obedience is the fulfilment of the testimony of faith. This is the sound heart which contains only the love of Allah, the Exalted, and is free of worldly desires and the love of the material world. Chapter 26 Ash Shu'ara, verses 88-89:

"The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart."

It is important to note, this does not mean a muslim becomes free from committing sins but it means they sincerely repent from them whenever they are rarely committed.

To conclude, it is vital for muslims to not only declare the testimony of Islam internally and verbally but they must also show it in their actions as this is the only way to achieve true success in this world and completely escape punishment in the next world also.

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn...””

This refuge is obtained when one gains and acts on Islamic knowledge in the sincere obedience to Allah, the Exalted, so that they avoid the traps of the Devil.

These verses are connected to chapter 29 Al Ankabut, verse 38:

“...And Satan had made pleasing to them their deeds and averted them from the path...”

As mentioned in this verse the Devil fools people into committing sins and making wrong decisions by beautifying the incorrect choice for them. This occurs in situations when a person must make a choice between two or more options. It also occurs when the choice is between the lawful and unlawful and even between two lawful options. If the Devil cannot guide someone to a sin then he attempts to guide them to the inferior option, even if it is lawful, hoping it will lead to some sort of a sin, such as a person complaining about life and destiny. The Devil beautifies a choice by causing one to focus on its apparent benefit to such a degree that they lose focus on the bigger picture and the consequences of the choice. An adult then behaves like a child who makes choices without reflecting over the

consequences of their actions. This is one of the main reasons why people commit sins. In reality, if one truly reflected on the punishment of sins they would never commit them.

Something which helps in situations like this is to mentally take a step back and assess the options by comparing their long-term benefits and harms. Only when the lawful benefits of something outweighs the harm should a person proceed. The other thing which helps is to deeply reflect on the consequences of the potential options. Some choices might be lawful but if one goes ahead with them it may make their life difficult in the long run. For example, sometimes people rush into marriage with someone they apparently love. They base their decision solely on their feelings instead of reflecting on other more important aspects, for example, if their potential future spouse will make a good life partner or a good parent and if they will help them in their obedience to Allah, the Exalted. Many marriages have ended in divorce because the couple did not reflect on the long term implications of a potential marriage. Many people often claim their spouse was very different before they got married but in most cases they have not changed at all. The truth is that before marriage they did not spend so much time with them so they did not observe certain characteristics which became obvious after marriage.

Some often rush into action and later have regrets as their choice caused them more trouble and in many cases the issue was not a big deal in the first place. This type of action can only be avoided when one reflects on the situation and observes the bigger picture meaning, the wider and long-term implications and consequences of taking a step forward.

One should not only assess if something is lawful or unlawful before making a decision. Even though, this is the most important thing to consider yet, it is not the only thing. As many lawful incorrect choices, which are beautified by the Devil, can lead to trouble further on in life.

To sum up, before making any choice a person must take a step back and reflect deeply over its lawfulness and its potential long-term benefits and harms under the guidance of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Whoever acts like this will rarely make a wrong choice they later regret.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn...””

This refuge is obtained when one gains and acts on Islamic knowledge in the sincere obedience to Allah, the Exalted, so that they avoid the traps of the Devil.

The Devil tries to convince muslims to always observe those who are worse than them in behaviour in order to justify their lack of striving in the obedience of Allah, the Exalted, and improving their character and behaviour for the better. For example, a muslim who offers their obligatory prayers once in a while will observe someone who does not pray at all in order to make themselves feel better. A thief will look at a murderer and convince themselves stealing is not so bad. The examples are endless. It is very strange how these muslims so easily observe those who appear worse than them in order to justify their lack of effort in obeying Allah, the Exalted, but these same people will not observe those who are in a worse off position than them when they face difficulties. For example, the person who suffers from back pain will not observe the one who is physically disabled so that it prevents them from complaining. This attitude has specifically been advised by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Jami At Tirmidhi, number 2513.

In addition, if observing those who appear worse in their behaviour does not save one from punishment in a worldly court, such as a thief being

pardoned by a judge because there are many murderers in the world, how can one imagine this excuse will hold up in the court of Allah, the Exalted?

Muslims should therefore avoid this trap of the Devil by observing those who appear better than them so that they are inspired to improve their character and behaviour progressively for the pleasure of Allah, the Exalted. This is what Allah, the Exalted, demands meaning, He does not demand perfection.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn...””

This refuge is obtained when one gains and acts on Islamic knowledge in the sincere obedience to Allah, the Exalted, so that they avoid the traps of the Devil.

It is important to understand that no matter how much religious knowledge one obtains or how much worship and righteous deeds they perform they will never be safe from the attacks and traps of the Devil. This is because the Devil attacks each person according to how much knowledge they possess and how much righteous deeds they perform. For example, he will try to convince the muslim who is strict in offering their obligatory prayers not to offer them in congregation at the Mosque or by convincing them to delay their obligatory prayers beyond their starting times as he knows he will not be able to convince them to completely abandon the obligatory prayers. Whereas, in respect to the muslim who is struggling to establish their obligatory prayers he will attempt to convince them that they are too difficult to establish therefore they should only offer them when they are completely free. He tries to convince those who perform many voluntary righteous deeds not to gain and act on Islamic knowledge in order to improve their character so that they continue to destroy their good deeds through bad characteristics such as, lying and backing.

The Devil aims to prevent a person from reaching a higher level if he cannot convince them to fall in rank through disobedience to Allah, the

Exalted. Therefore, muslims should always be on guard against his attacks and traps by persistently striving to increase in rank, improve their character and avoid acts of disobedience which is all achieved by gaining and acting on Islamic knowledge.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn..."”

This refuge is obtained when one gains and acts on Islamic knowledge in the sincere obedience to Allah, the Exalted, so that they avoid the traps of the Devil.

A Hadith found in Sahih Bukhari, number 3294, advises that whichever path the second rightly guided Caliph of Islam, Umar Bin Khataab, may Allah be pleased with him, took the Devil would take a different path, meaning, out of fear of him. One of the reasons why the Devil acted in this way was because he had little influence over Umar Bin Khataab, may Allah be pleased with him. The Devil cannot physically force someone to commit sins. He instead encourages them to do so through whisperings. But in order for them to be effective he requires a person to possess some sort of worldly desire. Then through his whisperings he encourages the growth of this worldly desire until it drives the person to act on it thereby committing a sin. The reason the Devil had little effect on Umar Bin Khataab, may Allah be pleased with him, was because he had removed worldly desires from his heart. His only desires were connected to pleasing Allah, the Exalted. Therefore, if muslims desire to minimise the effect the Devil has on them they should remove unnecessary desires from their heart. This only occurs when one refrains from indulging in the excess and unnecessary aspects of this material world. The more they do this the more these worldly desires will leave their heart until they reach a point where they only desire to please Allah, the Exalted, in all their actions. The Devil will flee from this person as he knows he will have little effect on them. But the more one indulges in the unnecessary aspects of this material world the more worldly

desires they will possess and therefore, the more influence the Devil will have over them.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn...””

When some face difficulties instead of firstly observing themselves and their behaviour to assess whether they need to change for the better and remain steadfast on the obedience of Allah, the Exalted, patiently waiting for relief they instead turn to uneducated and inexperienced people who claim to fix worldly things through spiritual means. These people only cause a muslim to adopt an illness which is far worse than their initial problem namely, paranoia. These people convince muslims that their problems have either been caused by supernatural creatures, such as jinns, or by black magic which someone has used against them. Even though jinns do exist it is very rare for them to affect people in their worldly matters. This incorrect advice causes muslims to become severely paranoid and superstitious over petty things and it even causes them to grow suspicious over their friends and relatives. This only leads to enmity and fractured relationships. This attitude will also damage one's faith in Allah, the Exalted, as they will be advised in many cases to do things which are not advised in the Holy Quran or the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

It is important for muslims to strengthen their faith through gaining and acting on Islamic knowledge. This will prevent them turning to such foolish people who cannot even fix their own problems let alone fix the problems of others. Strong faith will prevent paranoia affecting them as they will fully rely on Allah, the Exalted, in all situations. Strong faith allows a muslim to understand that even if the entire creation desired to harm them they will not be able to do so unless Allah, the Exalted, allowed it. Similarly, the

entire creation cannot benefit them unless Allah, the Exalted, wills it. And every case and situation only occurs according to a set and unchangeable plan namely, destiny. This has been advised throughout the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, such as the far reaching Hadith found in Jami At Tirmidhi, number 2516.

To conclude, a muslim when encountering a problem should firstly assess their own behaviour and rectify it if necessary and then remain obedient to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and avoid further problems in the form of paranoia by avoiding people who claim to fix worldly problems in spiritual ways.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against bad companionship.

In a Hadith found in Sahih Bukhari, number 5534, the Holy Prophet Muhammad, peace and blessings be upon him, described the difference between a good and bad companion. The good companion is like a person who sells perfume. Their companion will either obtain some perfume or at least be affected by the pleasant smell. Whereas, a bad companion is like a blacksmith, if their companion does not burn their clothes they will certainly be affected by the smoke.

Muslims must understand that the people they accompany will have an effect on them whether this affect is positive or negative, obvious or subtle. It is not possible to accompany someone and not be affected by it. A Hadith found in Sunan Abu Dawud, number 4833, confirms that a person is on their companion's religion. Meaning, a person adopts the characteristics of their companion. It is therefore important for muslims to always accompany the righteous as they will undoubtedly affect them in a positive way meaning, they will inspire them to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. Whereas, bad companions will either inspire one to disobey Allah, the Exalted, or they will encourage a muslim to concentrate on the material world over preparing for the hereafter. This attitude will become a

great regret for them on Judgment Day even if the things they strive for are lawful but beyond their needs.

Finally, as a person will end up with those they love in the hereafter according to the Hadith found in Sahih Bukhari, number 3688, a muslim must practically show they love for the righteous by accompanying them in this world. But if they accompany bad or heedless people then it proves and indicates they love for them and their ultimate destination in the hereafter. Chapter 43 Az Zukhruf, verse 67:

“Close friends, that Day, will be enemies to each other, except for the righteous.”

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against bad companionship.

A part of hypocrisy is that a person not only commits evil deeds themselves and abstains from righteous deeds but they encourage others to do the same. They want others to be in the same boat as them so that they find some comfort in their evil character. They not only drown themselves but take others down with them. Muslims must know that a person will be held accountable for every other person who commits a sin because of their invitation. This person will be treated as if they committed the sin even though they only invited others towards it. This has been confirmed in a Hadith found in Sunan Ibn Majah, number 203. This is why some have said that blessed is the person whose evil dies with them because their sins will increase if others act on their evil advice even though they are no longer alive.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against bad companionship.

A sign of hypocrisy is that a person spreads corruption in society. This negative characteristic affects all social levels beginning from a family unit and ending at the international level. This type of person dislikes seeing people uniting on good as this may cause the worldly status of others to increase beyond their own. This drives them to backbiting and slander in order to cause people to turn against each other. Their evil attitude destroys their own ties of kinship and when they observe other families who are happy it drives them to destroy their happiness also. They are fault finders who dedicate their time unveiling the mistakes of others in order to drag their social status down. They are the first people to begin gossiping about others and act deaf whenever good things are spoken about. Peace and quiet disturbs them so they seek to create problems in order to entertain themselves. They fail to remember the Hadith found in Sunan Ibn Majah, number 2546. It advises that whoever covers the faults of others Allah, the Exalted, will cover their faults. But whoever seeks out and unveils the faults of others Allah, the Exalted, will expose their faults to the people. So in reality, this type of person is only unveiling their own faults to society even though they believe they are exposing the faults of others.

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

In a Hadith found in Sahih Muslim, number 290, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the one who spreads malicious gossip will not enter Paradise.

This is the one who spreads gossip whether it is true or not and it leads to problems between people, fractured and broken relationships. This is an evil characteristic and those who behave in such a manner are in fact human devils as this mentality belongs to none other than the Devil as he always strives to cause separation between people. Allah, the Exalted has cursed this type of person in the Holy Quran. Chapter 104 Al Humazah, verse 1:

“Woe to every scorner and mocker.”

How can one expect Allah, the Exalted, to fix their problems and bestow them with blessings if this curse has surrounded them? The only time tale bearing is acceptable is when one is warning others of a danger.

It is a duty on a muslim not to pay any attention to a tale bearer as they are wicked people who should not be trusted or believed. Chapter 49 Al Hujurat, verse 6:

“O you who have believed, if there comes to you a disobedient one with information, investigate, lest you harm a people out of ignorance...”

A muslim should forbid the tale bearer from continuing with this evil characteristic and urge them to sincerely repent. As commanded in the Holy Quran a muslim should not harbour any ill will against the person that supposedly said something bad about them. Chapter 49 Al Hujurat, verse 12:

“O you who have believed, avoid much [negative] assumption. Indeed, some assumption is sin...”

This same verse teaches muslims not to try to prove or disprove the tale bearer by spying on others. Chapter 49 Al Hujurat, verse 12:

“...And do not spy...”

Instead the tale bearer should be ignored. A muslim should not mention the information given to them by the tale bearer to another person or mention the tale bearer as this would make them a tale bearer as well.

Muslims should avoid tale bearing and the company of tale bearers as they can never be worthy of trust or companionship until they sincerely repent.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

In a Hadith found in Sahih Muslim, number 6593, the Holy Prophet Muhammad, peace and blessings be upon him, explained the meaning of backbiting and slander.

Backbiting is when one criticizes someone behind their back in a way which would be displeasing to them even though it is the truth. Whereas, slander is similar to backbiting except that the statement is not true. These sins mainly involve speech but can include other things, such as using hand signals. These are major sins and backbiting has been compared to eating the flesh of a dead corpse in the Holy Quran. Chapter 49 Al Hujurat, verse 12:

“...And do not spy or backbite each other. Would one of you like to eat the flesh of his brother when dead? You would detest it...”

It is important to understand that these sins are worse than most of the sins which are between a person and Allah, the Exalted. This is because the sins between a person and Allah, the Exalted, will be forgiven by Him if the sinner sincerely repents. But Allah, the Exalted, will not forgive a backbiter or a slanderer until their victim forgives them first. If they do not then on

Judgment day the good deeds of the backbiter/slanderer will be given to their victim as compensation and if needed the sins of the victim will be given to their backbiter/slanderer until justice is established. This may well cause the backbiter/slanderer to be hurled into Hell. This has been confirmed in a Hadith found in Sahih Muslim, number 6579.

The only times backbiting is lawful is if one is warning and protecting another person of harm or if a person is resolving a complaint against another with a third party, such as a legal case.

One should avoid backbiting and slandering by firstly gaining knowledge on the evil consequences of these major sins. Secondly, a person should only utter words which they would happily say in front of the person full well knowing they would not take it in an offensive way. Thirdly, a muslim should only utter words about another if they would not mind someone else saying those or similar words about them. Meaning, they should talk about others how they want people to talk about them. Finally, a muslim should concentrate on fixing their own faults and when done sincerely it will prevent them from backbiting and slandering others.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind."”

In a Hadith found in Sunan Abu Dawud, number 4860, the Holy Prophet Muhammad, peace and blessings be upon him, warned people against speaking negatively about others as this causes ill feelings towards them in people's hearts.

It is often observed that families especially, from the Asian community, become broken over time. This is one of the biggest complaints family members, such as parents often have. They wonder why their children have become separated even though they were once firmly together.

One of the main reasons the relationships between relatives become fractured is because someone has spoken negatively about a person's relative to them. This is often done by a family member. For example, a mother will speak negatively about her son to her other child. This leads to enmity between the two relatives and over time it builds up and creates a wedge between the two. Those who were once like one person become like strangers to one another.

It is important to understand that people are not Angels. Except for a very few, when a negative thing is said to a person about another they will get

affected by it even if they do not desire this to occur. This enmity still occurs even if the initial person who spoke negatively about someone's relative does not intend to create a wedge between relatives. Some often act in this way out of habit and are not trying to damage relationships. For example, parents often adopt this habit and there is no doubt they do not desire the relationships of their children to become fractured or broken.

This attitude has such a serious impact on people's mentality that it also affects relatives that very rarely see or converse with each other. For example, a person will mention negative things about a person's relative to them even though their relative may not even live in the same country as them. This behaviour implants enmity within their heart and with the passing of time they will find that they dislike their distant relative even though they barely know them.

This issue often occurs when two people discuss negative things about others in front of other people. For example, parents may discuss negative things about their relatives in front of their children. Even though, they are not telling their children directly none the less it still affects their hearts. If one truly reflected for a moment they will realise that the majority of the ill feelings they have towards others were not caused by what that person did or said to them directly. In most cases, it occurred because of a third party who mentioned something negative about that person to them.

In cases where one is trying to warn another of some danger then it is perfectly acceptable to mention another person in a negative way. If one is trying to teach another person a lesson for example, if a mother desires to

teach one of her children not to behave as their sibling did they then should follow the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him, and mention the negative thing without naming the person. An example of this beautiful mentality is discussed in a Hadith found in Sahih Bukhari, number 6979. Mentioning a negative thing without naming the person is good enough to teach someone a lesson.

To conclude, muslims should ponder deeply before speaking negatively about their relatives or others, privately or publically. Otherwise, they may well find as time passes their family becomes separated and emotionally distant from one another.

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against bad companionship.

In a Hadith found in Jami At Tirmidhi, number 2674, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the one who guides others to something good will receive the same reward as those who act on their advice. And those who guide others to sins will be held accountable as if they committed the sins.

It is important for muslims to be careful when advising and guiding others. A muslim should only advise others in matters of good so that they gain reward from it and avoid advising others to disobey Allah, the Exalted. A person will not escape punishment on Judgment Day by simply claiming they are only inviting others towards sins even if they did not commit the sins themselves. Allah, the Exalted, will hold both the guide and the follower accountable for their actions. Muslims should therefore only advise others to do the things they would do themselves. If they dislike an action being recorded in their book of deeds they should not advise others to perform that action.

Because of this Islamic principle muslims should ensure they gain the adequate knowledge before advising others as they can easily multiply their own sins if they incorrectly advise others.

In addition, this principle is an extremely easy way for muslims to gain reward for actions they cannot perform themselves due to a lack of means, such as wealth. For example, a person who is not financially able to donate charity can encourage others to do so and this will result in them gaining the same reward as the one who gave charity.

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses also encourages one to purify their spiritual heart as evil whisperings comes from one’s own inner devil as well.

In a Hadith found in Sahih Bukhari, number 52, the Holy Prophet Muhammad, peace and blessings be upon him, advised that if one’s spiritual heart is sound the whole body will become sound but if their spiritual heart is corrupt then the whole body will become corrupt.

First of all, this Hadith refutes the foolish belief where one claims to have a purified heart even though their speech and actions are bad. This is because what is inside will eventually manifest outwardly.

The purification of the spiritual heart is only possible when one eliminates evil characteristics from themselves and replaces them with good characteristics discussed in Islamic teachings. This is only possible when one learns and acts on Islamic teachings so that they can sincerely fulfill the commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Behaving in this manner will lead to a purified spiritual heart. This purification will then reflect in the outward limbs of the body, such as one's tongue and eyes. Meaning, they will only use their organs in ways pleasing to Allah, the Exalted. This is in fact a sign showing the love

Allah, the Exalted, has for His righteous servant according to a Hadith found in Sahih Bukhari, number 6502.

It is important to note, that this purification will guide one through all worldly difficulties successfully so that they achieve both worldly and religious success.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against choosing the wrong role model.

If one turns the pages of history they will observe many people who achieved great worldly success and in some cases benefited mankind yet, they will also observe at least one thing which taints their achievements. But if one observes the life of the Holy Prophet Muhammad, peace and blessings be upon him, they will observe nothing except success and countless things which benefit mankind. Even though, there are people who falsely criticise the Holy Prophet Muhammad, peace and blessings be upon him, it is quite evident from his highly accurate and detailed biography which has been verified by reliable muslim and non-muslim historians that this criticism is based on nothing but falsehood. This is why muslims must put aside all role models and instead study and adopt the flawless character of the Holy Prophet Muhammad, peace and blessings be upon him, as this is the only way to achieve real untainted success in both one's worldly and religious life. Chapter 3 Alee Imran, verse 31:

“Say, [O Muhammad], "If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins...”

There is no goal greater than this in this world. In fact, this is what people irrespective of their faith strive to achieve. And Allah, the Exalted, has placed all of it in the footsteps of his Holy Prophet Muhammad, peace and blessings be upon him. Chapter 33 Al Ahzab, verse 21:

“There has certainly been for you in the Messenger of Allah an excellent pattern for anyone whose hope is in Allah and the Last Day and [who] remembers Allah often.”

It is simple, if a person desires worldly and religious success they should follow in the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him. But if they choose a path other than his whatever tainted success they achieve will eventually become a burden for them and it may lead to a punishment on a Great Day.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind."”

The retreating whisperer in respect to people include those who are all talk and no action.

An aspect of hypocrisy is when one verbally shows support for others and their good projects such as, building a mosque but when the time comes to take part in the project such as, donating wealth they seem to disappear. Similarly, when people are facing good times they verbally support them reminding others of their loyalty to them. But the moment the people face difficulties these hypocrites offer no emotional or physical support. Instead they criticize them. This was the attitude of the hypocrites in the time of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 4 An Nisa, verse 62:

“So how [will it be] when disaster strikes them because of what their hands have put forth and then they come to you swearing by Allah, "We intended nothing but good conduct and accommodation."”

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

These verse remind muslims the importance of remaining steadfast whenever they are attacked by their enemies namely, the Devil, their inner Devil and those who invite them towards the disobedience of Allah, the Exalted. A muslim should not turn their back on the obedience of Allah, the Exalted, whenever they are tempted by these enemies. They should instead remain steadfast on the obedience to Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This is achieved by avoiding the places, things and people who invite and tempt them towards sins and the disobedience of Allah, the Exalted. Avoiding the traps of the Devil is only achieved through gaining and acting on Islamic knowledge. The same way traps on a path are only avoided by possessing knowledge of them similarly; Islamic knowledge is required to avoid the traps of the Devil. For example, a muslim might spend much time reciting the Holy Quran but because of their ignorance they might destroy their righteous deeds without realising it through sins such as, backbiting. A muslim is bound to face these attacks so they should therefore prepare for them through the sincere obedience of Allah, the Exalted, and in return gain an uncountable reward. Allah, the Exalted, has guaranteed right guidance for those who struggle in this way for His sake. Chapter 29 Al Ankabut, verse 69:

“And those who strive for Us - We will surely guide them to Our ways...”

Whereas facing these attacks with ignorance and disobedience will only lead one to difficulties and disgrace in both worlds. The same way a soldier that possesses no weapons to defend himself would be defeated; an ignorant muslim will have no weapon to defend himself when facing these attacks which will result in their defeat. Whereas, the knowledgeable muslim is provided with the most powerful weapon which cannot be overcome or beaten namely, sincere obedience of Allah, the Exalted. This is only achieved through sincerely gaining and acting on Islamic knowledge.

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

When one reflects on the main verses under discussion while bearing in mind the teachings of other verses of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, they do not seem to be magnifying the two specific evils mentioned namely, the Jinn, such as the Devil, and the evil of people, so that one becomes overly fearful of them. Instead, these verses are making people aware of the fact that the Devil and his minions, from the Jinn and mankind, are plotting against them but as long as they seek the refuge of Allah, the Exalted, through His sincere obedience, they will be protected from their evil, even if this protection is not obvious to them. Meaning, they should not be feared, instead Allah, the Exalted, alone must be feared and obeyed. Chapter 3 Alee Imran, verse 175:

“That is only Satan who frightens [you] of his supporters. So fear them not, but fear Me, if you are [indeed] believers.”

And chapter 4 An Nisa, verse 76:

“...Indeed, the plot of Satan has ever been weak.”

If the main verses are magnifying these two evils it seems as though there is somewhat of a discrepancy between these verses and other Islamic teachings. Other teachings make it clear that Allah, the Exalted, decrees harm and benefit and no other has any say in the matter. For example, chapter 57 Al Hadid, verse 22:

“No disaster strikes upon the earth or among yourselves except that it is in a register before We bring it into being - indeed that, for Allāh, is easy.”

And chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allāh has decreed for us; He is our protector.” And upon Allāh let the believers rely.””

And the Hadith which is discussed in detail below teaches this same concept. There are countless other examples. Therefore, it seems that the two specific evils mentioned in the main verses under discussion are being dismissed rather than magnified. One must bear in mind that the fear of these two evils was extremely prevalent in the time of the Holy Prophet Muhammad, peace and blessings be upon him. This fear resulted in people committing acts of polytheism and other major sins, such as compromising

on the truth, in order to protect themselves from them. For example, chapter 72 Al Jinn, verse 6:

“Men have sought refuge with the jinn in the past, but they only misguided them further.”

Therefore, Allah, the Exalted, dismissed this fear that people felt by declaring that as He alone created and controls all creatures He alone should be feared and sought for protection through His sincere obedience.

Finally, the Holy Prophet Muhammad, peace and blessings be upon him, indicated the infinite and absolute power and authority of Allah, the Exalted, in a Hadith found in Jami At Tirmidhi, number 2516. This Hadith advises that the entire creation cannot benefit a person if Allah, the Exalted, did not desire them to do so. Similarly, the entire creation together could not harm someone if Allah, the Exalted, did not desire them to. This means only what Allah, the Exalted, decides happens within the universe. It is important to note, that this advice does not indicate one should abandon using means, such as medicine, but it means that one can use the means as they have been created by none other than Allah, the Exalted, but they must understand that Allah, the Exalted, is the only One who decides the outcome of all things. For example, there are many sick people who take medicine and recover from their illness. But there are others who take medicine and do not recover. This indicates that another factor decides the end result namely, the will of Allah, the Exalted. Chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allah has decreed for us...”

The one who understands this knows that anything that affected them could not have been avoided. And those things which missed them could never have been obtained.

It is important to note, that whatever the end result even if it is against a person's desire they should remain patient and truly believe Allah, the Exalted, has chosen the best for them even if they do not observe the wisdom behind the outcome. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

When one truly understands this truth they stop relying on the creation knowing they cannot innately harm or benefit them. Instead, they turn to Allah, the Exalted, seeking His support and protection through sincere obedience by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This leads a muslim to trusting in Allah, the Exalted. It also encourages one to only fear Allah, the Exalted, as they know the creation cannot harm them without the will of Allah, the Exalted.

Recognising that all things which occur within one's life and the universe originate from Allah, the Exalted, is a part of understanding the Oneness of Allah, the Exalted. This is a topic which has no end and goes beyond only superficially believing that there is none worthy of worship except Allah, the Exalted. When this is fixed in one's heart then they only hope in Allah, the Exalted, knowing He is the only One who can help them. They will only submit and obey Allah, the Exalted, in all aspects of their life. In reality, a person only obeys another in order to receive protection from harm or gain some benefit. Only Allah, the Exalted, can grant this therefore only He deserves to be obeyed and worshipped. If anyone chooses the obedience of another over the obedience of Allah, the Exalted, this shows they believe that this other can bring them some sort of benefit or protect them from harm. This is a sign of the weakness of their faith. The source of all things which occur is Allah, the Exalted, so muslims should only obey Him. Chapter 35 Fatir, verse 2:

“Whatever Allah grants to people of mercy - none can withhold it; and whatever He withholds - none can release it thereafter...”

It is important to note, that obeying a person which encourages the obedience of Allah, the Exalted, in reality is obeying Allah, the Exalted. For example, obeying the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 4 An Nisa, verse 80:

“He who obeys the Messenger has obeyed Allah...”

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

In a divine Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 6502, Allah, the Exalted, declares is that when one strives in fulfilling the obligatory duties and performing voluntary righteous deeds He blesses their five senses so that they use them in obedience to Him. This righteous servant will very rarely commit sins. This increase in guidance has been indicated in Chapter 29 Al Ankabut, verse 69:

“And those who strive for Us - We will surely guide them to Our ways...”

This muslim reaches the level of excellence which has been discussed in a Hadith found in Sahih Muslim, number 99. This is when a muslim performs actions, such as the prayer, as if they observe Allah, the Exalted. The one who reaches this level will guard their mind and body from sins. This is the one who when they speak they speak for Allah, the Exalted, when they are silent they are silent for Allah, the Exalted. When they act they act for Him

and when they are still they are for His sake. This is an aspect of monotheism and understanding the Oneness of Allah, the Exalted.

The next thing mentioned in the main Hadith under discussion is that this muslim's supplication will be fulfilled and they will be granted the refuge and protection of Allah, the Exalted. This is a clear lesson for those who desire lawful worldly things. They should not seek to obtain them using any means except through the sincere obedience of Allah, the Exalted. No spiritual teacher or anyone else will be able to grant things to a person unless the person strives in the obedience of Allah, the Exalted and they are destined to obtain those things.

To conclude this Hadith makes it clear that the proximity of Allah, the Exalted, is only gained through sincere obedience to Him in the form of fulfilling His commands, refraining from His prohibitions and being patient with destiny. This is the path of the Holy Prophet Muhammad, peace and blessings be upon him, and the only path of success in both worlds.

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

In a Hadith found in Sunan Ibn Majah, number 1081, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims how to gain blessings in their provision, divine support and an improvement in their condition and state.

The first thing is to sincerely repent to Allah, the Exalted, before one dies. As the time of death is unknown this Hadith actually indicates sincerely repenting whenever one commits a sin meaning, repenting without delay. This consists of seeking forgiveness from Allah, the Exalted, and whoever else has been wronged, feeling regret, making a firm promise not to commit the same or a similar sin again. And finally, if possible, to make up for any rights which have been violated in respect to Allah, the Exalted, and people.

The next thing advised in the main Hadith is that a muslim must make use of their time before they become preoccupied with responsibilities, an

illness or a difficulty. A muslim can achieve this by obeying Allah, the Exalted, through fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. They must hasten to perform righteous deeds within their means as much as possible without delay as the tomorrow they hope for may never come. It is hoped that the one who behaves in this manner will be supported by Allah, the Exalted, when they are no longer in a position to perform extra righteous deeds due to a change in circumstances.

The next thing mentioned in the main Hadith is that a muslim must strengthen their bond with Allah, the Exalted, by remembering Him much. True remembrance of Allah, the Exalted, consists of three levels. The first is internal remembrance meaning, sincerity to Him. The second level consists of remembering Allah, the Exalted, by speaking good words and avoiding vain and sinful speech. And the highest level is to sincerely obey Allah, the Exalted, through one's actions as outlined earlier.

The final thing mentioned in the main Hadith is giving much charity both hidden and open. This includes both the obligatory and voluntary charity. It is important to note, this means giving charity according to one's means whether it is much or little. Allah, the Exalted, does not observe quantity He observes and judges actions based on quality meaning, one's sincerity. This has been indicated in a Hadith found in Sahih Bukhari, number 1. This leaves muslims with no excuses but to give charity according to their means. In addition, it is important to give charity regularly instead of once in a while as regular deeds are more beloved to Allah, the Exalted, even if they are little. This has been advised in a Hadith found in Sahih Bukhari, number 6465. Finally, those who desire to encourage others to give charity can give it publically. This will lead to them gaining the same reward as

those who donate because of their inspiration. This has been advised in a Hadith found in Sahih Muslim, number 2351. But those who are fearful of showing off, which cancels their reward, should do so privately. Islam has provided many options and opportunities for muslims to gain much reward which lead to the removal of their burdens in both worlds.

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

These verses are connected to chapter 7 Al A'raf, verse 201:

“Indeed, those who fear Allah - when an impulse touches them from Satan, they remember [Him] and at once they have insight.”

In a Hadith found in Sahih Bukhari, number 6407, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the difference between the person who remembers Allah, the Exalted, and the one who does not is like a living person compared to a dead person.

It is important for muslims who desire to create a strong connection with Allah, the Exalted, so that they can overcome all difficulties in this world and in the hereafter successfully to remember Allah, the Exalted, as much as possible. Put simply, the more they remember Him the more they will achieve this vital goal.

This is achieved by practically acting on the three levels of the remembrance of Allah, the Exalted. The first level is to remember Allah, the Exalted, internally and silently. This includes correcting one's intention so that they only act in order to please Allah, the Exalted. The second is by remembering Allah, the Exalted, through one's tongue. But the highest and most effective way of strengthening one's bond with Allah, the Exalted, is practically remembering Him with one's limbs. This is achieved by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This requires one to gain and act on Islamic knowledge which in turn is the root of all good and success in both worlds.

Those who remain on the first two levels will receive reward depending on their intention but they are unlikely to increase the strength of their faith and piety unless they move to the third and highest level of the remembrance of Allah, the Exalted.

Useless Knowledge

In a Hadith found in Sunan An Nasai, number 5444, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from knowledge that is of no benefit.

In a Hadith found in Sunan Ibn Majah, number 253, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the one who obtains religious knowledge in order to show off to scholars, argue with others or attract attention to themselves will go to Hell.

Even though, the foundation of all good in both worldly and religious matters is knowledge muslims must understand that knowledge will only benefit them when they firstly correct their intention. Meaning, they strive to obtain and act on knowledge in order to please Allah, the Exalted. All other reasons will only lead to a loss of reward and even punishment if a muslim fails to sincerely repent.

In reality, knowledge is like rain water which falls on different types of trees. Some trees grow by this water in order to benefit others such as a fruit tree. Whereas, other trees grow by this water and become a nuisance to others such as a thorny tree. Even though, the rain water is the same in both cases but the outcome is very different. Similarly, religious knowledge is the same for people but if one adopts the incorrect intention then it will become a means of their destruction.

Conversely, if one adopts the correct intention it will become a means of their salvation.

Muslims should therefore correct their intention in all matters as they will be judged on this. This is confirmed in a Hadith found in Sahih Bukhari, number 1. And they should remember that one of the first people to enter Hell will be a scholar who only obtained knowledge in order to show off to others. This has been warned in a Hadith found in Sahih Muslim, number 4923.

To conclude, only obtaining and acting on useful knowledge with the correct intention is true beneficial knowledge.

Whoever conceals knowledge without a valid reason will be bridled with fire on Judgment Day. This is confirmed in a Hadith found in Jami At Tirmidhi, number 2649. Therefore, muslims must share the useful knowledge their gain with others. It is simply foolish not to as this is one of the righteous deeds which will benefit a muslim even after they die. This has been advised in a Hadith found in Sunan Ibn Majah, number 241. Those who hoarded knowledge were forgotten by history but those who shared it with others became known as the scholars and teachers of mankind.

In a Hadith found in Sunan An Nasai, number 5444, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from knowledge that is of no benefit.

In a Hadith found in Sahih Muslim, number 6853, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever follows a path seeking knowledge Allah, the Exalted, will make the path to Paradise easy for them.

This indicates both a physical path someone takes seeking knowledge, such as attending lectures and classes, and a path whereby someone seeks knowledge without a physical journey. It encompasses all forms of knowledge, such as listening, reading, studying and writing about knowledge. The path to Paradise has many obstacles preventing a muslim from reaching it. Only the one who possesses knowledge of them and how to overcome them will reach Paradise safely. In addition, it easily understood that a person cannot reach a city in this world without knowledge of its location and the route which leads to it. Similarly, Paradise cannot be obtained without knowing these things about it, such as the path leading to it.

But the important thing to note is that a muslim's intention to seek and act on knowledge must be to please Allah, the Exalted. Whoever seeks religious knowledge for a worldly reason, such as showing off, will end up in Hell if they fail to sincerely repent. This has been warned in a Hadith found in Sunan Ibn Majah, number 253.

In addition, a muslim must strive to act on their knowledge as knowledge without action is of no value or benefit. This is like the one who possesses knowledge of a path to safety but does not take it and instead remains in an area full of dangers. This is why knowledge can be split into two categories. The first is when one acts on their knowledge, which leads to piety and an increase in the obedience of Allah, the Exalted. The second is when one fails to act on their knowledge. This type will not increase one's obedience to Allah, the Exalted, in fact, it will only increase them in arrogance believing they are superior to others even though they are like donkeys which carry books that do not benefit it. Chapter 62 Al Jumu'ah, verse 5:

“...and then did not take it on (did not act on their knowledge) is like that of a donkey who carries volumes [of books]...”

Pride

In a Hadith found in Sunan An Nasai, number 5444, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from a heart that does not feel humble.

The servants of Allah, the Exalted, have understood that anything good they possess is solely because Allah, the Exalted, granted it to them. And any evil they are saved from is because Allah, the Exalted, protected them. Is it not foolish to be proud of something that does not belong to someone? Just like a person does not boast about a sports car which does not belong to them Muslims must realize nothing in reality belongs to them. This attitude ensures one remains humble at all times. The humble servants of Allah, the Exalted, fully believe in the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 5673, which declares that the righteous deeds of a person will not take them to Paradise. Only the mercy of Allah, the Exalted, can cause this to occur. This is because every righteous deed is only possible when Allah, the Exalted, provides one with the knowledge, strength, opportunity and inspiration to perform it. Even the acceptance of the deed is dependent on the mercy of Allah, the Exalted. When one bears this in mind it saves them from pride and inspires them to adopt humility. One should always remember that being humble is not a sign of weakness as Islam has encouraged one to defend themselves if necessary. In other words, Islam teaches Muslims to be humble without weakness. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 2029, that whoever humbles themselves before Allah, the Exalted, will be raised by Him. So in reality, humility leads to honor in both worlds. One only needs to reflect on the most humble of the creation to understand this fact namely, the Holy Prophet

Muhammad, peace and blessings be upon him. Allah, the Exalted, has clearly ordered people by ordering the Holy Prophet Muhammad, peace and blessings be upon him, to adopt this important quality. Chapter 26 Ash Shu'ara, verse 215:

“And lower your wing [i.e., show kindness] to those who follow you of the believers.”

The Holy Prophet Muhammad, peace and blessings be upon him, led a humble life. For example, he happily carried out the domestic duties at home thereby proving these chores are gender-neutral. This is confirmed in Imam Bukhari's, Adab Al Mufrad, number 538.

Humility is an inner characteristic that manifests outwards such as the way one walks. This is discussed in another verse chapter 31 Luqman, verse 18:

“And do not turn your cheek [in contempt] toward people and do not walk through the earth exultantly...”

Allah, the Exalted, has made it clear that Paradise is for the humble servants who possess no trace of pride. Chapter 28 Al Qasas, verse 83:

“That home of the Hereafter We assign to those who do not desire exaltedness upon the earth or corruption. And the [best] outcome is for the righteous.”

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 1998, that whoever possesses an atom's worth of pride will not enter Paradise. Only Allah, the Exalted, has the right to be proud as He is the Creator, Sustainer and Owner of the entire universe.

It is important to note, pride is when one believes they are superior to others and rejects the truth when it is presented to them as they dislike accepting the truth when it comes from other than them. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4092.

Unanswered Supplications

In a Hadith found in Sunan An Nasai, number 5444, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from a supplication that is not heard.

In a Hadith found in Jami At Tirmidhi, number 3371, the Holy Prophet Muhammad, peace and blessings be upon him, advised that supplication is the essence of worship.

This is because it is a practical demonstration of humility and one's servant hood to Allah, the Exalted, as it is befitting for the servant to ask from the Master.

It is important to know that according to a Hadith found in Jami At Tirmidhi, number 3604, every good supplication is accepted in three ways. It is either fulfilled, the equivalent reward is given in the hereafter or an equivalent evil is removed from one's life.

In chapter 40 Ghafir, verse 60, Allah, the Exalted, guarantees a response to all those who perform supplication. Therefore, one should always bear this in mind and persist in supplications.

“And your Lord says, “Call upon Me; I will respond to you...”

Even before supplicating one should ensure their earnings are lawful and what they consume is lawful. The Holy Prophet Muhammad, peace and blessings be upon him, has clearly warned in a Hadith found in Jami At Tirmidhi, number 2989, that the supplication of a person who earns and consumes the unlawful will never be accepted.

The first etiquette of supplication is that one should try to face the Qibla when supplicating. This was the tradition of the Holy Prophet Muhammad, peace and blessings be upon him. An example of this action is found in Sunan An Nasai, number 2899.

One should raise their hands begging Allah, the Exalted, to fulfill their desire as this was the practice of the Holy Prophet Muhammad, peace and blessings be upon him. This is confirmed in a Hadith found in Sahih Bukhari, number 1030.

In a Hadith found in Jami At Tirmidhi, number 3556, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, is too shy and generous to turn away a beggar empty handed who raises their hands to Him.

One should begin and conclude their supplication by first praising Allah, the Exalted, and then sending blessings upon the Holy Prophet Muhammad, peace and blessings be upon him. This has been advised in a Hadith found in Sunan Abu Dawud, number 1481.

In fact, as mentioned in a Hadith found in Jami At Tirmidhi, number 486, a person's supplication remains suspended between the Heavens and the Earth until they send blessings upon the Holy Prophet Muhammad, peace and blessings be upon him.

One should praise Allah, the Exalted, with phrases mentioned in the Holy Quran or the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him. The beautiful names of Allah, the Exalted, are found extensively throughout these divine teachings and should be utilised. For example, chapter 59 Al Hashr, verse 24:

“He is Allah, the Creator, the Producer, the Fashioner; to Him belong the best names...”

The best supplications are found in the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, and therefore should be used. For example, chapter 14 Ibrahim, verse 41:

“Our Lord, forgive me and my parents and the believers the Day the account is established.”

But it is absolutely acceptable to supplicate for specific things as long as they are lawful.

As advised in the Holy Quran one should supplicate to Allah, the Exalted, with humility hoping for His mercy and in fear of His greatness. Chapter 7 Al A'raf, verse 56:

“...And invoke Him in fear and aspiration...”

It is vital to supplicate with enthusiasm full well believing Allah, the Exalted, will fulfil one's needs. In addition, as advised in a Hadith found in Jami At Tirmidhi, number 3479, Allah, the Exalted, does not respond to someone who supplicates while heedless or distracted.

The Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Jami At Tirmidhi, number 3505, that when the following verse of the Holy Quran is recited the supplication is always accepted. Chapter 21 Al Anbiya, verse 87:

“...There is no deity except You; exalted are You. Indeed, I have been of the wrongdoers.”

One should seal their supplication with the word, Ameen, as this ensures its acceptance. This has been advised in a Hadith found in Sunan Abu Dawud, number 938.

After the supplication is concluded it is a practice of the Holy Prophet Muhammad, peace and blessings be upon him, to wipe one's hands over their face. This is confirmed in a Hadith found in Sunan Abu Dawud, number 1492.

Finally, one should be persistent in supplicating as giving up is a hasty action which can lead to the supplication being unfulfilled. This warning is given in a Hadith found in Jami At Tirmidhi, number 3387.

One should make it a habit to remember Allah, the Exalted, in times of ease so that Allah, the Exalted, will help them in times of difficulty. This is advised in a Hadith found in Musnad Ahmad, number 2803. As advised in a Hadith found in Jami At Tirmidhi, number 3499, Allah, the Exalted, readily accepts the supplication made after the obligatory prayers and in the last part of the night. A Hadith found in Sahih Bukhari, number 6321, advises that in the last part of the night the divine descent occurs at which point Allah, the Exalted, calls out and responds to supplications. There is a Hadith found in Sunan Abu Dawud, number 521, which advises that the supplication between the two call to prayers is never rejected. The Holy Prophet Muhammad, peace and blessings

be upon him, has declared that a muslim is closest to Allah, the Exalted, while they are prostrating and they should therefore supplicate to Him at this time. This is confirmed in a Hadith found in Sunan An Nasai, number 1138. As mentioned in a Hadith found in Sunan Abu Dawud, number 1046, there is an hour during every Friday where Allah, the Exalted, readily accepts supplications. When a fasting person breaks their fast their supplication is also accepted. This has been advised in a Hadith found in Sunan Ibn Majah, number 1753. One should ask the sick to supplicate for them as it has been advised in a Hadith found in Sunan Ibn Majah, number 1441, that their supplications are like the supplications of the Angels. The supplication made when drinking Zamzam water is always accepted. This has been advised in a Hadith found in Sunan Ibn Majah, number 3062. A Hadith found in Sunan Abu Dawud, number 2540, advises that the supplication at the time when it rains is accepted. A Hadith found in Sunan Abu Dawud, number 1534, encourages people to supplicate for others in their absence as they are readily accepted. If one is facing any form of oppression they should supplicate to Allah, the Exalted, as they will be accepted. This has been advised in a Hadith found in Jami At Tirmidhi, number 1905. This same Hadith advises that the supplication of the traveller is never rejected. Finally, one should encourage their parents to supplicate for them as they are readily accepted. This is supported by a Hadith found in Sunan Ibn Majah, number 3862.

Some do not regularly supplicate to Allah, the Exalted, as they claim that He is All Aware and requires no one to inform Him of their desires. Even though, this is a fact it is better to supplicate as this is the tradition of all the Holy Prophets, peace be upon them all, and has been advised in the Holy Quran. Chapter 40 Ghafir, verse 60:

“And your Lord says, “Call upon Me; I will respond to you.” Indeed, those who disdain My worship will enter Hell [rendered] contemptible.”

Supplicating is an excellent way to demonstrate one's humility and servanthood to Allah, the Exalted. In fact, as mentioned in a Hadith found in Jami At Tirmidhi, number 3370, nothing is more honourable to Allah, the Exalted, than supplication. Finally, Allah, the Exalted, becomes angry when a person does not supplicate to Him as it may indicate they believe they are independent of Allah, the Exalted, which is not true. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3373.

Lack of Satisfaction

In a Hadith found in Sunan An Nasai, number 5444, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from a soul that is never satisfied.

In a Hadith found in Sahih Bukhari, number 6439, the Holy Prophet Muhammad, peace and blessings be upon him, warned that if a person possessed a valley of gold they would desire another and nothing fills their stomach except dust. But Allah, the Exalted, forgives those who repent to Him.

This Hadith warns against possessing too many worldly desires. The problem with them even if they are lawful is that fulfilling one desire only leads to more. One door leads to ten others. And this never ends unless one repents from this behaviour or when they die and the dust of their grave finally fills their stomach. Lawful worldly desires can also lead to unlawful desires as many people who end up in the unlawful began by indulging in lawful desires. The more desires a person has the needier they become which is another name for being poor. This poverty never ends irrespective of how much one obtains or how many desires they fulfill. It is why it has been said that the essential needs of a pauper gets fulfilled as this is guaranteed by Allah, the Exalted, but the desires of kings are left unfulfilled. A muslim should instead strive in this world in order to fulfill their needs and the needs of their dependents without excessiveness, waste or extravagance. And minimize their worldly desires in order to avoid this real poverty and instead prepare adequately for the hereafter by fulfilling the commands of Allah, the

Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

In a Hadith found in Sunan An Nasai, number 5444, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from a soul that is never satisfied.

An aspect of hypocrisy is greed. Their extreme greed places them far from Allah, the Exalted, far from the people and close to Hell. This has been warned in a Hadith found in Jami At Tirmidhi, number 1961. They dislike when others donate charity as their greed becomes manifest to others. They also put people off from donating charity as they dislike society labelling others as generous. So they always try to put people off from donating charity with poor reasons such as labelling charities as con artists. These people should be ignored as Allah, the Exalted, judges people on their intention which is confirmed in a Hadith found in Sahih Bukhari, number 1. So even if their donated wealth does not reach the poor as long as a person donates through a trustworthy well known charity they will receive their reward according to their intention. Chapter 9 At Tawbah, verse 67:

“The hypocrite men and hypocrite women are of one another. They enjoin what is wrong and forbid what is right and close their hands...”

In a Hadith found in Sunan An Nasai, number 5444, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from a soul that is never satisfied.

In a Hadith found in Sahih Bukhari, number 6470, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever is content with what they possess will be made self-sufficient.

The truly rich person is the one who is not needy and greedy for things. This occurs when one becomes satisfied with what they have been granted by Allah, the Exalted, which is achieved when one rightfully believes that Allah, the Exalted, gives what is best to each person according to His infinite knowledge. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

This person is truly rich whereas the one who is always greedy and needy for things is poor even if they possess much wealth. This has been indicated in a Hadith found in Sahih Muslim, number 2420.

Cowardice

In a Hadith found in Sunan An Nasai, number 5445, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from cowardice.

In a Hadith found in Sunan Abu Dawud, number 2511, the Holy Prophet Muhammad, peace and blessings be upon him, warned muslims against behaving cowardly. This attitude prevents trust in Allah, the Exalted, and in what He has promised, such as one's guaranteed provision. It can cause one to seek their provision in doubtful and unlawful means which will destroy a person in both worlds. Allah, the Exalted, does not accept any deed which has a foundation in the unlawful. This has been warned in a Hadith found in Sahih Muslim, number 2342.

In addition, being a coward prevents one from striving against the Devil and one's inner Devil which requires genuine struggle. This will lead one to fail in obeying Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. And it will therefore prevent them from fulfilling the rights of people. Both worldly and religious success requires effort and time. A coward will be too afraid to undertake this struggle and will instead be lazy which leads to failure in both worldly and religious matters.

Greed

In a Hadith found in Sunan An Nasai, number 5445, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from greed.

In a Hadith found in Sunan Abu Dawud, number 2511, the Holy Prophet Muhammad, peace and blessings be upon him, warned Muslims against greed. This can lead one to withholding the obligatory charity which only leads to destruction in both worlds. For example, a Hadith found in Sahih Bukhari, number 1403, warns that the person who does not donate their obligatory charity will encounter a large poisonous snake which will continuously bite them on the Day of Judgement. Chapter 3 Alee Imran, verse 180:

“And let not those who [greedily] withhold what Allah has given them of His bounty ever think that it is better for them. Rather, it is worse for them. Their necks will be encircled by what they withheld on the Day of Resurrection...”

If one's greed prevents them from donating voluntary charity it may not be unlawful but it is highly undesirable as this contradicts the characteristic of a true believer. Put simply, the stingy person is far from Allah, the Exalted, far from Paradise, far from people and close to Hell. This has been warned in a Hadith found in Jami At Tirmidhi, number 1961.

A Hard Spiritual Heart

In a Hadith found in Sunan An Nasai, number 5445, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from the tribulation of the heart.

This could be referring to a hard spiritual heart.

The corruption and hardness of the spiritual heart is an extremely important matter which has been discussed in a Hadith found in Sahih Bukhari, number 52. The Holy Prophet Muhammad, peace and, blessings be upon him, warned that when the spiritual heart becomes corrupt then the whole body becomes corrupt. This corruption is then reflected in one's speech and actions. Similarly, the Holy Quran has highlighted the importance of a soft and sound heart by advising that one will not derive benefit from their possessions or relatives on Judgment Day unless they possess a sound spiritual heart. Chapter 26 Ash Shu'ara, verses 88-89:

"The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart."

The one with a hard spiritual heart can be described as a person who rejects the truth when it is presented to them believing they are superior

in knowledge. They lack submission and the fear of Allah, the Exalted, which leads to abandoning good deeds, committing sins, excessive love and striving for the material world while remaining heedless to preparing for the eternal hereafter. The hard hearted are easily influenced by the Devil into committing sins and rejecting good deeds. Chapter 22 Al Hajj, verse 53:

“[That is] so He may make what Satan throws in [i.e., asserts] a trial for those within whose hearts is disease and those hard of heart...”

Two specific blameworthy characteristics are adopted by the one who possesses a hard spiritual heart. They intentionally misinterpret divine scriptures in order to fulfil their own desires such as obtaining fame. They criticise those who strive to adhere to the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, as they desire people to follow their thinking and love for the material world. The second is that they cherry pick verses and Hadiths which suit their desires. They label those who strive to adopt and act on all verses and Hadiths as extremists thereby making their own attitude seem pleasing to others. Chapter 5 Al Ma'idah, verse 13:

“So for their breaking of the covenant We cursed them and made their hearts hardened. They distort words from their [proper] places [i.e., usages] and have forgotten a portion of that of which they were reminded. And you will still observe deceit among them, except a few of them...”

The Holy Prophet Muhammad, peace and blessings be upon him, has warned that those who talk excessively without mentioning Allah, the Exalted, are prone to adopting a spiritual hard heart. The one who possesses a hard spiritual heart is furthest from Allah, the Exalted. This is confirmed in a Hadith found in Jami At Tirmidhi, number 2411.

As mentioned earlier those who abandon the obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience, will be cursed with a hard heart. Chapter 5 Al Ma'idah, verse 13:

“So for their breaking of the covenant We cursed them and made their hearts hardened...”

In a Hadith found in Jami At Tirmidhi, number 2305, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the one who laughs excessively will become hard hearted. It is important to understand this does not mean one cannot smile as this has been classified as an act of charity by the Holy Prophet Muhammad, peace and blessings be upon him. This is confirmed in a Hadith found in Jami At Tirmidhi, number 1970. Laughing excessively causes one to adopt a mentality whereby they only discuss funny issues. This causes one to avoid serious issues such as death and Judgment Day. If one avoids these important issues how can they prepare for them? A lack of preparation will lead to one's spiritual heart becoming hard.

Some say over eating can cause hardness of the spiritual heart. This is because over eating causes one to become lazy. Laziness leads to a reduction in good deeds which can cause the spiritual heart to become hard.

As warned by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Jami At Tirmidhi, number 3334, when a person sins a black spot is etched on their spiritual heart. If the number of sins increases then this blackness increases which leads to a hard spiritual heart. Chapter 83 Al Mutaffifin, verse 14:

“No! Rather, the stain has covered their hearts of that which they were earning.”

This is why it has been said persistently sinning can cause the spiritual heart to die.

It is important for muslims to strive to soften their heart as it leads to its purification. As advised by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Muslim, number 4094, when the spiritual heart is purified all the limbs of the body become purified also. This purification will encourage one to perform righteous deeds and abandon sins for the sake of Allah, the Exalted.

Punishment of the Grave

In a Hadith found in Sunan An Nasai, number 5445, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from the torment of the grave.

In a Hadith found in Jami At Tirmidhi, number 2460, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a grave is either a garden of Paradise or a pit of Hell. This Hadith further explains that when a successful believer is placed in their grave it widens and becomes comfortable for them whereas, the grave of a sinful person becomes extremely constricted and harmful for them.

It is important to note, that in reality each person takes the garden of Paradise or pit of Hell with them when they depart this world namely, their deeds. If a muslim obeys Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and faces destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, then it will ensure they prepare the deeds required to make their grave a garden of Paradise. But if they disobey Allah, the Exalted, then their sins will create the pit of Hell they will rest in until the Day of Judgment.

Therefore, muslims must act today and not delay in this preparation as the time of death is unknown and often comes suddenly. Delaying to a tomorrow one may not see is foolish and it only leads to regrets. The

same way a person spends much energy and time beautifying their home in this world they must strive harder in beautifying their grave as the journey there is inevitable and the stay there long. And if one suffers in their grave then what follows will only be worse. This has been warned in a Hadith found in Sunan Ibn Majah, number 4267.

The Hearing

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's hearing.

In a Hadith found in Sunan Abu Dawud, number 4992, the Holy Prophet Muhammad, peace and blessings be upon him, indicated that speaking about everything one hears to others is enough to make them sinful.

It is important to note, one should firstly ensure they only listen to lawful speech as actively participating in a conversation which involves sinful speech will negatively affect them in both worlds. A muslim should try to avoid conversations involving vain and useless speech as this often leads to sinful speech and is a waste of one's precious time which will be a great regret for them on Judgment Day.

Secondly, they should ensure that they do not relate everything they hear to others as this can easily lead to backbiting and slandering which are major sins. It also often leads to fractured and broken relationships especially, amongst relatives. A muslim should only relate things they hear if they can avoid sins and if the information is beneficial to others. In addition, the information they pass on must be verified and authentic as conveying things which are not verified contradicts the command of the Holy Quran. A muslim who intends to benefit people may well harm them by acting in this manner. Chapter 49 Al Hujurat, verse 6:

“O you who have believed, if there comes to you a disobedient one with information, investigate, lest you harm a people out of ignorance and become, over what you have done, regretful.”

Just like a muslim would not like most of the things they discuss to be spread to others they should not treat what others say in this manner either.

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's hearing.

An aspect of this is failing to use one's hearing correctly.

Even though, the number of preachers has increased over time and accessing information has become easier yet the strength of muslims has only weakened. One of the reasons is that many muslims have adopted a mentality which has hindered them from learning and acting on Islamic knowledge namely, they believe merely listening to Islamic knowledge is good enough to succeed. This is a trap of the Devil and completely contradicts the attitude of the Companions, may Allah be pleased with them, and the righteous predecessors. They not only listened to religious knowledge but they fully intended and fulfilled this intention by acting on the knowledge they heard. Failing to act in this way has caused the faith of muslims to weaken. It is the reason why some muslims have spent decades attending religious gatherings and talks yet have not changed for the better at all. The danger of this attitude is that eventually people will fall lower by believing that they can simply declare Islam with their tongues without the need to listen or act on religious teachings. Muslims will be left with ignorance as their guide which will only lead them to destruction.

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's hearing.

An aspect of this is failing to use one's hearing correctly.

Listening correctly to the word of Allah, the Exalted, is the only way one can correctly adhere to its teachings. It is important to understand the difference between hearing and listening. Hearing is simply acknowledging a sound with one's mind even if they fail to make sense of the noise. For example, a person may hear someone shouting at them from a great distance but they will not be able to understand what they are saying. Whereas, listening involves hearing a sound and understanding it so that one's behaviour changes. For example, a person giving a specific verbal instruction to another who responds appropriately after hearing and understanding the instructions.

Muslims need to hear the word of Allah, the Exalted, and strive to understand it so that it affects their behaviour in a positive way. Unfortunately, many Muslims have failed to live up to this in respect to the Holy Quran as they are good at hearing the recitation of the Holy Quran but fail to correctly listen to it which involves understanding and acting on its teachings.

To conclude, simply hearing the word of Allah, the Exalted, is not good enough to obtain success one must strive to instead truly listen to it.

The Seeing

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's seeing.

Muslims should take precautions in order to avoid being tempted into illegal relationships. Firstly, they should learn to lower their gaze. This does not mean one should always stare at their shoes but it means they should avoid looking around unnecessary especially in public places. They should avoid staring at others and maintain respect for the opposite gender. Just like a muslim would not like someone staring at their sister or daughter they should not stare at other people's sisters and daughters. Chapter 24 An Nur, verse 30:

“Tell the believing men to reduce [some] of their vision¹ and guard their private parts. That is purer for them...”

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's seeing.

An aspect of this is failing to use one's vision correctly.

It is important for a muslim to understand a key truth namely, nothing in creation occurs without a wise reason even if people do not observe this wisdom immediately. A muslim should treat everything which occurs, whether they are in times of ease or difficulty, as a message in a bottle. They should not get too caught up in assessing and examining the bottle as it is merely a messenger which delivers the important message. This occurs when muslims either exult over the good things which occur thereby becoming heedless to the message within the good thing. Or they become grieved during difficulties thereby becoming too distracted to understand the message within the difficulty. They should instead concentrate on following the advice of the Holy Quran and approach each situation in a balanced way. Chapter 57 Al Hadid, verse 23:

“In order that you not despair over what has eluded you and not exult [in pride] over what He has given you...”

This verse does not prohibit being happy or sad in different situations as this is a part of human nature. But it advises a balanced approach whereby one avoids extreme emotions namely, exultant which is excessive happiness or grief which is excessive sadness. This balanced approach will allow one to focus their mind on the more important

message inside the bottle meaning, inside the situation whether it is a situation of ease or difficulty. Through assessing, understanding and acting on the hidden message a muslim can improve their worldly and religious life for the better. Sometimes the message will be a wakeup call to turn back to Allah, the Exalted, before their time runs out. Sometimes it will be a way of raising their rank. Other times a way of erasing their sins and sometimes a reminder not to attach themselves to the temporal material world and the things in it. Without this assessment one will merely journey through events without improving their worldly or religious life.

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's seeing.

An aspect of this is failing to use one's vision correctly.

It is important for a muslim to be observant in their daily life and avoid being too self-absorbed in their own worldly matters so that they become heedless over the things which are occurring around them and the things which have already occurred. This is an important quality to possess as it is an excellent way to strengthen one's faith which in turn helps one to remain obedient to Allah, the Exalted, at all times. For example, when a muslim observes a sick person they should not only aid them by whatever means they possess, even if it is only a supplication, but they should reflect on their own health and understand that they too will eventually lose their good health either by an illness, ageing or even death. This should inspire them to be grateful for their good health and show this through their actions by taking advantage of their good health in both worldly and religious matters which are pleasing to Allah, the Exalted.

When they observe the death of a rich person they should not only feel sad for the deceased and their family but realise that one day which is unknown to them they will die also. They should understand that just like the rich person was abandoned by their wealth, fame and family at their grave so will they too be left only with their deeds in their grave. This will encourage them to prepare for their grave and the hereafter.

This attitude can and should be applied to all things one observes. A muslim should learn a lesson from everything around them which has been advised in the Holy Quran. Chapter 3 Alee Imran, verse 191:

“...and give thought to the creation of the heavens and the earth, [saying], "Our Lord, You did not create this aimlessly; exalted are You [above such a thing]; then protect us from the punishment of the Fire.””

Those who behave in this manner will strengthen their faith on a daily basis whereas those who are too self-absorbed in their worldly life will remain heedless which may lead them to their destruction.

The Tongue

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's tongue.

In a Hadith found in Jami At Tirmidhi, number 2501, the Holy Prophet Muhammad, peace and blessings be upon him, declared that whoever is silent is saved.

This means the one who is silent from vain or evil speech and only speaks good words will be saved by Allah, the Exalted, in both worlds. This is important to understand as the main reason people will enter Hell is because of their speech. This has been warned in a Hadith found in Jami At Tirmidhi, number 2616. In fact, it only takes a single evil word to cause a person to plunge into Hell on Judgement Day which has been confirmed in a Hadith found in Jami At Tirmidhi, number 2314.

Speech can be of three types. The first is evil speech which should be avoided at all costs. The second is vain speech which only causes one to waste time which will lead to a great regret on Judgment Day. In addition, the first step of sinful speech is often vain speech. So it is safer to avoid this type of speech. The final type is good speech which should always be adopted. Based on these aspects two thirds of speech should be removed from one's life.

In addition, the one who speaks too much will only reflect on their actions and the hereafter a little as this requires silence. This will prevent one from assessing their deeds which inspires one to perform more righteous deeds and sincerely repent from their sins. This person will then be prevented from changing for the better.

Finally, those who speak too much often discuss worldly things and things which are entertaining and fun. This will cause them to adopt a mentality whereby they dislike discussing or listening to serious issues like death and the hereafter. This will prevent them from preparing adequately for the hereafter which will lead to a great regret and a potential punishment.

All of this can be avoided if one simply remains silent from sinful and vain speech and instead only speaks good words. Therefore, the one who is silent in this way will be saved from trouble in this world and from punishment in the next world.

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's tongue.

This Hadith is connected to chapter 4 An Nisa, verse 114:

“No good is there in much of their private conversation, except for those who enjoin charity or that which is right or conciliation between people. And whoever does that seeking means to the approval of Allah - then We are going to give him a great reward.”

In this verse Allah, the exalted, explains how people should conduct themselves when conversing with others so that they derive benefit for themselves and others. The first is that when muslims gather they should discuss how to benefit others which encompasses charity in the form of wealth and physical aid. If a muslim is not in a position to help a needy person then this is an excellent way of gaining reward equal to actually helping them. A Hadith found in Sahih Muslim, number 6800, advises that the one who inspires someone else towards good will be rewarded as if they performed the good action themselves. If one cannot aid someone in difficulty or inspire another to fulfill this task they can at least encourage others to supplicate for the one in need. Supplication for an absent person causes the Angels to pray for the supplicator. This has been advised in a Hadith found in Sunan Abu Dawud, number 1534. This mentality can inspire the group to visit the needy person which provides them with emotional support. This has a powerful psychological impact and provides them with a new mode of strength when dealing with their hardship. The important thing to note is that when one mentions the situation of a needy person their intention must be to aid

them in their hour of need. It should never be for the sake of passing time and making them a target of ridicule.

The second way to gain blessings is when one converses about anything lawful that will provide benefit to someone in this world or the next. This aspect includes advising others to do good and refrain from evil in every aspect of their life.

The third aspect mentioned in this verse involves conversing with others with a constructive mindset which brings people together in a positive way instead of possessing a destructive mindset which causes divisions within society. If a person cannot bring people together in a loving way then the minimum they can do is not cause divisions amongst them. Even this is recorded as a good deed when done for the pleasure of Allah, the Exalted. This has been indicated in a Hadith found in Sahih Bukhari, number 2518.

In fact, a Hadith found in Sunan Abu Dawud, number 4919, advises that reconciling between two opposing muslims for the pleasure of Allah, the Exalted, is superior to voluntary prayer and fasting. Every good thing found within society was the outcome of this pious attitude such as the construction of schools, hospitals and Mosques.

But it is important to note, that a muslim will only obtain the great reward mentioned in this verse when they perform the righteous deeds for the pleasure of Allah, the Exalted. Each person will be rewarded based on their intention not just their physical action. This is confirmed in a Hadith

found in Sahih Bukhari, number 1. The insincere muslim will find that on Judgment Day they will be told to gain their reward from those who they acted for which will not be possible. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3154.

The Heart

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's heart.

In a Hadith found in Sunan Abu Dawud, number 4860, the Holy Prophet Muhammad, peace and blessings be upon him, warned people against speaking negatively about others as this causes ill feelings towards them in people's hearts.

It is often observed that families especially, from the Asian community, become broken over time. This is one the biggest complaints family members, such as parents often have. They wonder why their children have become separated even though they were once firmly together.

One of the main reasons the relationships between relatives become fractured is because someone has spoken negatively about a person's relative to them. This is often done by a family member. For example, a mother will speak negatively about her son to her other child. This leads to enmity between the two relatives and over time it builds up and creates a wedge between the two. Those who were once like one person become like strangers to one another.

It is important to understand that people are not Angels. Except for a very few, when a negative thing is said to a person about another they will get affected by it even if they do not desire this to occur. This enmity still occurs even if the initial person who spoke negatively about someone's relative does not intend to create a wedge between relatives. Some often act in this way out of habit and are not trying to damage relationships. For example, parents often adopt this habit and there is no doubt they do not desire the relationships of their children to become fractured or broken.

This attitude has such a serious impact on people's mentality that it also affects relatives that very rarely see or converse with each other. For example, a person will mention negative things about a person's relative to them even though their relative may not even live in the same country as them. This behaviour implants enmity within their heart and with the passing of time they will find that they dislike their distant relative even though they barely know them.

This issue often occurs when two people discuss negative things about others in front of other people. For example, parents may discuss negative things about their relatives in front of their children. Even though, they are not telling their children directly none the less it still affects their hearts. If one truly reflected for a moment they will realise that the majority of the ill feelings they have towards others were not caused by what that person did or said to them directly. In most cases, it occurred because of a third party who mentioned something negative about that person to them.

In cases where one is trying to warn another of some danger then it is perfectly acceptable to mention another person in a negative way. If one is trying to teach another person a lesson for example, if a mother desires to teach one of her children not to behave as their sibling did they then should follow the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him, and mention the negative thing without naming the person. An example of this beautiful mentality is discussed in a Hadith found in Sahih Bukhari, number 6979. Mentioning a negative thing without naming the person is good enough to teach someone a lesson.

To conclude, muslims should ponder deeply before speaking negatively about their relatives or others, privately or publically. Otherwise, they may well find as time passes their family becomes separated and emotionally distant from one another.

Illegal Relationships

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's private parts.

In a Hadith found in Sahih Bukhari, number 6474, the Holy Prophet Muhammad, peace and blessings be upon him, guaranteed Paradise to the person who safeguards their mouth and chastity.

The first thing mentioned indicates safeguarding one's speech. Meaning, a muslim must avoid all types of evil speech such as backbiting as it only takes a single evil word to cause someone to plunge into Hell on Judgment Day. This has been warned in a Hadith found in Jami At Tirmidhi, number 2314.

In addition, a muslim should avoid all vain and useless speech as this only wastes one's precious time which will be a great regret for them on Judgment Day. In addition, vain speech is often the first step before sinful speech therefore, it is best to avoid it. One should either speak good or remain silent. This has been advised in a Hadith found in Sahih Muslim, number 176.

The main Hadith under discussion also advises to safeguard oneself from consuming the unlawful. This will lead to all of one's righteous deeds being rejected irrespective of their intention. This has been warned in a Hadith found in Sahih Muslim, number 2342.

The second aspect of the main Hadith under discussion advises muslims to safeguard their chastity meaning, avoid unlawful relationships. A muslim has been given a way to achieving this namely, marriage. If a muslim is not in the right position to get married, such as financially, then they should fast often as this reduces carnal desires. This has been advised in a Hadith found in Sahih Bukhari, number 1905.

Finally, as these two aspects combined lead to Paradise it is therefore the reason why getting married has been labeled completing half of one's faith in a Hadith found in Al Mu'jam Al Awsat, number 992.

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's private parts.

In a long Hadith found in Sahih Bukhari, number 6806, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned seven groups of people who will be granted shade on the Day of Judgment by Allah, the Exalted.

This shade will protect them from the horrors of the Day of Judgment which includes the unbearable heat caused by the Sun being brought within two miles of the creation. This has been warned in a Hadith found in Jami At Tirmidhi, number 2421.

One of these groups includes a person who is invited towards fornication but rejects it out of the fear of Allah, the Exalted. Controlling one's desire especially when no one except Allah, the Exalted, will know about it is a great deed. Muslims should strive to avoid situations where they might be invited to sins by firstly avoiding places where sins are more common, such as a nightclub. This is extremely important as a person's environment often has a deep impact on their attitude and behaviour. Just like a student is more likely to study in a quiet library compared to a busy and loud house a muslim is less likely to be attracted to sins when they avoid places where sins occur regularly and openly. The other important thing is to avoid people who openly commit sins and invite others to them. A person will adopt the characteristics of their companions whether good or bad. This has been indicated in a Hadith found in Sunan Abu Dawud, number 4833. Muslims should not only

ensure they accompany good people but also encourage their dependents, such as their children, to do the same. If muslims truly concentrated on this it will dramatically reduce the amount of youth who become involved in gangs and crime. Chapter 43 Az Zukhruf, verse 67:

“Close friends, that Day, will be enemies to each other, except for the righteous.”

In a Hadith found in Sunan An Nasai, number 5446, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of one's private parts.

The true servants of Allah, the Exalted, avoid all forms of illegal relationships. The fact that adultery has been placed next to polytheism and killing an innocent person in this verse indicates its severity.

Muslims should take precautions in order to avoid being tempted into illegal relationships. Firstly, they should learn to lower their gaze. This does not mean one should always stare at their shoes but it means they should avoid looking around unnecessary especially in public places. They should avoid staring at others and maintain respect for the opposite gender. Just like a muslim would not like someone staring at their sister or daughter they should not stare at other people's sisters and daughters. Chapter 24 An Nur, verse 30:

“Tell the believing men to reduce [some] of their vision¹ and guard their private parts. That is purer for them...”

Whenever possible a muslim should avoid spending time alone with the opposite gender unless they are related in a way which prohibits marriage. This has been advised by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Bukhari, number 1862.

Muslims should dress and behave with modesty. Dressing modestly avoids attracting the glances of strangers and behaving modestly prevents one from taking the initial steps which could lead to an illegal relationship such as talking unnecessarily to the opposite gender.

Understanding the blessings of avoiding illegal relationships is another way to protect oneself from them. For example, the Holy Prophet Muhammad, peace and blessings be upon him, has guaranteed Paradise to the one who safeguards their tongue and chastity. This is confirmed in a Hadith found in Jami At Tirmidhi, number 2408.

Fearing the punishment of being involved in illegal relationships will also aid a muslim to avoid them. For example, faith will depart from the person who is committing fornication. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4690.

In reality, a muslim does not need illegal relationships as Islam prescribes marriage. Those who cannot afford to marry should fast often as this also helps to control one's desires and actions. This has been advised in a Hadith found in Sahih Muslim, number 3398.

Senility

In a Hadith found in Sunan An Nasai, number 5447, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from reaching the age of senility.

In a Hadith found in Jami At Tirmidhi, number 2306, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to hasten in performing righteous deeds before seven things occur.

One of these things is senility. A muslim should make use of their youth and strong intelligence before they reach senility. This includes gaining and acting on knowledge and using one's mental strength to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. It is important to behave in this manner before senility occurs as even the Holy Prophet Muhammad, peace and blessings be upon him, sought refuge from senility in a Hadith found in Sahih Bukhari, number 6390.

Worldly Trials

In a Hadith found in Sunan An Nasai, number 5447, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the trials of this world.

The test of this world is whether one will use the worldly blessings they have been granted in ways pleasing to Allah, the Exalted, or not.

In reality, in most cases nothing in this material world in itself is good or bad, such as wealth. What makes a thing good or bad is the way it is used. It is important to understand that the very purpose of everything which was created by Allah, the Exalted, was for it to be used correctly according to the teachings of Islam. When something is not used correctly it in reality becomes useless. For example, wealth is useful in both worlds when it is used correctly such as being spent on the necessities of a person and their dependents. But it can become useless and even a curse for its bearer if it is not used correctly, such as being hoarded or spent on sinful things. Simply hoarding wealth causes wealth to lose value. How can paper and metal coins one tucks away be useful? In this respect, there is no difference between a blank piece of paper and a note of money. It is only useful when it is used correctly.

So if a Muslim desires all their worldly possessions to become a blessing for them in both worlds all they have to do is use them correctly according to the teachings found in the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. But if they use them incorrectly then the same blessing will become a burden and curse for them in both worlds. It is as simple as that.

In a Hadith found in Sunan An Nasai, number 5447, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the trials of this world.

The test of this world is whether one will use the worldly blessings they have been granted in ways pleasing to Allah, the Exalted, or not. One can adopt the correct attitude when they understand the purpose of these blessings.

Every worldly blessing a Muslim possesses is only a means which should aid them in reaching the hereafter safely. It is not an end in itself. For example, wealth is a means one should use in order to obey Allah, the Exalted, by fulfilling the commands of Allah, the Exalted, fulfilling their necessities and the necessities of their dependents. It is not an end or an ultimate goal in itself.

This not only aids a Muslim in maintaining their focus on the hereafter but it also aids them whenever they lose worldly blessings. When a Muslim treats each worldly blessing, such as a child, as a means to please Allah, the Exalted, and reach the hereafter safely then losing it will not have such a detrimental impact on them. They may become sad, which is an acceptable emotion, but they will not become grieved which leads to impatience and other mental problems, such as depression. This is because they firmly believe the worldly blessing they possessed was only a means so losing it does not cause a loss in the ultimate goal namely, Paradise, the loss of which is disastrous. Therefore, still possessing and concentrating on the ultimate goal will prevent them from becoming grieved.

In addition, they will understand that just like the thing they lost was only a means they firmly believe they will be provided with another means to reach and fulfil their ultimate goal by Allah, the Exalted. This will also prevent them from grieving. Whereas, the one who believes their worldly blessing is the end instead of a means will experience severe grief when losing it as their whole purpose and objective has been lost. This grief will lead to depression and other mental issues.

To conclude, Muslims should treat each blessing they possess as a means to reach the hereafter safely not as an end in itself. This is how one can possess things without being possessed by them. This is how they can keep worldly things in their hands and not in their hearts.

Incapacity

In a Hadith found in Sunan An Nasai, number 5450, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from incapacity.

In a Hadith found in Sunan Ibn Majah, number 4168, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the strong believer is more beloved to Allah, the Exalted, than a weaker believer.

This does not necessarily refer to physical strength which one uses to perform righteous deeds. But it also refers to knowledge and acting on it. When one acts on their knowledge it leads to certainty of faith. The one who possesses strong faith will fulfil their duties according to their knowledge and not blind imitation like the weak believer. A weak believer believes something based on hearsay like if they were told a person is inside their house whereas the strong believer believes and acts based on knowledge for example, if they saw the person inside their house through a window. The stronger one's faith the greater their obedience to Allah, the Exalted, in the form of fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This in turn increases their success in both worlds. Chapter 41 Fussilat, verse 53:

“We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth...”

Laziness

In a Hadith found in Sunan An Nasai, number 5450, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from laziness.

This Hadith is connected to chapter 47 Muhammad, verse 7:

“O you who have believed, if you support Allah, He will support you and plant firmly your feet.”

This verse means that if one aids Islam then Allah, the Exalted, will help them in both worlds. It is strange how countless people desire the help of Allah, the Exalted, yet do not fulfil the first part of this verse through the sincere obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. The excuse most people give is that they do not have time to perform righteous deeds. They desire the help of Allah, the Exalted, yet will not make time to do the things which please Him. Does this make sense? Those who do not fulfil the obligatory duties and then expect the aid of Allah, the Exalted, in their moment of need are quite foolish. And those who do fulfil the obligatory duties yet refuse to go beyond them will find that the aid they receive is limited. How one behaves is how they are treated. The more time

and energy dedicated to Allah, the Exalted, the more support they will receive. It really is that simple.

A muslim needs to understand that the majority of the obligatory duties, such as the five daily prayers, only takes a small amount of time in one's day. A muslim cannot expect to barely dedicate an hour a day to offering the obligatory prayers and then neglect Allah, the Exalted, for the rest of the day and still expect His continuous support through all difficulties. A person would dislike a friend who treated them in such a manner. How then can one treat Allah, the Exalted, the Lord of the worlds, like this then?

Some only dedicate extra time to pleasing Allah, the Exalted, when they encounter a worldly problem then demand Him to fix it as if they done Allah, the Exalted, a favour by performing voluntary good deeds. This foolish mentality clearly contradicts servanthood to Allah, the Exalted. It is amazing how this type of person finds time to do all their other leisurely activities, such as spending time with family and friends, watching TV and attending social functions yet finds no time to dedicate to pleasing Allah, the Exalted. They cannot seem to find time to recite and adopt the teachings of the Holy Quran. They do not seem to find time to study and act on the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. These people somehow find wealth to spend on their unnecessary luxuries yet seem to find no wealth to donate in voluntary charity.

It is important to understand that a muslim will be treated according to how they behave. Meaning, if a Muslim dedicates extra time to please Allah, the

Exalted, then they will find the support they need to journey through all difficulties safely. But if they fail to fulfil the obligatory duties or only fulfil them without dedicating any other time to pleasing Allah, the Exalted, then they will find a similar response from Allah, the Exalted. Put simply, the more one gives the more they shall receive. If one does not give much they should not expect much in return.

Death

In a Hadith found in Sunan An Nasai, number 5450, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the trials of death.

One will overcome the trials of death when they strive to prepare for it.

Death is something which is certain to occur but the time is unknown so it therefore makes sense that a muslim who believes in the hereafter prioritises preparing for it over preparing for things which might not occur, such as marriage, children or their retirement. It is strange how many muslims have adopted the opposite mentality even though they testify that the world is temporary and uncertain whereas the hereafter is permanent and they are certain to reach it. No matter how one behaves they will be judged regarding their deeds. A muslim should not be fooled into believing that they can and will prepare for the hereafter in the future as this attitude only causes them to delay further until their death occurs and they leave this world with regrets that will not aid them.

So the important thing is not that people will die as this is unavoidable but the key is acting in such a way that one is fully prepared for it. The only way to prepare for it correctly is by acting on the teachings of Islam namely, fulfilling the commands of Allah, the Exalted, refraining from His

prohibitions and facing destiny with patience. This is only possible when one prioritises preparing for the hereafter over preparing for things which might not occur.

In a Hadith found in Sunan An Nasai, number 5450, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the trials of death.

One will overcome the trials of death when they strive to prepare for it.

It is strange that even though people believe they can die at any moment yet the vast majority behave as if they will live a long life. Some dedicate their efforts to this material world to such a degree that even if they were guaranteed a long life they could not exert any more effort for the sake of the material world. Unfortunately, muslims delay preparing for the hereafter believing they can do it in the future. They often keep delaying this preparation until they suddenly encounter death unprepared.

It is important for muslims to understand that no matter how long they live life goes by in a flash. So they should take every opportunity they have in order to prepare for the eternal hereafter. This does not mean they should abandon the world completely. It means they should prioritize preparing for the hereafter by only taking what they need from the material world in order to fulfil their necessities and responsibilities according to the commands of Allah, the Exalted. This attitude will allow them to enjoy the lawful pleasures of this world and prepare adequately for the next one also. A muslim only fails preparing for the hereafter correctly because of their pursuit of the excess of this material world, not by striving to fulfil their necessities and responsibilities.

A muslim should remember the Hadith found in Sahih Muslim, number 7424, which warns that only a person's deeds will accompany them in their grave while their family and wealth abandons them at this crucial moment. Therefore, a muslim should give priority to the thing which will aid them in their moment of need.

Muslims should not delay preparing for the hereafter otherwise they may well encounter death suddenly while unprepared as death does not come at a particular age or time. If they fail to prepare they will be left with nothing but regrets at a time when regrets will not benefit them. Chapter 89 Al Fajr, verse 23:

“And brought [within view], that Day, is Hell - that Day, man will remember, but how [i.e., what good] to him will be the remembrance?”

In a Hadith found in Sunan An Nasai, number 5450, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the trials of death.

One will overcome the trials of death when they strive to prepare for it.

A great obstacle to the obedience of Allah, the Exalted, is having false hope for a long life. It is an extremely blameworthy characteristic as it is the main cause for a muslim giving priority to amassing the material world over preparing for the hereafter. One only needs to assess their average 24 hour day and observe how much time they dedicate to the material world and how much time they dedicate to the hereafter in order to realise this truth. In fact, having false hope for a long life is one of the strongest weapons the Devil uses in order to misguide people. When a person believes they will live long they delay preparing for the hereafter falsely believing they can prepare for it in the near future. In most cases, this near future never comes and a person passes away without adequately preparing for the hereafter.

In addition, false hope for a long life causes one to delay sincere repentance and changing one's character for the better as they believe they have much time left to do this. It encourages a person to hoard the things of this material world, such as wealth, as it convinces them they will need these things during their long life on Earth. The Devil scares people into thinking they must hoard wealth for their old age as they may find no one to support them when they become physically weaker and therefore can no longer work for themselves. They forget that the same way Allah, the

Exalted, took care of their provision when they were younger He will provide for them in old age too. In fact, the provision of the creation was allocated over fifty thousand years before the creation of the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. It is strange how a person will dedicate 40 years of their life saving for their retirement which very rarely lasts longer than 20 years but fails to prepare in the same way for the eternal hereafter.

Islam does not teach muslims to not prepare anything for the world. There is no harm in saving for the near future as long as priority is given to the hereafter. Even though, people admit they may die at any time yet, some behave as if they will live forever in this world. Even to the point that if they were given a promise of eternal life on Earth they would not be able to strive harder in order to accumulate more of the material world due to the restrictions of the day and night. How many people have passed away earlier than expected? And how many learn a lesson from this and change their behaviour?

In reality, one of the greatest pains a person will feel at the time of death or any other stage of the hereafter is regret for delaying their preparation for the hereafter. Chapter 63 Al Munafiqun, verses 10-11:

“And spend [in the way of Allah] from what We have provided you before death approaches one of you and he says, “My Lord, if only You would delay me for a brief term so I would give charity and be of the righteous.” But never will Allah delay a soul when its time has come. And Allah is Aware of what you do.”

A person would be labelled a fool if they dedicated more time and wealth on a house which they were only going to live in for a short while compared to a house they were planning to live in for a very long time. This is the example of giving priority to the temporal world over the eternal hereafter.

Muslims should work for both the world and the hereafter but know that death does not come to a person at a time, situation or age known to them but it is certain to come. Therefore, preparing for it and what it leads to should take priority over preparing for a future in this world which is not certain to occur.

In a Hadith found in Sunan An Nasai, number 5450, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the trials of death.

This includes losing one's faith at the time of death. Weakness of faith and persisting on sins, especially major sins, can lead to this outcome.

Even though there is no doubt that the mercy of Allah, the Exalted, is infinite and can overcome all sins. And giving up hope in the infinite mercy of Allah, the Exalted, is defined as unbelief in chapter 12 Yusuf, verse 87:

"...Indeed, no one despairs of relief from Allah except the disbelieving people."

Yet, none the less it is extremely important for muslims to understand a fact. Namely, a muslim has not been guaranteed to leave this world with their faith meaning, a muslim is in danger of dying as a non-muslim. This is the greatest loss. If this happens it does not take a scholar to conclude where this person will reside in the hereafter. This can occur when a muslim persists on sins especially, major sins, such as drinking alcohol and failing to offer their obligatory prayers and reaches their end without sincerely repenting from their sins. This is the reason why muslims must sincerely repent from all their sins and strive to fulfil all their obligatory

duties as this is a task they can undoubtedly fulfil. Chapter 2 Al Baqarah, verse 286:

“Allah does not charge a soul except [with that within] its capacity...”

They should not be fooled into believing they possess hope in the mercy of Allah, the Exalted. As true hope in the mercy of Allah, the Exalted, is supported by obedience to Allah, the Exalted, through actions. This involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. Failing to do this and then expecting the mercy and forgiveness of Allah, the Exalted, is not hope in His mercy it is merely wishful thinking which has no weight or significance. This has been clearly warned by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Jami At Tirmidhi, number 2459.

Worry

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from worry.

One of the things which eliminates worrying is understanding that nothing in the universe occurs without the will of Allah, the Exalted, and whatever He wills has many wisdoms within it.

The Holy Prophet Muhammad, peace and blessings be upon him, indicated the infinite and absolute power and authority of Allah, the Exalted, in a Hadith found in Jami At Tirmidhi, number 2516. This Hadith advises that the entire creation cannot benefit a person if Allah, the Exalted, did not desire them to do so. Similarly, the entire creation together could not harm someone if Allah, the Exalted, did not desire them to. This means only what Allah, the Exalted, decides happens within the universe. It is important to note, that this advice does not indicate one should abandon using means, such as medicine, but it means that one can use the means as they have been created by none other than Allah, the Exalted, but they must understand that Allah, the Exalted, is the only One who decides the outcome of all things. For example, there are many sick people who take medicine and recover from their illness. But there are others who take medicine and do not recover. This indicates that another factor decides the end result namely, the will of Allah, the Exalted. Chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allah has decreed for us...”

The one who understands this knows that anything that affected them could not have been avoided. And those things which missed them could never have been obtained.

It is important to note, that whatever the end result even if it is against a person's desire they should remain patient and truly believe Allah, the Exalted, has chosen the best for them even if they do not observe the wisdom behind the outcome. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

When one truly understands this truth they stop relying on the creation knowing they cannot innately harm or benefit them. Instead, they turn to Allah, the Exalted, seeking His support and protection through sincere obedience by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This leads a muslim to trusting in Allah, the Exalted. It also encourages one to only fear Allah, the Exalted, as they know the creation cannot harm them without the will of Allah, the Exalted.

Recognising that all things which occur within one's life and the universe originate from Allah, the Exalted, is a part of understanding the Oneness of Allah, the Exalted. This is a topic which has no end and goes beyond only superficially believing that there is none worthy of worship except Allah, the Exalted. When this is fixed in one's heart then they only hope in Allah, the Exalted, knowing He is the only One who can help them. They will only submit and obey Allah, the Exalted, in all aspects of their life. In reality, a person only obeys another in order to receive protection from harm or gain some benefit. Only Allah, the Exalted, can grant this therefore only He deserves to be obeyed and worshipped. If anyone chooses the obedience of another over the obedience of Allah, the Exalted, this shows they believe that this other can bring them some sort of benefit or protect them from harm. This is a sign of the weakness of their faith. The source of all things which occur is Allah, the Exalted, so muslims should only obey Him. Chapter 35 Fatir, verse 2:

“Whatever Allah grants to people of mercy - none can withhold it; and whatever He withholds - none can release it thereafter...”

It is important to note, that obeying a person which encourages the obedience of Allah, the Exalted, in reality is obeying Allah, the Exalted. For example, obeying the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 4 An Nisa, verse 80:

“He who obeys the Messenger has obeyed Allah...”

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from worry.

One of the major things one worries about is obtaining their provision.

In a Hadith found in Sahih Muslim, number 6748, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, allocated all things, such as provision, to all creatures over fifty thousand years before He created the Heavens and the Earth.

It is important to understand that there are two aspects in respect to all situations, such as gaining one's provision. The first aspect is what Allah, the Exalted, has decided meaning, destiny; this will occur and nothing in creation can prevent this from occurring. As this is out of a person's hands it makes no sense to stress over this aspect as they have no influence on destiny irrespective of what they or anybody else does.

The second aspect is one's own efforts. This aspect a person has full control over and they should therefore concentrate on this aspect by using the means they have been provided such as their physical strength to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, which they have no control over, according to the traditions of the Holy Prophet Muhammad, peace

and blessings be upon him. This includes striving to gain lawful provision in order to fulfill their needs and the needs of their dependents while avoiding the unlawful, excess, waste and extravagance.

To conclude, a muslim should never waste time stressing over things they have no control or influence over instead they should use the means they possess and act on those things which they have control over according to the teachings of Islam. This is what Allah, the Exalted, has commanded.

Grief

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from grief.

One thing which can help a person to avoid grief and stress is by adopting a balanced state of mind. This is when one tries to control their emotions in such a way that they do not allow themselves to experience extreme emotional states as these often lead to stress and mental disorders. This has been indicated in chapter 57 Al Hadid, verse 23, of the Holy Quran:

“In order that you not despair over what has eluded you and not exult [in pride] over what He has given you...”

Islam does not prohibit one from showing emotions as this is a part of being human. But it advises a balanced state of mind whereby one does not swing from one extreme emotion to another. Being sad in difficult situations is acceptable but one should not despair, which is extreme sadness, as this often leads to other mental disorders, such as depression. And being happy is acceptable but one should not become overly happy namely, exultant, as this can often lead to sins and regrets in both worlds. A muslim should strive to obtain a balanced state of mind by remembering the countless blessings they still possess in times of difficulty which prevents

extreme sadness namely, despair. And in times of ease they should remember that they will be held accountable for the thing that pleases them and if they misuse it or fail to fulfil the duties linked to it they may face punishment over it. This will prevent one from becoming overly happy namely, exultant.

A balanced state of mind is always best which prevents the negative effects of extreme moods. This will take a muslim closer to true peace of mind and the obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience.

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from grief.

It is important for muslims to adopt a positive mind-set as it is a great tool to aid them when dealing with difficulties so that they remain obedient to Allah, the Exalted. Whenever a person faces difficulties they should always understand a truth that the difficulty could have been much worse. If it was a worldly problem they should be grateful it was not an affliction affecting their faith. Instead of dwelling on the immediate sadness which accompanies the difficulty they should concentrate on the end and the reward which is waiting for those who demonstrate patience for the sake of Allah, the Exalted. When a person loses a few blessings they should recount the countless blessings they still possess. In each difficulty, a muslim should remember the verse of the Holy Quran which reminds muslims that there are many hidden wisdoms to difficulties and tests which they have not observed. Therefore, the situation they are facing is better than the situation they desired. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

To conclude, a muslim should reflect on these facts and others so that they adopt a positive mind-set which is a key element in dealing with difficulties in a way which leads to countless blessings in both worlds. Remember, the cup is not half empty it is instead half full.

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from grief.

Understanding that everything occurs for wise reasons can eliminate grief.

It is important for muslims to understand a simple thing which can aid them with patiently facing destiny and the difficulties it brings. A person happily takes a bitter medicine which their doctor prescribes fully trusting in their knowledge, experience and choice all the while believing that their doctor knows what is best for them. This is true even though they are only human and prone to errors. Yet, many muslims fail to place this same level of trust in Allah, the Exalted, even though His knowledge is infinite and His choices always the wisest. Muslims should try to accept destiny and the troubles it brings just like they take the bitter medicine without complaining knowing it is best for them. They should understand that the troubles and difficulties they face are best for them even if they do not understand or observe the wisdoms in them just like they do not understand the science behind the bitter medicine they happily take. Even though in most cases, they will never understand the science behind the bitter medicine they take a time will certainly come, whether in this world or in the hereafter, when the wisdom behind the bitter difficulties they faced will be revealed to them. So a muslim should anticipate this time patiently knowing all will be revealed shortly. Pondering deeply over this can increase one's patience when dealing with difficulties. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from grief.

Understanding that everything occurs for wise reasons can eliminate grief.

Often when muslims receive blessings especially, beyond their need, it distracts them from the hereafter and instead focuses their minds on this material world. So in this respect, the wisdom behind a difficulty is to refocus a muslim's attention on what is truly important which is preparing for the hereafter. This is like a person who is so preoccupied with their phone that they cross a road without seeing an oncoming vehicle. Another person violently pulls them away from the oncoming car which causes them distress yet, saves their life. Even though being pulled violently causes distress and even pain but it is only done in order to refocus their attention on the life threatening danger namely, the oncoming car. Similarly, a muslim faces emotional and physical difficulties in order to refocus their attention on more important things such as the hereafter. If a muslim was left to only face times of ease without difficulties there is no doubt that they would become lost in enjoying the excess of this material world. This neglect in the long run would be disastrous for them. So they face a small difficulty in order to protect them from greater difficulties namely, the difficulties of the hereafter. Therefore, muslims should remember this truth every time they face a difficulty so that they leave the difficulty refocused on more important things and act correctly over this blessing instead of demonstrating impatience and heedlessness to this vital benefit. This is in fact one of the biggest favours of Allah, the Exalted.

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from grief.

Understanding that everything occurs for wise reasons can eliminate grief.

Parents often take away things or prevent their children from obtaining certain things such as unhealthy food in order to protect them. This behaviour often causes the child to become sad or angry as they are completely unaware of the wisdom behind the actions of their parent. This parental behaviour is something which is widely accepted in society and is rightfully believed to be a characteristic of a good and responsible parent. Similarly, in life people often lose or are prevented from obtaining certain worldly things by Allah, the Exalted. A muslim must understand that the same way parents keep harmful things away from their children even though their children do not understand the reason behind their choice similarly Allah, the Exalted, acts in this manner according to His infinite wisdom and knowledge in order to protect His servants even if people do not understand the wisdom behind His choices. Therefore, every time a muslim finds themselves in this situation they should reflect on this simple example, which no one would reject irrespective of their faith, so that they are inspired to remain patient and show gratitude for the divine protection Allah, the Exalted, has granted them. They should not act like an immature child by becoming angry and impatient as adults are meant to behave better than children. In fact, children are excused from behaving in such a manner as they lack knowledge and experience whereas adults should not lack this and will therefore be held accountable for their behaviour in both worlds.

Bad Companionship

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from being overpowered by people.

This includes being negatively influenced by them. This therefore, warns against bad companionship.

Muslims should note that a major sign of true love is when one directs their beloved towards the obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This is because obedience leads to success and safety in both this world and in the hereafter. A person who does not desire safety and success for a person can never truly love them irrespective of what they claim or how they treat the other person. The same way a person becomes happy when their beloved obtains worldly success, like a job, they will also desire their beloved to obtain success in the hereafter. If a person does not care about another obtaining safety and success especially, in the next world then they do not love them.

A true lover could not bear knowing and seeing their beloved facing difficulties and punishment in this world or in the next. This is only avoidable through the sincere obedience of Allah, the Exalted. Therefore,

they would always direct their beloved towards the obedience of Allah, the Exalted. If a person directs another towards their own selfish interest or the interest of others instead of the obedience of Allah, the Exalted, it is a clear sign that they do not truly love them. This applies to all relationships such as friendships and relatives.

Therefore, a muslim should assess whether those in their life direct them towards Allah, the Exalted, or not. If they do then it is a clear sign of their love for them. If they do not then it is a clear sign that they do not truly love them. Chapter 43 Az Zukhruf, verse 67:

“Close friends, that Day, will be enemies to each other, except for the righteous.”

Debts

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from debts.

One must strive to avoid falling into debts by becoming independent.

In a Hadith found in Sahih Muslim, number 7432, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, loves the servant who is independent of the creation. This means that a muslim should fully utilize the means they have been provided by Allah, the Exalted, such as their physical strength in order to fulfill their duties. They should not behave lazily and seek things from people as this habit leads to dependence on them and reduces trusting in Allah, the Exalted. One should firmly believe that no matter what happens whatever is destined to be their provision was allocated to them over fifty thousand years before the creation of the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. A muslim should focus on their efforts and trust that Allah, the Exalted, will grant them what is best for them.

In a Hadith found in Sunan An Nasai, number 5451, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from debts.

One must strive to avoid falling into debts by leading a simple life.

In a Hadith found in Sunan Ibn Majah, number 4118, the Holy Prophet Muhammad, peace and blessings be upon him, advised that simplicity is a part of faith.

Islam does not teach muslims to give up all their wealth and lawful desires but it instead teaches them to adopt a simple lifestyle in all aspects of their life, such as their food, clothing, housing and business, so that it provides them free time to prepare for the hereafter adequately. This involves fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This simple life includes striving in this world in order to fulfill one's needs and the needs of their dependents without excessiveness, waste or extravagance.

A muslim should understand that the simpler life they lead the less they will stress over worldly things and therefore the more they will be able to strive for the hereafter thereby, obtaining peace of mind, body and soul. But the

more complicated a person's life is the more they will stress, encounter difficulties and strive less for their hereafter as their preoccupations with worldly things will never seem to end. This attitude will prevent them from obtaining peace of mind, body and soul.

Simplicity leads to a life of ease in this world and a straight forward accounting on the Day of Judgment. Whereas, a complicated and indulgent life will only lead to a stressful life and a severe and difficult accounting on the Day of Judgment.

The Trial of the Anti-Christ

In a Hadith found in Sunan An Nasai, number 5453, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the tribulation of the Anti-Christ.

This trial has been discussed in many Hadiths, such as the one found in Sahih Muslim, number 7375. The trial of the Anti-Christ has been described by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sunan Ibn Majah, number 4077, as the greatest trial muslims will face during their lives on Earth. Therefore, muslims should learn some important lessons from this future event. The first is the importance of possessing strong faith. Only those who possess weak faith will be misguided by him. Strong faith is extremely important as it is a weapon against every trial or difficulty one faces during their life. The one who possesses strong faith will always, through the mercy of Allah, the Exalted, overcome every difficulty with reward and the pleasure of Allah, the Exalted, as they understand the behaviour they must demonstrate in each situation. Whereas, those who possess weak faith are easily misguided and put off from the obedience of Allah, the Exalted, by the tests and trials they face during their life just like the people of weak faith will be misguided by the Anti-Christ. Chapter 22 Al Hajj, verse 11:

“And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face

[to unbelief]. He has lost [this] world and the Hereafter. That is what is the manifest loss.”

The best way to achieve strong faith is through gaining and acting on Islamic knowledge. This will allow a muslim to understand the reason and wisdom of tests and trials. This in turn will allow them to overcome them successfully.

The other thing to learn from this great event is the importance of avoiding doubtful things. Just like a person who journeys close to a border is more likely to cross it similarly, a muslim who is surrounded by temptations will more likely be led astray. The one who avoids places and things which tempt them towards sins will protect their faith and honour. This advice has been given in a Hadith found in Jami At Tirmidhi, number 1205. Muslims should therefore guard their faith by avoiding things, places and people who invite or tempt them towards the disobedience of Allah, the Exalted, and ensure their dependents, such as their children do the same.

Sins

In a Hadith found in Sunan An Nasai, number 5456, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from sins.

Sins have been classified as minor and major. Over time many definitions have been given regarding what exactly a major sin is. One simple classification is that any sin which Islam has commanded the Islamic government to punish is classed as a major sin. Another classification is that if any sin is mentioned with Hellfire, the anger of Allah, the Exalted, or the curse of Allah, the Exalted, then it is a major sin. For example, backbiting is a major sin as it is cursed in the Holy Quran. Chapter 104 Al Humazah, verse 1:

“Woe to every backbiter, slanderer.”

Some muslims believe there are only seven major sins which have been mentioned in a Hadith found in Sahih Bukhari, number 2766. But they fail to realize that even though these seven are major sins it does not mean that they are only seven. In fact, there are other Hadiths which mention other major sins such as, disobeying parents. This Hadith is found in Sahih Bukhari, number 6273. The seven major sins declared in the Hadith quoted earlier are: polytheism, magic, killing an innocent, dealing with financial

interest, usurping the wealth of orphans, fleeing a battlefield and accusing an innocent woman of fornication.

It is important to note, that when one persists on minor sins they become major in the sight of Islam.

Major sins are only forgiven with sincere repentance whereas minor sins can be erased by avoiding the major sins and performing righteous deeds. Chapter 4 An Nisa, verse 31:

“If you avoid the major sins which you are forbidden, We will remove from you your lesser sins...”

Sincere repentance includes regret, seeking the forgiveness of Allah, the Exalted, and anyone who has been wronged, making a firm promise not to commit the same or similar sin again and making up for any rights which have been violated in respect to Allah, the Exalted, and people.

Muslims should ensure they avoid all types of sins irrespective of size as one of the traps of the Devil is that he inspires muslims to disregard small sins. One should always remember that mountains are made up of small stones.

In a Hadith found in Sunan An Nasai, number 5456, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from sins.

In a Hadith found in Jami At Tirmidhi, number 1205, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the lawful and unlawful have been made clear by Islam. In between them are doubtful things which should be avoided in order to protect one's faith and honor.

The vast majority of muslims are aware of the obligatory duties and the majority of unlawful things, such as drinking alcohol. So these create no doubt within muslims therefore they should act accordingly. Meaning, fulfil the obligatory duties and abstain from the unlawful according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. All other things which are not obligatory and create a doubt in society should therefore be avoided. Allah, the Exalted, will not question why someone did not perform a voluntary deed instead He will ask why they performed a voluntary deed. Therefore, leaving the voluntary action will have no consequences in the hereafter whereas performing a voluntary deed will namely, punishment, reward or forgiveness. It is important for muslims to act on this short but extremely important Hadith as it will solve and prevent many problems and debates. It is important to understand that when one indulges in doubtful or even vain things it will take them one step closer to the unlawful. For example, sinful speech is often preceded by vain and useless speech. Therefore, it is much safer for a muslim's faith and honor to avoid doubtful and vain things.

Humiliation

In a Hadith found in Sunan An Nasai, number 5462, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from humiliation.

Even though the number of muslims have increased over time it is obvious that the strength of muslims has only decreased. Each muslim irrespective of the strength of their faith believes in the authenticity of the Holy Quran as doubting it would cause them to lose their faith. In the following verse Allah, the Exalted, has given the key to obtaining superiority and success which would remove the weakness and grief muslims are experiencing all around the world. Chapter 3 Alee Imran, verse 139:

“So do not weaken and do not grieve, and you will be superior if you are [true] believers.”

Allah, the Exalted, has made it clear that muslims only need to become true believers in order to achieve this superiority and success in both worlds. True belief involves fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This includes the duties towards Allah, the Exalted, and those towards

people, such as loving for others what one loves for themselves which has been advised in a Hadith found in Jami At Tirmidhi, number 2515. This requires one to learn and act on Islamic teachings. Through this attitude was success and superiority granted to the Companions, may Allah be pleased with them. And if Muslims desire to achieve it then they must return to this rightly guided attitude. As Muslims believe in the Holy Quran they should understand this simple teaching and act on it.

In a Hadith found in Sunan An Nasai, number 5462, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from humiliation.

Even though tests and trials have affected believers since the dawn of time particularly in the time of the Holy Prophet Muhammad, peace and blessings be upon him, yet it seems like the modern day tests only lead to more difficulties and humiliation for muslims. Whereas, the tests which the righteous predecessors faced only led to their honour in both worlds. The main reason for this difference in the outcome and result of tests is that when the righteous predecessors faced tests in fact, greater tests than the modern day muslims, which is confirmed in a Hadith found in Sunan Ibn Majah, number 4023, they faced their tests and difficulties while sincerely obeying Allah, the Exalted, in the form of fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and being patient with destiny. This resulted in them safely passing the test and receiving great honour and blessings from Allah, the Exalted, in both worlds. Whereas, many muslims in this day and age face tests but do not remain steadfast on the obedience of Allah, the Exalted. They fail to understand that success and honour through tests is only granted to those who remain steadfast on the obedience of Allah, the Exalted, whereas, being disobedient only leads to disgrace. Therefore, muslims should not worship Allah, the Exalted, on an edge whereby they are only obedient to Him in times of ease and turn away from Him angrily and disobediently in times of difficulty. This is not real servant hood or obedience to Allah, the Exalted. Simply put, no action will aid muslims in the long run if it is not based on the obedience of Allah, the Exalted. Disobedience will only lead from one difficulty to another, one disgrace to another. Chapter 4 An Nisa, verse 147:

“What would Allah do with [i.e., gain from] your punishment if you are grateful and believe?...”

In a Hadith found in Sunan An Nasai, number 5462, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from humiliation.

In a Hadith found in Sunan Abu Dawud, number 4297, the Holy Prophet Muhammad, peace and blessings be upon him, warned that a day would soon come when other nations would attack the muslim nation and even though they would be great in number they would be deemed insignificant by the world. Allah, the Exalted, would remove the fear of muslims from the hearts' of the other nations. This would occur because of the muslim nation's love for the material world and their hatred for death.

The Companions, may Allah be pleased with them, were small in number yet, they overcame entire nations whereas the muslims today are greater in number yet, have no social or political influence in the world. This is because the Companions, may Allah be pleased with them, lived their lives according to the teachings of Islam thereby, favouring and preparing for the hereafter over enjoying the lawful pleasures of this world. Whereas, most of the muslims today have adopted the opposite mind-set. It is important to understand that the root of all sins is the love of the material world. This is because any sin which is committed is done out of love and desire for it. The material world can be split into four aspects: fame, fortune, authority and one's social life, such as their relatives and friends. It is in the excess pursuit of these things which lead to sins, such as earning unlawful wealth out of love for fortune. It is why a Hadith found in Jami At Tirmidhi, number 2376, warns that love for wealth and authority is more destructive to one's faith than the destruction two hungry wolves would cause if they were let loose on a herd of sheep. Whenever people seek the excess of these aspects of the material world it always leads to disobedience of Allah, the

Exalted. When this occurs the mercy of Allah, the Exalted, is removed which leads to nothing but trouble.

Even though, some muslims believe pursuing the excess things of the material world is harmless it is something the Holy Prophet Muhammad, peace and blessings be upon him, warned against in many Hadiths such as the one found in Sahih Bukhari, number 3158. He warned that he did not fear poverty for muslims. What he feared was that muslims would pursue the excess of this material world, such as excess wealth, and this would cause them to compete with each other over it and this would lead to their destruction. As warned in this Hadith this was the behaviour of the past nations.

As the material world is limited it is obvious that people would have to compete over it if they desired more than their necessities. This competition would cause them to adopt the characteristics which contradict the character of a true muslim, such as envy and enmity for others. They would stop caring for each other as they are too busy competing in gathering and hoarding the material world. And they would contradict the advice given in a Hadith found in Sahih Bukhari, number 6011, which advises that muslims should act like one body when any part of the body suffers from an illness the rest of the body shares in the pain. This competition would drive a muslim to stop loving for others what they love for themselves which is a characteristic of a true believer according to a Hadith found in Jami At Tirmidhi, number 2515, as they desire to outdo their fellow muslims in worldly things. Persisting on this competition will cause a muslim to love, hate, give and withhold all for the sake of the material world instead of for the sake of Allah, the Exalted, which is an aspect of perfecting one's faith according to a Hadith found in Sunan Abu Dawud, number 4681. This

competition is the difference between the Companions, may Allah be pleased with them, and many of the muslims today.

If muslims desire to regain the strength and influence Islam once had they must strive and prioritise preparing for the hereafter over striving for obtaining and hoarding the excess of this material world. This must occur from an individual level until it affects the whole nation.

In a Hadith found in Sunan An Nasai, number 5462, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from humiliation.

Islam teaches muslims that they should never compromise on their faith in order to gain something from the material world. Chapter 4 An Nisa, verse 135:

“O you who have believed, be persistently standing firm in justice, witnesses for Allah, even if it be against yourselves or parents and relatives...”

As the material world is temporary whatever one gains from it will eventually fade away and they will be held accountable for their actions and attitude in the hereafter. On the other hand, faith is the precious jewel which guides a muslim through all difficulties in this world and in the hereafter safely. Therefore, it is plain foolishness to compromise the thing which is more beneficial and lasting for the sake of a temporary thing.

Many people especially women, will encounter moments in their lives where they will have to choose whether to compromise on their faith. For example, in some cases a muslim woman may believe that if she removed her scarf and dressed a certain way she would be more respected at work and may even climb the corporate ladder more quickly. Similarly, in the

corporate world it is considered important to mingle with colleagues after work hours. So a muslim might find themselves being invited to a pub or club after work.

In times like this it is important to remember that ultimate victory and success will only be granted to those who remain steadfast on the teachings of Islam. Those who act in this way will be granted worldly and religious success. But more importantly their worldly success will not become a burden for them. In fact, it will become a means for Allah, the Exalted, to increase their rank and remembrance amongst mankind. Examples of this are the rightly guided Caliphs of Islam. They did not compromise on their faith and instead remained steadfast throughout their lives and in return Allah, the Exalted, granted them a worldly and religious empire.

All other forms of success are very temporal and sooner or later they become a difficulty for its bearer. One only needs to observe the many celebrities who compromised on their ideals and belief in order to obtain fame and fortune only for these things to become a cause of their sadness, anxiety, depression, substance abuse and even suicide.

Reflect on these two paths for a moment and then decide which one should be preferred and chosen.

Wronging Others

In a Hadith found in Sunan An Nasai, number 5462, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from wronging others.

In a Hadith found in Sahih Muslim, number 6579, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the bankrupt muslim is the one who accumulates many righteous deeds, such as fasting and prayer, but as they mistreated people their good deeds will be given to their victims and if necessary their victim's sins will be given to them on Judgement Day. This will lead to them being hurled into Hell.

It is important to understand that a muslim must fulfil two aspects of faith in order to achieve success. The first are the duties in respect to Allah, the Exalted, such as the obligatory prayer. The second aspect is in respect to people which includes treating them kindly. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has declared in a Hadith found in Sunan An Nasai, number 4998, that a person cannot be a true believer until they keep they physical and verbal harm away from the life and possessions of others.

It is important to understand that Allah, the Exalted, is infinitely forgiving meaning, He will forgive those who sincerely repent to Him. But He will not forgive the sins which involve other people until the victim forgives

first. As people are not so forgiving a muslim should be fearful that those who they have wronged will exact revenge on them by taking away their precious good deeds on Judgment Day. Even if a muslim fulfils the rights of Allah, the Exalted, they may still end up in Hell simply because they have wronged others. It is therefore important for muslims to strive to fulfil both aspects of their duties in order to obtain success in both worlds.

Oppression

In a Hadith found in Sunan An Nasai, number 5462, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from being wronged.

In a Hadith found in Imam Munzari's, Awareness and Apprehension, number 2556, the Holy Prophet Muhammad, peace and blessings be upon him, gave glad tidings to the one who is humble without a shortcoming meaning, weakness. The humble one submits, accepts and acts on the commands and prohibitions of Allah, the Exalted, thereby proving their servanthood to Him. They readily accept the truth when it is presented to them even if it contradicts their desires and irrespective of who delivers it to them. Meaning, they do not reject the truth believing they know best. They do not look down at others believing they are superior to them because of any worldly thing they possess or because of their obedience to Allah, the Exalted, as they understand that their final outcome or the final outcome of others is unknown to them. Meaning, they may die while Allah, the Exalted, is not pleased with them. This reality should prevent a person from the deadly sin of pride. An atom's worth of which is enough to take one to Hell. This has been warned in a Hadith found in Sahih Muslim, number 265. Humility without weakness means that a muslim always demonstrates kindness to others but is not afraid to defend themselves if necessary nor does their humility cause them to appear disgraced and dishonored.

In a Hadith found in Sunan An Nasai, number 5462, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from being wronged.

In a Hadith found in Jami At Tirmidhi, number 2346, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever wakes up in the morning safe from danger, healthy and having food for the day is as if the world was gathered for them.

In this day and age where many people around the world are living in unsafe countries a muslim who has been blessed with safety should make use of it by using their freedom to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. For example, they should take advantage of journeying to the Mosques for the congregational prayers and religious gatherings of knowledge.

In addition, muslims should extend this sense of security to others irrespective of their faith so that the whole society becomes secure from danger. In fact, according to a Hadith found in Sunan An Nasai, number 4998, a person cannot be a true muslim or believer until they keep their verbal and physical harm away from the self and possessions of others. Simply put, a muslim should treat others in the same way they desire to be treated by people.

A muslim must take advantage of their good health by obeying Allah, the Exalted, as it is a blessing which is often only truly appreciated until it is

lost. This has been indicated in a Hadith found in Sahih Bukhari, number 6412. Those who make good use of their good health by obeying Allah, the Exalted, will find that they will receive His support when they eventually lose their good health. But those who fail to make use of this blessing are unlikely to receive this support. It is important to note, making use of one's health includes striving in this material world in order to fulfill one's needs and the needs of their dependents.

One of the major concerns of a person is their provision. A muslim should remember that it was allocated to them over fifty thousand years before the creation of the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. The one who obtains their daily provision should concern themselves with their other duties and plan for tomorrow without stressing as their provision is guaranteed.

Poverty

In a Hadith found in Sunan An Nasai, number 5463, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from poverty.

This poverty refers to when one seeks unlawful wealth in order to satisfy their needs. Otherwise, poverty in itself is not evil as long as one can remain patient.

Poverty should be avoided by spending one's wealth sensibly.

The Holy Quran has labelled those who are wasteful as the siblings of the Devil. Chapter 17 Al Isra, verse 27:

“Indeed, the wasteful are brothers of the devils, and ever has Satan been to his Lord ungrateful.”

The comparison has been made to the Devil for several reasons. First of all, the people who spend wealth excessively on unnecessary things often do so in haste without thinking things through meaning, an impulse

spender. In fact, according to a Hadith found in Jami At Tirmidhi, number 2012, the Holy Prophet Muhammad, peace and blessings be upon him, has warned that being hasty is from the Devil while thinking things through is from Allah, the Exalted. If a muslim truly pondered over what they desired to purchase they would not spend on unnecessary and extravagant things as this is not a sign of a true muslim.

In addition, when one spends on unnecessary and extravagant things especially, excessively they in most cases are only fuelling the companies who make a profit by distracting people from right guidance, such as the entertainment industry, which is the Devil's main and ultimate goal.

Spending wastefully always distracts one from preparing for the hereafter as this person dedicates much time to earning wealth, spending it wastefully and enjoying what they acquired. Distracting a muslim from preparing for the hereafter is another goal of the Devil.

Finally, the verse quoted earlier specifically mentions the ingratitude of the Devil. In reality, the one who spends wastefully on unnecessary things does so because they too are ungrateful over what they already possess. If they possessed true gratitude it would prevent them from acting in this manner. Islam does not prohibit one from spending on necessary things in fact it encourages muslims to do so. And even spending on unnecessary things is acceptable if it is done occasionally and without extravagance as this is something which is disliked by Allah, the Exalted, and leads to wasting wealth. Chapter 6 Al An'am, verse 141:

“...And be not excessive. Indeed, He does not like those who commit excess.”

Disbelief

In a Hadith found in Sunan An Nasai, number 5467, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from disbelief.

Disbelief can be a literal rejecting of Islam or through actions, which involves disobeying Allah, the Exalted, even though one believes in Him. This can be clearly understood by an example. If an unaware person is warned by another of an approaching lion and the unaware person takes practical steps to obtain safety they will be considered someone who believed in the warning given to them as they adapted their behaviour based on the warning. Whereas, if the unaware person does not practically change their behaviour after being warned, people will suspect that they do not believe in the warning given to them even if the unaware person verbally claims belief in the warning given to them.

Some people claim that their belief and obedience to their God is in their hearts and they therefore do not need to demonstrate it practically. Unfortunately, this foolish mentality has infected many Muslims who believe they possess a pure faithful heart even though they fail to fulfil the obligatory duties of Islam. The Holy Prophet Muhammad, peace and blessings be upon him, has clearly declared in a Hadith found in Sunan Ibn Majah, number 3984, that when one's heart is pure the body becomes pure which means their actions become correct. But if one's heart is corrupt the body becomes corrupt which means their actions will be corrupt and incorrect. Therefore, the one who does not obey Allah, the Exalted, by fulfilling their duties practically can never have a pure heart.

In addition, demonstrating one's faith in Allah, the Exalted, practically is their proof and evidence which is required on Judgment Day in order to be granted Paradise. Not having this practical evidence is as silly as a student who hands back a blank exam paper to their teacher claiming their knowledge is in their mind so they therefore do not need to write it down by answering the exam questions. The same way this student would undoubtedly fail so will a person who reaches Judgment Day without the obedience of Allah, the Exalted, in the form of fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, even if they possess faith in their heart.

In a Hadith found in Sunan An Nasai, number 5467, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from disbelief.

First of all, it is important to understand, that the major thing which separates a human from an animal is the fact that people live by a higher moral code. If people abandoned this and simply acted on their desires then there would be no difference between them and animals. In fact, people would be worse as they possess the higher level of thinking yet, still choose to live like animals.

Secondly, whether people want to admit it or not in reality, every person is a servant of something or someone. Some are servants of others, such as Hollywood executives and do whatever they command them to do even if it challenges modesty and shame. Others are servants of their relatives and friends and do whatever it takes to please them. Others are the worse by being servants of their own desires as this is the attitude of animals who generally act to please themselves. The best and highest form of servanthood is being a servant of Allah, the Exalted. This is quite evident if one turns the pages of history which clearly shows that those who were the servants of Allah, the Exalted, such as the Holy Prophets, peace be upon them, were granted the highest honour and respect in this world and will be granted this in the next. Centuries and millennia have passed yet their names are remembered as the pillars and beacons of history. Whereas those who became servants of others especially, their own desires were eventually disgraced in this world even if they achieved some worldly status and they became mere footnotes in history. The media barely remembers those who pass away for more than a few days before moving onto the next person to report on. During their lives these people eventually become sad, lonely, depressed and even suicidal as selling their souls and decency to their worldly masters did not grant them the contentment they were looking

for. One does not need to be a scholar to understand this obvious truth. So if people must be servants they should be the servants of Allah, the Exalted, as lasting honour, greatness and true success lies only in this.

The Trial of Hell

In a Hadith found in Sunan An Nasai, number 5468, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the tribulations of the Fire.

In a Hadith found in Jami At Tirmidhi, number 2559, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Paradise is surrounded by hardships and Hell is surrounded by desires.

This means the path which leads to Paradise contains difficulties and hardships. In most cases, a person cannot obtain good in this world without going through some sort of difficulty, such as exerting one's energy, then how can one believe they can obtain Paradise without facing difficulties? If one turns the pages of history they will observe the righteous always faced difficulties but as they knew the path of Paradise contained difficulties they maintained their focus on the destination instead of the difficulties. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, once declared that no one had been tested more than him in a Hadith found in Jami At Tirmidhi, number 2472. Therefore, muslims must realize a fact that facing some difficulties in this world is an extremely small price to pay to obtain the permanent bliss of Paradise. Therefore, they should remain patient through all difficulties while focusing on the destination.

The path to Hell is full of desires. This indicates the importance of maintaining one's obedience to Allah, the Exalted, at all times by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. Even though it is not unlawful to enjoy lawful pleasures in this world a muslim should minimize these as much as possible as these lawful desires often lead to unlawful desires. It is why a Hadith found in Jami At Tirmidhi, number 1205, advises that the one who behaves in such a manner will safe guard their faith and honor. A muslim should never obey their desires or the desires of others if it means they will disobey Allah, the Exalted, as the pleasure of fulfilling desires vanishes quickly whereas the regret and the potential punishment will last long.

To conclude, a desire fulfilled will not make one feel better if they end up in Hell. And a difficulty one faces will not make them feel bad if they end up in Paradise.

Punishment of Hell

In a Hadith found in Sunan An Nasai, number 5468, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the torment of the Fire.

The thing to remember is that in reality each person who will end up in Hell takes the fire, which they will encounter in Hell, with them from this world in the form of their sins. When a muslim engraves this reality into their mind they will observe each sin, major or minor, as a piece of unbearable fire. The same way a person avoids fire in this world they should avoid sins as in reality sins are like hidden fire which will be shown to them in the hereafter.

In addition, a muslim should not live in heedlessness and believe they can simply claim love for Allah, the Exalted, the Holy Prophet Muhammad, peace and blessings be upon him, and the Companions, may Allah be pleased with them, without supporting this verbal declaration with actions. If this was true then the Companions, may Allah be pleased with them, would not have strived so hard in the obedience of Allah, the Exalted, and they undoubtedly understood Islam and Judgment Day better than the people after them. Simply put, a declaration of love without actions will not save one from Hell. In fact, it has been made clear that some muslims will enter Hell on Judgment Day. The muslim who abandons acting on Islamic teachings should understand that their attitude may cause them to lose their faith before their death so that they enter Judgment Day as a non-muslim, which is the greatest loss.

The same way one would not enter a battle without armour and a shield a muslim should not enter Judgment Day without the armour and shield of righteous deeds. Otherwise, the same way the soldier who has no protection will most likely be harmed so will a muslim who reaches Judgment Day without the protection provided by the obedience of Allah, the Exalted, which involves fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience. A muslim should remember that the luxuries and pleasures of the material world they enjoyed will not make them feel better if they end up in Hell. In fact, it will only make them feel worse.

The Trial of the Grave

In a Hadith found in Sunan An Nasai, number 5468, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the tribulations of the grave.

In a Hadith found in Jami At Tirmidhi, number 3120, the Holy Prophet Muhammad, peace and blessings be upon him, advised that each person will be asked three questions in the grave.

The first question will be who is your Lord? In order to answer this question correctly a muslim must not only believe in Allah, the Exalted, but prove this belief through actions. This is only achieved by fulfilling His commands, refraining from His prohibitions and by facing His decrees with patience. It is this very proof which will support a muslim in their grave when they encounter this question. It is important to note, that even some non-muslims believe in Allah, the Exalted, yet they will fail to answer this question correctly as they did not obey Him correctly during their lives. If only believing in Him was enough then these non-muslims would succeed in this question. But it is quite evident they will not succeed.

The next question will be what is your religion? If a muslim desires to answer this correctly they must not only believe in Islam but practically implement its teachings in their everyday life. This involves sincerely striving to obtain and act on its teachings. It is the reason gaining useful

knowledge has been made a duty on all muslims according to a Hadith found in Sunan Ibn Majah, number 224.

The final question according to this Hadith will be who is your Prophet? It is important to note, that even some of the past nations believed in their Prophets, peace be upon them, but as they did not follow in their footsteps correctly they will fail in answering this question correctly. If a muslim desires to answer this question correctly they must not only verbally declare their belief in the Holy Prophet Muhammad, peace and blessings be upon him, but actively learn and act on his traditions. This is the very purpose of sending Holy Prophets, peace be upon them, meaning, to practically follow them. Chapter 33 Al Ahzab, verse 21:

“There has certainly been for you in the Messenger of Allah an excellent pattern for anyone whose hope is in Allah and the Last Day and [who] remembers Allah often.”

The mercy, love and forgiveness of Allah, the Exalted, which will help a muslim answer this question correctly is only possible to obtain through this method. Chapter 3 Alee Imran, verse 31:

“Say, [O Muhammad], “If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins. And Allah is Forgiving and Merciful.””

The Trial of Richness

In a Hadith found in Sunan An Nasai, number 5468, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the evil of the tribulation of richness.

Muslims often increase their obedience to Allah, the Exalted, such as attending the Mosques for the congregational prayers or reciting more spiritual exercises in times of difficulty. But in times of ease they often relax and become lazy. But it is important to note, that generally it is more important to be more on guard and increase one's obedience during times of ease than times of difficulty. This is because one often sins more during times of ease than difficulty, such as abandoning their obligatory duties. If one reviews the different misguided people in history, such as Pharaoh and Quroon they will observe that their sins only multiplied during times of ease. Someone who is facing a difficulty where they are stuck and have no option but to patiently wait for relief is less likely to sin as they desire to be relieved of their difficulty. Whereas, a person experiencing times of ease will be in a better position to enjoy and over indulge in worldly things which often leads to sins. For example, a person facing poverty is less likely to sin as many sins require wealth. Whereas, a wealthy person is in an easier position to commit those sins, such as purchasing alcohol or drugs. Therefore, muslims should take note of this and ensure they maintain or even increase their obedience to Allah, the Exalted, during times of ease so that they do not fall into sins and disobedience.

In addition, the one who is obedient to Allah, the Exalted, by fulfilling His commands and refraining from His prohibitions during times of ease will gain the support of Allah, the Exalted, during their times of difficulty which will aid them to overcome them successfully. Chapter 47 Muhammad, verse 7:

“O you who have believed, if you support Allah, He will support you and plant firmly your feet.”

In a Hadith found in Sunan An Nasai, number 5468, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the evil of the tribulation of richness.

It is important for muslims to understand that they should not define a situation as good or bad according to worldly definitions. For example, according to a worldly definition being wealthy is good whereas being poor is bad. Instead, muslims should ascribe good and bad to events and things according to the teachings of Islam. Meaning, anything which takes one closer to the obedience of Allah, the Exalted, in the form of fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, is good even if it is seen as bad from a worldly point of view. And anything which takes one away from the obedience of Allah, the Exalted, is bad even if it appears good.

There are many examples throughout the teachings of Islam which demonstrate this. For example, Qarun was an extremely wealthy person who lived in the time of the Holy Prophet Mosa, peace be upon him. Many people then and now may consider his wealth to be a good thing but as it led him to pride it became a means of his destruction. So in his case being wealthy was a bad thing. Chapter 28 Al Qasas, verses 79-81.

“So he came out before his people in his adornment. Those who desired the worldly life said, "Oh, would that we had like what was given to Qārūn. Indeed, he is one of great fortune. But those who had been given knowledge said, "Woe to you! The reward of Allah is better for he who believes and does righteousness. And none are granted it except the

patient." And We caused the earth to swallow him and his home. And there was for him no company to aid him other than Allah, nor was he of those who [could] defend themselves."

On the other hand, the third rightly guided Caliph of Islam, Usman Bin Affan, may Allah be pleased with him, was also wealthy yet he used his wealth in the correct way. In fact, once after donating a large amount of wealth he was told by the Holy Prophet Muhammad, peace and blessings be upon him, that nothing could harm his faith after that day. This has been indicated in a Hadith found in Jami At Tirmidhi, number 3701. So in his case wealth was a good thing.

To conclude, a muslim should remember that every difficulty they face has wisdoms behind it even if they do not observe them. So they should not believe something is good or bad from a worldly point of view. Meaning, if the thing encourages them towards the obedience of Allah, the Exalted, then it is good even if it looks bad. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

In a Hadith found in Sunan An Nasai, number 5468, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the evil of the tribulation of richness.

Richness can lead to one becoming excessively desirous of obtaining more wealth.

In a Hadith found in Jami At Tirmidhi, number 2376, the Holy Prophet Muhammad, peace and blessings be upon him, warned that craving for wealth and status is more destructive to one's faith than the destruction caused by two hungry wolves which are set free on a herd of sheep.

This shows that hardly any of a muslim's faith remains secure if they crave after wealth and fame in this world just as hardly any of the sheep will be saved from two hungry wolves. So this great similitude contains a severe warning against the evil of craving after excess wealth and social status in the world.

The first type of craving for wealth is when one has extreme love for wealth and strives without fatigue to acquire it through lawful means. To behave in such a manner is not the sign of wise person as a muslim should firmly believe their provision is guaranteed to them and this allotment can never change. In fact, the provision of the creation was allocated over fifty thousand years before the creation of the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. This person will undoubtedly neglect their duties as they

are too preoccupied with obtaining wealth. A body which is too busy acquiring wealth will never prepare adequately for the hereafter. In fact, this person will dedicate so much effort to acquiring wealth that they may not even get a chance to enjoy it. Instead, they will depart this world and leave it behind for other people to enjoy even though they will be held accountable for it. This person may acquire wealth lawfully but they will still not find peace of mind as no matter how much they obtain they will only desire more. This person is needy and therefore, a real pauper even if they possess much wealth.

The only craving which is beneficial is craving for accumulating true wealth namely, righteous deeds in order to prepare for one's day of return.

The second type of craving for wealth is similar to the first type but in addition to it this type of person acquires wealth through unlawful means and fails to fulfil the rights of people, such as the obligatory charity. The Holy Prophet Muhammad, peace and blessings be upon him, has warned against this in many Hadiths. For example, in a Hadith found in Sahih Muslim, number 6576, he warned that this attitude destroyed the past nations as they made unlawful things lawful, withheld the rights of others and killed others for the sake of excess wealth. This person strives for the wealth they are not entitled to which leads to countless major sins. When one adopts this attitude they become intensely greedy. As warned by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Jami At Tirmidhi, number 1961, the greedy person is far from Allah, the Exalted, far from Paradise, far from people and close to Hell. In fact, a Hadith found in Sunan An Nasai, number 3114, warns that extreme greed and true faith will never combine in the heart of a true muslim.

If a muslim adopts this type of craving then the extreme danger of it is clear even to an uneducated muslim. It will destroy their faith until nothing except a little remains just like the main Hadith under discussion warns that this destruction to one's faith is more severe than the destruction caused by two hungry wolves which are let loose on a herd of sheep. This muslim risks losing the little faith they possess at the moment of their death, which is the greatest loss.

Treachery

In a Hadith found in Sunan An Nasai, number 5470, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from treachery.

In a Hadith found in Sahih Bukhari, number 2749, the Holy Prophet Muhammad, peace and blessings be upon him, warned that betraying trusts is an aspect of hypocrisy.

This includes all the trusts one possesses from Allah, the Exalted, and people. Every blessing one possesses has been entrusted to them by Allah, the Exalted. The only way to fulfill these trusts is by using the blessings in the way which is pleasing to Allah, the Exalted. This will ensure they gain further blessings as this is true gratitude. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

The trusts between people are important to fulfill also. The one who has been entrusted with someone else's belongings should not misuse them and only use them according to the wishes of the owner. One of the greatest trusts between people is keeping conversations secret unless

there is some obvious benefit in informing others. Unfortunately, this is often overlooked amongst muslims.

In a Hadith found in Sunan An Nasai, number 5470, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from treachery.

In a Hadith found in Sahih Bukhari, number 2749, the Holy Prophet Muhammad, peace and blessings be upon him, warned that breaking promises is an aspect of hypocrisy.

The greatest of promises a muslim has made is with Allah, the Exalted, which is to obey Him sincerely. This involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. All other promises made with people must also be kept unless one has a valid excuse especially, the ones a parent makes with children. Breaking promises only teaches children bad character and encourages them to believe being deceitful is an acceptable characteristic to possess. In a Hadith found in Sahih Bukhari, number 2227, Allah, the Exalted, declares that He will be against the one who makes a promise in His name and then breaks it without a valid excuse. How can the one who has Allah, the Exalted, against them on Judgment Day possibly succeed?

Opposing the Truth

In a Hadith found in Sunan An Nasai, number 5473, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from opposing the truth.

An aspect of this is adopting stubbornness. Some adopt stubbornness in worldly matters and as a result they do not change their character for the better. Instead, they remain steadfast on their attitude believing this is somehow a sign of their great strength and wisdom. Steadfastness in matters of faith is a praiseworthy attitude but in most worldly matters it is only called stubbornness, which is blameworthy.

Unfortunately, some believe if they change their attitude it demonstrates weakness or it shows that they are admitting their fault and because of this they stubbornly fail to change for the better. Adults behave like immature children by believing that if they change their behaviour it means they have lost while others who remain steadfast on their attitude have won. This is simply childish.

In reality, an intelligent person will remain steadfast on matters of faith but in worldly matters they will change their attitude, as long as it is not sinful, in order to make their life easier. So changing to improve one's life is not a sign of weakness it is in fact a sign of intelligence.

In many cases, a person refuses to change their attitude and expects others in their life to change theirs, such as their relatives. But what often occurs is that due to stubbornness all remain in the same state which only leads to regular disagreements and arguments. A wise person understands that if the people around them do not change for the better than they should. This change will improve the quality of their life and their relationship with others which is much better than going around in circular arguments with people. This positive attitude will eventually cause others to respect them as it takes real strength to change one's character for the better.

Those who remain stubborn will always find something to be annoyed about which will remove peace from their life. This will cause further difficulties in all aspects of their life, such as their mental health. But those who adapt and change for the better will always move from one station of peace to another. If one achieves this peace does it really matter if others believe they only changed because they were wrong?

To conclude, to remain steadfast on the teachings of the Holy Quran and the traditions of Holy Prophet Muhammad, peace and blessings be upon him, is praiseworthy. But in worldly matters and in cases where no sin is committed a person should learn to adapt and change their attitude so that they find some peace in this world.

In a Hadith found in Sunan An Nasai, number 5473, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from opposing the truth.

An aspect of this is adopting pride. In a Hadith found in Sahih Muslim, number 265, the Holy Prophet Muhammad, peace and blessings be upon him, warned that a person who possesses even an atom's worth of pride in their heart will not enter Paradise. He clarified that pride is when a person rejects the truth and looks down on others.

No amount of good deeds will benefit someone who possesses pride. This is quite obvious when one observes the Devil and how his countless years of worship did not benefit him when he became proud. In fact, the following verse clearly connects pride with disbelief so a muslim must avoid this evil characteristic at all costs. Chapter 2 Al Baqarah, verse 34:

“And [mention] when We said to the angels, "Prostrate before Adam"; so they prostrated, except for Iblees. He refused and was arrogant and became of the disbelievers.”

The proud is the one who rejects the truth when it is presented to them simply because it did not come from them and as it challenges their desires and mentality. The proud person also believes they are superior to others even though they are unaware of their own ultimate end and the ultimate end of others. This is plain ignorance. In reality, it is foolish to be proud of anything seeing as Allah, the Exalted, created and

granted everything a person owns. Even the righteous deeds one performs are only due to the inspiration, knowledge and strength granted by Allah, the Exalted. Therefore, being proud of something which does not innately belong to them is plain foolishness. This is just like a person who becomes proud over a mansion they do not even own or live in.

This is the reason why pride belongs to Allah, the Exalted, as He alone is the Creator and innate Owner of all things. The one who challenges Allah, the Exalted, in pride will be thrown into Hell. This has been confirmed in a Hadith found in Sunan Abu Dawud, number 4090.

A muslim should instead follow in the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him, and adopt humility. The humble truly recognise that all the good they possess and all the evil they are protected from comes from no one except Allah, the Exalted. Therefore, humility is more fitting for a person than pride. A person should not be fooled into believing humility leads to disgrace as no one has been more honoured than the humble servants of Allah, the Exalted. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has guaranteed an increase in status for the one who adopts humility for the sake of Allah, the Exalted, in a Hadith found in Jami At Tirmidhi, number 2029.

In a Hadith found in Sunan An Nasai, number 5473, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from opposing the truth.

Since the passing of the righteous predecessors the strength of the muslim nation has weakened dramatically. It is logical that the greater the number of people in a group the stronger the group will become yet muslims have somehow defied this logic. The strength of the muslim nation has only decreased as the number of muslims have increased. One of the main reasons this has occurred is connected to chapter 5 Al Ma'idah, verse 2 of the Holy Quran:

"...And cooperate in righteousness and piety, but do not cooperate in sin and aggression..."

Allah, the Exalted, clearly commands muslims to aid each other in any matter which is good and not support each other in any matter which is bad. This is what the righteous predecessors acted on but many muslims have failed to follow in their footsteps. Many muslims now observe who is doing an action instead of observing what they are doing. If the person is linked to them for example, a relative, they support them even if the thing is not good. Similarly, if the person has no relationship with them they turn away from supporting them even if the thing is good. This attitude completely contradicts the traditions of the righteous predecessors. They would support others in good irrespective of who was doing it. In fact, they went so far on acting on this verse of the Holy Quran that they would even support those they did not get on with as long as it was a good thing.

The other thing connected to this is that many muslims fail to support each other in good as they believe the person they are supporting will gain more prominence than them. This condition has even affected scholars and Islamic educational institutes. They make lame excuses not to aid others in good as they do not have a relationship with them and they fear their own institution will be forgotten and those they help will gain further respect in society. But this is completely wrong as one only needs to turn the pages of history to observe the truth. As long as one's intention is to please Allah, the Exalted, supporting others in good will increase their respect within society. Allah, the Exalted, will cause the hearts of the people to turn to them even if their support is for another organisation, institution or person. For example, when the Holy Prophet Muhammad, peace and blessings be upon him, departed this world Umar Bin Khattab, may Allah be pleased with him, could have easily challenged for the Caliphate and would have found plenty of support in his favour. But he knew the right thing to do was to nominate Abu Bakkar Siddique, may Allah be pleased with him, as the first Caliph of Islam. Umar Bin Khattab, may Allah be pleased with him, did not worry about being forgotten by society if he supported another person. He instead obeyed the command in the verse mentioned earlier and supported what was right. This is confirmed in the Hadiths found in Sahih Bukhari numbers 3667 and 3668. The honour and respect of Umar Bin Khattab, may Allah be pleased with him, within society only increased by this action. This is obvious to those who are aware of Islamic history.

Muslims must reflect on this deeply, change their mentality and strive to aid others in good irrespective of who is doing it and not hold back fearing their support will cause them to be forgotten within society. Those who obey Allah, the Exalted, will never be forgotten in both this world and the next. In fact, their respect and honour will only grow in both worlds.

Hypocrisy

In a Hadith found in Sunan An Nasai, number 5473, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from hypocrisy.

In a Hadith found in Sahih Bukhari, number 2749, the Holy Prophet Muhammad, peace and blessings be upon him, listed three signs of a hypocrite. Even though a muslim will not lose their faith if they act on these characteristics but it is vital to avoid them as a muslim who acts like a hypocrite may well end up with them on Judgment Day.

The first characteristic is that when they speak they lie. Meaning, they lie often. Lying is unacceptable whether it is a small lie, which is often called a white lie, or when one lies as a joke. All of these types of lying are forbidden. In fact, the one who lies to make people laugh, so their aim is not to deceive someone, has been cursed three times in one Hadith found in Jami At Tirmidhi, number 2315.

Another popular lie people often speak believing it is not a sin is when they lie to children. This is undoubtedly a sin according to Hadiths such as the one found in Sunan Abu Dawud, number 4991. It is plain foolishness to lie to children as they will only adopt this sinful habit from the elder who lies to them. Behaving in this manner shows children lying is acceptable when it is not acceptable according to the teachings of

Islam. Only in very rare and extreme cases is lying acceptable for example, lying in order to protect the life of an innocent person.

It is vital to avoid lying as according to one Hadith found in Jami At Tirmidhi, number 1971, it leads to other sins such as backbiting and mocking people. This behaviour leads one to the gates of Hell. When a person continues to lie they are recorded by Allah, the Exalted, as a great liar. It does not take a scholar to predict what will happen to a person on Judgment day who has been recorded by Allah, the Exalted, as a great liar.

All muslims desire the company of the Angels. Yet, when a person lies they are deprived of their company. In fact, the stench that is omitted from the mouth of a liar causes the Angels to move a mile away from them. This is confirmed in a Hadith found in Jami At Tirmidhi, number 1972.

The next characteristic of hypocrisy mentioned in the main Hadith is that they betray their trusts. This includes all the trusts one possesses from Allah, the Exalted, and people. Every blessing one possesses has been entrusted to them by Allah, the Exalted. The only way to fulfill these trusts is by using the blessings in the way which is pleasing to Allah, the Exalted. This will ensure they gain further blessings as this is true gratitude. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

The trusts between people are important to fulfill also. The one who has been entrusted with someone else's belongings should not misuse them and only use them according to the wishes of the owner. One of the greatest trusts between people is keeping conversations secret unless there is some obvious benefit in informing others. Unfortunately, this is often overlooked amongst muslims.

The final sign of hypocrisy mentioned in the main Hadith under discussion is breaking one's promises. The greatest of promises a muslim has made is with Allah, the Exalted, which is to obey Him sincerely. This involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. All other promises made with people must also be kept unless one has a valid excuse especially, the ones a parent makes with children. Breaking promises only teaches children bad character and encourages them to believe being deceitful is an acceptable characteristic to possess. In a Hadith found in Sahih Bukhari, number 2227, Allah, the Exalted, declares that He will be against the one who makes a promise in His name and then breaks it without a valid excuse. How can the one who has Allah, the Exalted, against them on Judgment Day possibly succeed?

Bad Manners

In a Hadith found in Sunan An Nasai, number 5473, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from bad manners.

In a Hadith found in Sahih Bukhari, number 6032, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the worse people on the Day of Judgment are those who are avoided because of their evil behaviour.

This is the one who possesses bad character especially, towards people. They negatively affect others through their speech, such as using vulgar language, and harm them through their actions, such as physical violence and intimidation. As good character will be the heaviest thing in the Scales of Judgment Day according to a Hadith found in Jami At Tirmidhi, number 2003, one can judge how significant bad character will be. Evil behaviour completely contradicts the characteristic of a true muslim and believer according to a Hadith found in Sunan An Nasai, number 4998. It advises that a true muslim and believer keeps their verbal and physical harm away from the self and possessions of others.

A muslim should understand the importance of fulfilling both aspects of faith. The first is to show good character towards Allah, the Exalted, by sincerely fulfilling His commands, refraining from His prohibitions and by

facing destiny with patience according to the traditions of Holy Prophet Muhammad, peace and blessings be upon him. The other aspect is to show good character to others by practically loving for others what one loves for themselves. This is a characteristic of a true believer according to a Hadith found in Jami At Tirmidhi, number 2515. This undoubtedly includes treating others kindly just like one would like people to treat them with kindness and respect.

The Enemies

In a Hadith found in Sunan An Nasai, number 5477, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from being overpowered by the enemy.

This Hadith reminds muslims the importance of remaining steadfast whenever they are attacked by their enemies namely, the Devil, their inner Devil and those who invite them towards the disobedience of Allah, the Exalted. A muslim should not turn their back on the obedience of Allah, the Exalted, whenever they are tempted by these enemies. They should instead remain steadfast on the obedience to Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This is achieved by avoiding the places, things and people who invite and tempt them towards sins and the disobedience of Allah, the Exalted. Avoiding the traps of the Devil is only achieved through gaining and acting on Islamic knowledge. The same way traps on a path are only avoided by possessing knowledge of them similarly; Islamic knowledge is required to avoid the traps of the Devil. For example, a muslim might spend much time reciting the Holy Quran but because of their ignorance they might destroy their righteous deeds without realising it through sins such as, backbiting. A muslim is bound to face these attacks so they should therefore prepare for them through the sincere obedience of Allah, the Exalted, and in return gain an uncountable reward. Allah, the Exalted, has guaranteed right guidance for those who struggle in this way for His sake. Chapter 29 Al Ankabut, verse 69:

“And those who strive for Us - We will surely guide them to Our ways...”

Whereas facing these attacks with ignorance and disobedience will only lead one to difficulties and disgrace in both worlds. The same way a soldier that possesses no weapons to defend himself would be defeated; an ignorant muslim will have no weapon to defend himself when facing these attacks which will result in their defeat. Whereas, the knowledgeable muslim is provided with the most powerful weapon which cannot be overcome or beaten namely, sincere obedience of Allah, the Exalted. This is only achieved through sincerely gaining and acting on Islamic knowledge.

Falling into Error

In a Hadith found in Sunan An Nasai, number 5488, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from falling into error.

This can be avoided or minimized by adopting excellence of faith.

In a long Hadith found in Sahih Muslim, number 99, the Holy Prophet Muhammad, peace and blessings be upon him, explained the meaning of Ihsan, which can be translated to mean excellence. This excellence refers to one's conduct and behavior towards Allah, the Exalted, and the creation. Acting with excellence has been mentioned throughout the Holy Quran, such as chapter 10 Yunus, verse 26:

“For them who have done excellent is the best [reward] - and extra...”

The Holy Prophet Muhammad, peace and blessings be upon him, has explained this verse in Hadiths found in Sahih Muslim, numbers 449 and 450. The word extra in this verse refers to when the inhabitants of Paradise will be blessed with the divine vision of Allah, the Exalted. This reward befits the muslim who acts with excellence. As excellence means to lead one's life as if they can witness Allah, the Exalted, observing their outer and inner being at all times. A person who can observe a powerful

authority watching them will never misbehave out of awe of them. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, once advised someone to always behave as if they were constantly being observed by a righteous man they respected. This has been advised in a Hadith found in Imam Tabarani's, Al Mu'jam Al Kabir, number 5539.

Whoever acts in this manner will very rarely commit sins and always hasten towards good deeds. This attitude creates the fear of Allah, the Exalted, and acts as a shield from the fire of trials in this world and the fire of Hell in the hereafter. This vigilance will ensure one not only fulfills all their duties towards Allah, the Exalted, but it also encourages them to fulfill their responsibilities towards the creation. The peak of which is to sincerely treat others with kindness. This person will fulfill the Hadith found in Jami At Tirmidhi, number 251, which advises that a person cannot be a true believer until they love for others what they love for themselves.

This level of excellence ensures one acts with the right intention, which is the foundation of faith according to the Hadith found in Sahih Bukhari, number 1. Success is guaranteed for the one who performs good deeds and demonstrates good behavior with the right intention namely, to please Allah, the Exalted. The more excellent a person acts the stronger their faith becomes until they become a muslim who is far from heedlessness and is always struggling to beautify their hereafter and worldly life according to the teachings of Islam.

It is feared that the opposite of this reward will be given to those who turned away from Allah, the Exalted. As they lived without fearing the all-

encompassing gaze of Allah, the Exalted, they will be veiled from seeing Him in the hereafter. Chapter 83 Al Mutaffifin, verse 15:

“No! Indeed, from their Lord, that Day, they will be partitioned.”

Those who fail to reach the level of acting as if they witness Allah, the Exalted, must act on the second part of the advice given in the main Hadith quoted at the beginning. This person should sincerely believe that Allah, the Exalted, is constantly observing them. Even though this state is lower in rank than the one who acts as if they observe Allah, the Exalted, none the less, it is a great way of adopting true fear of Allah, the Exalted. As mentioned earlier this attitude will prevent one from committing sins and encourage them towards good deeds. As advised by the Holy Prophet Muhammad, peace and blessings be upon him, in Imam Tabarani's, Al Mu'jam Al Kabir, number 7935, the one who strives to adopt this mentality will be granted shade on the Day of Judgment by Allah, the Exalted.

The divine presence of Allah, the Exalted, is mentioned throughout the Holy Quran, such as Chapter 57 Al Hadid, verse 4:

“...He is with you wherever you are. And Allah, of what you do, is Seeing.”

The Holy Prophet Muhammad, peace and blessings be upon him, has advised to adopt the true awareness of the divine presence of Allah, the Exalted, in many Hadiths. For example, in one divine Hadith found in Sahih Bukhari, number 7405, Allah, the Exalted, declares that He is with whoever remembers Him. This is the reason why it has been reported in Hilyat Al Awliya, volume 1, pages 84 and 85, about the Commander of the Faithful, Ali Bin Abu Talib, may Allah be pleased with him, that he shied away from the glitter and pomp of the material world and only found solace in the lonely night. Meaning, he sought the companionship of Allah, the Exalted, rather than the companionship of people.

Adopting the awareness of the divine presence of Allah, the Exalted, not only prevents sins and encourages good deeds but it also prevents loneliness and depression. A person is very rarely affected by mental health issues when they are constantly surrounded by a person who loves them and aids them. No one loves the creation more than Allah, the Exalted, and there is no doubt that He is the source of all aid. Therefore, acting with excellence benefits one's faith, actions, emotional state and the wider society.

A muslim must avoid becoming like those who treat Allah, the Exalted, as the most insignificant of those who observe them. This is a serious spiritual illness which leads to all types of sins and evil behavior towards Allah, the Exalted, and the creation.

Being Misguided

In a Hadith found in Sunan An Nasai, number 5488, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from going astray.

In a Hadith found in Sunan Abu Dawud, number 4606, the Holy Prophet Muhammad, peace and blessings be upon him, warned that any matter which is not based on Islam will be rejected.

If muslims desire lasting success in both worldly and religious matters they must strictly adhere to the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Even though, certain actions which are not directly taken from these two sources of guidance can still be considered a righteous deed it is important to prioritize these two sources of guidance over all else. Because the fact is that the more one acts on things which are not taken from these two sources even if it is a righteous deed the less they will act on these two sources of guidance. An obvious example is how many muslims have adopted cultural practices into their lives which do not have a foundation in these two sources of guidance. Even if these cultural practices are not sins they have preoccupied muslims from learning and acting on these two sources of guidance as they feel satisfied with their behaviour. This leads to ignorance of the two sources of guidance which in turn will only lead to misguidance.

This is why a muslim must learn and act on these two sources of guidance which have been established by the leaders of guidance and only then act on other voluntary righteous deeds if they have the time and energy to do so. But if they choose ignorance and made up practices even if they are not sins over learning and acting on these two sources of guidance they will not achieve success.

In a Hadith found in Sunan An Nasai, number 5488, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from going astray.

Muslims should not follow and adopt the customary practices of non-muslims. The more muslims do this the less they will follow the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This is quite evident in this day and age as many muslims have adopted the cultural practices of other nations which has caused them to become distant from the teachings of Islam. For example, one only needs to observe the modern muslim wedding to observe how many non-muslim cultural practices have been adopted by muslims. What makes this worse is that many muslims cannot differentiate between Islamic practices based on the Holy Quran and traditions of the Holy Prophet Muhammad, peace and blessings be upon him, and the cultural practices of non-muslims. Because of this non-muslims cannot differentiate between them either which has caused great problems for Islam. For example, honour killings is a cultural practice which has nothing to do with Islam yet because of the ignorance of muslims and their habit of adopting non-muslim cultural practices Islam is blamed every time an honour killing occurs in society. The Holy Prophet Muhammad, peace and blessings be upon him, removed the social barriers in the form of casts and brotherhoods in order to unite people yet ignorant muslims have resurrected them by adopting the cultural practices of non-muslims. Simply put, the more cultural practices muslims adopt the less they will act on the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

Ignorant Behaviour

In a Hadith found in Sunan An Nasai, number 5488, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from behaving or being treated in an ignorant manner.

This Hadith is connected to chapter 25 Al Furqan, verse 63:

“...and when the ignorant address them [harshly], they say [words of] peace.”

Specifically, when people act in a foolish way they do not reply in the same way. Instead, they show patience and treat these people kindly which is shown through their speech and actions. They understand that the best response they can give a foolish person is to leave them in peace as replying to them in an evil way only spurs them on. This does not mean they do not defend themselves as Islam permits this but they have adopted humility without weakness. They do not wish to waste their time on people who are only looking for trouble. Ignorance is a disliked characteristic in Islam and is one of the reasons why seeking knowledge is a duty on all muslims. This is confirmed in a Hadith found in Sunan Ibn Majah, number 224. The ignorant commit sins without even realising it therefore, the true servants of the Most Merciful avoid its people and this characteristic by dedicating time to studying the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and

blessings be upon him, and strive to adopt these teachings into their lives through actions. Chapter 39 Az Zumar, verse 9:

“...Say, "Are those who know equal to those who do not know?"..."

The Holy Quran has made it clear that an ignorant person cannot attain true piety. Chapter 35 Fatir, verse 28:

“...Only those fear Allah, from among His servants, who have knowledge...”

This is because knowledge is required in order to adopt the good characteristics and avoid the evil traits advised in Islamic teachings. If one is unaware of an evil trait how can they avoid or remove it from their character?

One should not only strive to attain and act on Islamic knowledge but they should always maintain respect for those who possess knowledge as this keeps one away from pride.

The Holy Quran advises muslims to turn away from the company of the ignorant as they can only inspire their friends towards pointless or evil things. Chapter 28 Al Qasas, verse 55:

“And when they hear ill speech, they turn away from it and say, "For us are our deeds, and for you are your deeds. Peace will be upon you; we seek not the ignorant.””

This does not mean one should not advise or teach the ignorant but this should be left to educated muslims who have adopted the correct characteristics required to spread the message of Islam correctly.

The truly ignorant is not someone who lacks knowledge. In truth, the ignorant is someone who does not act on their knowledge. Such a person is ignorant even if they possess much knowledge. Acting on knowledge is knowledge which is beneficial. Everything else is only knowledge of the tongue which will not benefit its possessor. In actual fact this knowledge will testify against a person on Judgment Day. So muslims should strive to learn and act on Islamic knowledge and seek refuge with Allah, the Exalted, from knowledge which does not benefit as the Holy Prophet Muhammad, peace and blessings be upon him, advised. This is confirmed in a Hadith found in Sunan Ibn Majah, number 3843.

Destruction

In a Hadith found in Sunan An Nasai, number 5493, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from being overtaken by destruction.

It is important to learn that no matter how much physical or social strength a person has a day will certainly come when they face the consequences of their actions. In most cases, this occurs during their life where the actions of a person leads them to trouble, such as prison and eventually they will face the consequences of their actions in the hereafter as well. This applies to all people not just leaders.

A muslim should therefore never mistreat others, such as their relatives. They should learn a lesson from the tyrannical leaders of history who were greater in strength than them yet, a day certainly came when their strength did not benefit them and they faced the consequences of their evil deeds. Social influence and strength are fickle things as they quickly pass from person to person thereby, never remaining with anyone for long. Therefore, a muslim who possesses such strength should use it in a way which is pleasing to Allah, the Exalted, by benefiting themselves and others. But if they abuse their authority then they will eventually face a punishment which no one can protect them from.

In addition, it is important not to abuse one's authority as it may cause them to be hurled into Hell on Judgment Day. Every oppressor will have to give their righteous deeds to their victims and if necessary take the sins of their victims until justice is established. This will cause many oppressors to be thrown into Hell. This has been confirmed in a Hadith found in Sahih Muslim, number 6579.

To conclude, a muslim should never forget to hold themselves accountable for their deeds. Those who do will avoid disobeying Allah, the Exalted, and harming others. But those who do not judge themselves will continue disobeying Allah, the Exalted, and harming others heedlessly not knowing that in actual fact they are only harming themselves. But when they realize this fact it will be too late for them to escape punishment.

An Evil End

In a Hadith found in Sunan An Nasai, number 5493, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from an evil end.

The Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Jami At Tirmidhi, number 2516, that if a muslim safeguards Allah, the Exalted, He in turn will protect them.

This means that if one safeguards the limits and commands of Allah, the Exalted, they will be protected by Him. One can simply achieve this by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience. Chapter 9 At Tawbah, verse 112:

“...and those who observe the limits [set by] Allah. And give good tidings to the believers.”

The greatest thing Allah, the Exalted, protects is a muslim's faith. Allah, the Exalted, saves His servant from doubts, evil innovations, sins and anything else which could corrupt their faith. This ensures they leave the world with their faith intact.

The overall teaching of the first advice given in this Hadith is to safeguard all the limits of Islam by utilising the blessings one possesses in ways which are pleasing to Allah, the Exalted. Whoever safeguards the limits of Allah, the Exalted, will be safeguarded by Allah, the Exalted. They will find that all difficulties and tests become bearable and they will be guided to travel through them safely while obtaining blessings in both worlds.

Facing Calamity

In a Hadith found in Sunan An Nasai, number 5494, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the difficult moment of a calamity.

In most cases, the main difficulty of a calamity is its initial moment. Being patient at this time is real patience.

In a Hadith found in Sahih Bukhari, number 1302, the Holy Prophet Muhammad, peace and blessings be upon him, advised that real patience is shown at the onset of a difficulty.

It is important to understand that true patience is shown throughout a calamity meaning, from the very onset of the difficulty onwards. Accepting the reality of a difficulty, such as the death of a loved one, eventually, with the passing of time occurs with everyone. This is acceptance not true patience.

Muslims should therefore ensure they encounter difficulties while patient believing that everything which Allah, the Exalted, chooses is for the best even if they fail to observe the wisdoms behind the choices. Instead, they should reflect on the many times when they believed

something was good yet, it ended up being bad and vice versa. Understanding the extreme short sightedness and limited knowledge of humans and the infinite knowledge and wisdom of Allah, the Exalted, can aid a muslim to show patience from the onset of a difficulty. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

In addition, it is important for muslims to continue showing patience till the end of their life. This is because a person can easily lose the reward of patience even if they were patient from the onset by demonstrating impatience further down the line. This is an extremely deadly trap of the Devil. He patiently waits for decades just to ruin the reward of a muslim. The Holy Quran makes it clear that a muslim will gain reward for what they bring to Judgment Day, meaning, take with them when they die it does not declare they will gain reward after simply doing a deed, such as showing patience at the onset of a difficulty. Chapter 6 Al An'am, verse 160:

“Whoever comes [on the Day of Judgment] with a good deed...”

Serious Sickness

In a Hadith found in Sunan An Nasai, number 5495, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from bad sickness.

In a Hadith found in Jami At Tirmidhi, number 2306, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to hasten in performing righteous deeds before seven things occur.

One of these things is a debilitating sickness. This is a warning to make use of one's good health before they encounter sickness. One should observe those who have lost their good health either through sickness or through ageing and therefore make use of the good health they possess by striving to gain success in lawful worldly matters as well as religious matters while giving priority to religion over the world. For example, a muslim should use their good health to journey to the Mosques regularly in order to offer their obligatory prayers with congregation before a time comes when they desire to do this but do not possess the physical strength to do so. The amazing thing about utilizing one's good health correctly is that when a muslim eventually loses it Allah, the Exalted, will continue to grant them the same reward they used to receive when doing good deeds during their time of good health. This has been advised in a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 500. But those who live in heedlessness fail to utilise their good health and therefore receive no reward during their good health or when they fall ill.

Difficulties of Travel

In a Hadith found in Sunan An Nasai, number 5500, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the hardships of travel.

In a Hadith found in Jami At Tirmidhi, number 2406, the Holy Prophet Muhammad, peace and blessings be upon him, advised how to achieve salvation.

One of these things is that a person should not leave their home unnecessarily. Behaving in this manner leads to wasting time and both verbal and physical sins. If one truly sincerely reflects they will realize that the majority of their sins and the problems they encountered were due to unnecessarily socializing with others. This does not mean it was always the fault of others but it means if one avoids unnecessarily leaving their home they would sin less and encounter less problems and difficulties. This would also free up their time to learn and act on Islamic teachings more which is beneficial in all aspects of one's life.

Difficulties of Failing in Business

In a Hadith found in Sunan An Nasai, number 5500, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the hardships of travel and the sorrows of return.”

One must remain patient in cases like this as Allah, the Exalted, never wastes the efforts of people. Chapter 11 Hud, verse 115:

“...Allah does not allow to be lost the reward of those who do good.”

This verse provides hope that as long as one strives to do something lawful and beneficial their efforts will not be wasted. If Allah, the Exalted, does not waste the efforts of people who do not even believe in Him why would He not support the muslims who believe in His Oneness and Lordship? If Allah, the Exalted, does not waste the efforts of people when they strive for the material world how can He then waste the efforts of those who strive to achieve good in the hereafter?

People should therefore, never give up striving to achieve good in both this world and in the next. Unfortunately, some muslims have given up struggling to earn a lawful income after facing some hardship. They instead opt to receive social benefits and become a burden on society.

Those who are rightly entitled to receive benefits should continue to utilise them as it is their right. But those who have the ability to earn for themselves should do so.

This verse also encourages muslims to continue doing good to others even if they do not appreciate their efforts. If one acts with sincerity meaning, for the sake of Allah, the Exalted, they should be confident their efforts have been recorded and will be rewarded in both worlds.

To conclude, whatever lawful action a muslim performs whether its worldly, such as a business opportunity, or whether they perform a religious deed they should put full effort into it knowing that Allah, the Exalted, will support them and grant them success, sooner or later.

Loss After Richness

In a Hadith found in Sunan An Nasai, number 5500, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from loss after plenty.

This encompasses all aspects of loss in the different aspects of one's worldly and religious life. In each case, one must remain steadfast on the sincere obedience of Allah, the Exalted, in order to prevent and overcome any loss they may suffer.

In a Hadith found in Sahih Muslim, number 159, the Holy Prophet Muhammad, peace and blessings be upon him, gave a short but far reaching piece of advice. He advised people to sincerely declare their belief in Allah, the Exalted, and then remain steadfast on it.

Remaining steadfast on one's faith means that they must strive in the sincere obedience of Allah, the Exalted, in all aspects of their life. It consists of fulfilling the commands of Allah, the Exalted, which relate to Him, such as the obligatory fasts and those which relate to people, such as treating others kindly. It includes refraining from all the prohibitions of Islam which are between a person and Allah, the Exalted, and those involving others. A muslim must also face destiny with patience truly believing Allah, the Exalted, chooses what is best for His servants. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

Steadfastness can include refraining from both types of polytheism. The major type is when one worships something other than Allah, the Exalted. The minor type is when one shows off their good deeds to others. This has been warned in a Hadith found in Sunan Ibn Majah, number 3989. Therefore, an aspect of steadfastness is to always act for the sake of Allah, the Exalted.

It includes obeying Allah, the Exalted, at all times instead of obeying and pleasing oneself or others. If a Muslim disobeys Allah, the Exalted, by pleasing themselves or others they should know neither their desires nor people will protect them from Allah, the Exalted. On the other hand, the one who is sincerely obedient to Allah, the Exalted, will be protected from all things by Him even if this protection is not apparent to them.

Remaining steadfast on one's faith includes following the path set out by the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, and not adopting a path which deviates from this. The one who strives to adopt this path will not need anything else as this is enough to keep them steadfast on their faith.

As people are not perfect they will undoubtedly make mistakes and commit sins. So being steadfast in matters of faith does not mean one

has to be perfect but it means they must strive to adhere strictly to the obedience of Allah, the Exalted, as outlined earlier, and to sincerely repent if they commit a sin. This has been indicated in chapter 41 Fussilat, verse 6:

“...so take a straight course to Him and seek His forgiveness...”

This is further supported by a Hadith found in Jami At Tirmidhi, number 1987, which advises to fear Allah, the Exalted, and to erase a (minor) sin which has occurred by performing a righteous deed. In another Hadith found in Imam Malik's Muwatta, book 2, Hadith number 37, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to try their best to remain steadfast on the obedience of Allah, the Exalted, even though they will not be able to do it perfectly. Therefore, a muslim's duty is to fulfil the potential they have been given through their intention and physical actions in the steadfast obedience of Allah, the Exalted. They have not been commanded to achieve perfection as this is not possible.

It is important to note, that one cannot remain steadfast in the obedience of Allah, the Exalted, through their physical actions without purifying their heart first. As indicated in a Hadith found in Sunan Ibn Majah, number 3984, the limbs of the body will only act in a pure way if the spiritual heart is pure. Purity of heart is only achieved by gaining and acting on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

Steadfast obedience requires one to control their tongue as it expresses the heart. Without controlling the tongue steadfast obedience to Allah, the Exalted, is not possible. This has been advised in a Hadith found in Jami At Tirmidhi, number 2407.

Finally, if any deficiency in the steadfast obedience of Allah, the Exalted, occurs one must make sincere repentance to Allah, the Exalted, and seek the forgiveness of people if it involves their rights. Chapter 46 Al Ahqaf, verse 13:

“Indeed, those who have said, “Our Lord is Allah,” and then remained on a right course - there will be no fear concerning them, nor will they grieve.”

Harming Others

In a Hadith found in Sunan An Nasai, number 5500, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from the supplication of the one who has been wronged.

Harming others contradicts true belief.

In a Hadith found in Sunan An Nasai, number 4998, the Holy Prophet Muhammad, peace and blessings be upon him, advised the signs of a true muslim and a true believer. A true muslim is the one who keeps their verbal and physical harm away from others. This in fact, includes all people irrespective of their faith. It includes all types of verbal and physical sins which can cause harm or distress to another. This can include failing to give the best advice to others as this contradicts sincerity towards others which has been commanded in a Hadith found in Sunan An Nasai, number 4204. It includes advising others to disobey Allah, the Exalted, thereby, inviting them towards sins. A muslim should avoid this behavior as they will be taken account for every person who acts on their bad advice. This has been warned in a Hadith found in Sahih Muslim, number 2351.

Physical harm includes causing problems for other people's livelihood, committing fraud, conning others and physical abuse. All of these characteristics contradict Islamic teachings and must be avoided.

A true believer, according to the main Hadith under discussion, is the one who keeps their harm away from the lives and property of others. Again, this applies to all people irrespective of their faith. This includes stealing, misusing or damaging the property and belongings of others. Whenever one is entrusted with someone else's property they must ensure they only use it with the owner's permission and in a way which is pleasing and agreeable to the owner. The Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Sunan An Nasai, number 5421, that whoever illegally takes someone else's property, through a false oath, even if it is as small as a twig of a tree will go to Hell.

To conclude a muslim must support their verbal declaration of belief with actions as they are the physical proof of one's belief which will be needed in order to obtain success on the Day of Judgment. In addition, a muslim should fulfill the characteristics of true belief in respect to Allah, the Exalted, and people. An excellent way of achieving this in respect to people is to simply treat others how they wish to be treated by people, which is with respect and peace.

Loss of Loved Ones

In a Hadith found in Sunan An Nasai, number 5500, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from seeing some calamity befall his family.

The greatest calamity is witnessing the death of a loved one.

Every day people lose their loved ones. It is an inevitable outcome. A muslim can remember and act on many things which can aid them during this difficulty. One thing is to observe the situation in a positive way. Meaning, instead of being sad over what one has lost they should concentrate on the good things that they gained through the person who has departed, such as their good advice and guidance. When one reflects on this they will understand that it was better to know the person before losing them instead of not knowing them at all. It is similar to the statement, it is better to have loved and lost than not loved at all. Though in most cases, this statement is taken out of context and misused but when used in this way it is correct and helpful.

In addition, a muslim who undoubtedly believes in the hereafter should always remember that people do not meet in this world only to leave each other. But instead they only leave this world in order to meet again in the next world. This attitude can aid one in remaining patient during such a difficulty. And it should inspire them to increase their obedience

to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience so that they can reunite with their loved one in their final resting place in the gardens of refuge, forever.

Loss of Blessings

In a Hadith found in Sunan An Nasai, number 5500, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from seeing some calamity befall his wealth.

This could be referring to the one who fails to remain firm on the sincere obedience of Allah, the Exalted, through the loss of blessings. This can be achieved by understanding the purpose of these blessings.

Islam teaches muslims that every blessing they possess, such as wealth or children, should be contained in their hand not their heart. An excellent way of achieving this is that each blessing should be used according to the commands of Allah, the Exalted, not one's own desire. For example, one should strive to only spend their wealth on things commanded and recommended by Islam, such as a person's own necessities and on the necessities of their dependents while avoiding waste, extravagance and excessiveness. This attitude will prevent one from becoming attached to the blessing meaning, it will ensure the blessing remains in their hands instead of their heart. This is an important concept to understand and act on as it prevents one from becoming too attached to the blessing. As each worldly blessing is bound to pass away this attitude will prevent one from becoming overly sad meaning, becoming grieved and depressed when it eventually does. Keeping the blessing in one's hand might lead to sadness when one eventually lose it but this sadness is acceptable in Islam and does not lead to impatience and mental disorders, such as depression, which severe sadness namely, grief, leads to.

In addition, this attitude prevents one from misusing the blessing which often occurs when it is within one's heart instead of their hands. For example, unnecessarily hoarding wealth and greedily amassing more. This concept has been indicated in chapter 57 Al Hadid, verse 23:

“In order that you not despair over what has eluded you and not exult [in pride] over what He has given you...”

Keeping things in one's hand instead of their heart will ensure they always remember that the blessing belongs to Allah, the Exalted, and not them. This again prevents impatience when one eventually loses it. This has been indicated in chapter 2 Al Baqarah, verse 156:

“Who, when disaster strikes them, say, “Indeed we belong to Allah, and indeed to Him we will return.”

So a muslim must strive to use each blessing according to the teachings of Islam thereby, ensuring it remains in their hands instead of their heart which in fact should contain only the love of Allah, the Exalted.

In a Hadith found in Sunan An Nasai, number 5500, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from seeing some calamity befall his wealth.

This could be referring to the one who fails to remain firm on the sincere obedience of Allah, the Exalted, through the loss of blessings.

It is important for muslims to recognize why their worship Allah, the Exalted, as this reason can be a cause for an increase in obedience to Allah, the Exalted, or in some cases it can lead to disobedience. When one worships Allah, the Exalted, in order to gain lawful worldly things from Him they run the risk of becoming disobedient to Him. This type of person has been mentioned in the Holy Quran. Chapter 22 Al Hajj, verse 11:

“And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face [to disobedience]. He has lost [this] world and the Hereafter. That is what is the manifest loss.”

As they obey Allah, the Exalted, in order to receive worldly blessings the moment they fail to receive them or encounter a difficulty they often become angered which turns them away from the obedience of Allah, the Exalted. These people often obey and disobey Allah, the Exalted, according to the situation they are facing which in reality contradicts true servanthood to Allah, the Exalted.

Even though, desiring lawful worldly things from Allah, the Exalted, is acceptable in Islam yet, if one persists with this attitude they may become like those mentioned in this verse. It is far better to worship Allah, the Exalted, in order to be saved in the hereafter and obtain Paradise. This person is unlikely to alter their behaviour when encountering difficulties. But the highest and best reason is to obey Allah, the Exalted, simply because He is their Lord and the Lord of the universe. This muslim, if sincere, will remain steadfast in all situations and through this obedience they will be granted both worldly and religious blessings which outstrip the worldly blessings the first type of person would ever receive.

To conclude, it is important for muslims to reflect on their intention and if necessary correct it so that it encourages them to remain firm on the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, in all situations.

Loss of Worldly Things

In a Hadith found in Sunan An Nasai, number 5500, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge in Allah, the Exalted, from seeing some calamity befall his family or wealth.

In life a muslim will always face either times of ease or times of difficulty. No one only experiences times of ease without experiencing some difficulties. But the thing to note is that even though difficulties by definition are hard to deal with they are in fact a means to obtain and demonstrate one's true greatness and servanthood to Allah, the Exalted. In addition, in the majority of cases people learn more important life lessons when they face difficulties than when they face times of ease. And people often change for the better after experiencing times of difficulty than times of ease. One only needs to reflect on this in order to understand this truth. In fact, if one studies the Holy Quran they will realise the majority of the events discussed involve difficulties. This indicates that true greatness does not lie in always experiencing times of ease. It in fact, lies in experiencing difficulties while remaining obedient to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This is proven by the fact that each of the great difficulties discussed in Islamic teachings end with ultimate success for those who obeyed Allah, the Exalted. So a muslim should not be bothered about facing difficulties as these are just moments for them to shine while acknowledging their true servanthood to Allah, the Exalted, through sincere obedience. This is the key to ultimate success in both worlds.

Bad Neighbours

In a Hadith found in Sunan An Nasai, number 5504, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from a bad neighbour.

In a Hadith found in Sahih Bukhari, number 6014, the Holy Prophet Muhammad, peace and blessings be upon him, advised that he was encouraged to treat neighbours kindly to such an extent that he thought that a neighbour would become an heir of every muslim.

Unfortunately, this duty is often neglected even though treating one's neighbour kindly is an important aspect of Islam. First of all, it is important to note that a person's neighbour in Islam includes all those people who are living within forty houses in each direction to a muslim's home. This is confirmed in Imam Bukhari's, Adab Al Mufrad, Number 109.

The Holy Prophet Muhammad, peace and blessings be upon him, once connected belief in Allah, the Exalted, and Judgment Day to treating a neighbour kindly in a Hadith found in Sahih Muslim, number 174. This Hadith alone is enough to indicate the seriousness of treating neighbours kindly. A Hadith found in Imam Bukhari's, Adab Al Mufrad, number 119, warns that a woman who fulfilled her obligatory duties and offered much voluntary worship would go to Hell because she mistreated her neighbours through her speech. If this is the case for the one who

harms their neighbour through words can one imagine the seriousness of physically harming one's neighbour?

A muslim must be patient when mistreated by their neighbour. In fact, a muslim should treat them kindly in cases like this. Repaying good with good is not difficult. A good neighbour is the one who repays harm with good. A muslim should respect the private space of their neighbour's property but at the same time greet them and offer them help without being too intrusive. They should be supported by whatever means is available to a person, such as financial or emotional support.

A muslim should always conceal the faults of their neighbours. The one who conceals the faults of others will have their faults concealed by Allah, the Exalted. And the one who exposes the faults of others Allah, the Exalted, will expose their faults and publically disgrace them. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4880.

Divine Punishment

In a Hadith found in Sunan An Nasai, number 5515, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the punishment of Allah, the Exalted.

It is important for muslims to understand a simple yet profound lesson namely, they will never succeed in this world or the next in worldly or religious matters through the disobedience of Allah, the Exalted. Since the dawn of time to this age and till the end of time no person has ever achieved true success nor will they ever through the disobedience of Allah, the Exalted. This is quite obvious when one turns the pages of history. Therefore, when a muslim is in a situation which they desire to achieve a positive and successful outcome from they should never choose to disobey Allah, the Exalted, irrespective of how tempting or easy it may seem to be. Even if one is advised by their close friends and relatives to do so as there is no obedience to the creation if it means disobedience to the Creator. And in truth they will never be able to protect them from Allah, the Exalted, and His punishment in either this world or the next. The same way Allah, the Exalted, grants success to those who obey Him He removes a successful outcome from those who disobey Him even if this removal takes time to witness. A muslim should not be fooled as this will occur sooner or later. The Holy Quran has made it extremely clear that an evil plan or action only encompasses the doer even if this punishment is delayed. Chapter 35 Fatir, verse 43:

“...but the evil plot does not encompass except its own people...”

Therefore, no matter how difficult the situation and choice muslims should always choose the obedience of Allah, the Exalted, in both worldly and religious matters as this alone will lead to true success in both worlds even if this success is not obvious immediately.

The Evil of Actions

In a Hadith found in Sunan An Nasai, number 5524, the Holy Prophet Muhammad, peace and blessings be upon him, advised to seek refuge with Allah, the Exalted, from the evil of what a person does.

In a Hadith found in Sunan Ibn Majah, number 4251, the Holy Prophet Muhammad, peace and blessings be upon him, advised that people commit sins but the best person who commits sins is the one who sincerely repents.

As people are not Angels they are bound to commit sins. The thing that makes these people special is when they sincerely repent from their sins. Sincere repentance includes feeling remorse, seeking the forgiveness of Allah, the Exalted, and anyone who has been wronged, making a firm promise not to commit the sin or a similar sin again and making up for any rights which have been violated in respect to Allah, the Exalted, and people.

It is important to note, minor sins can be erased through righteous deeds which has been advised in many Hadiths, such as the one found in Sahih Muslim, number 550. It advises that the five daily obligatory prayers and two consecutive Friday congregational prayers erase the minor sins committed in between them as long as major sins are avoided.

Major sins are only erased through sincere repentance. Therefore, a muslim should strive to avoid all sins, minor and major, and if they happen to occur to immediately sincerely repent as the time of death is unknown. And they should continue obeying Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience.

The Evil of Future Actions

In a Hadith found in Sunan An Nasai, number 5525, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from the evil of future actions.

One must adopt piety in order to avoid the evil of future actions.

In a Hadith found in Jami At Tirmidhi, number 2451, the Holy Prophet Muhammad, peace and blessings be upon, advised that a muslim cannot become pious until they avoid something which is not harmful to their religion out of caution that it will lead to something which is harmful.

Piety can be summed up to mean fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This includes treating others how one desires to be treated by people.

An aspect of piety is to avoid things which are doubtful not just unlawful. This is because doubtful things take a muslim one step closer to the unlawful. And the closer one is to the unlawful the easier it is to fall into it. It is why a Hadith found in Jami At Tirmidhi, number 1205, advises

that the one who avoids unlawful and doubtful things and only uses lawful things will protect their religion and honor.

If one observes those who have become misguided in society, in most cases, it occurred gradually not in one sudden step. Meaning, the person first indulged in doubtful things before falling into the unlawful. This is the reason why Islam stresses the need to avoid unnecessary and vain things in one's life as they can lead them to the unlawful. For example, vain and useless speech meaning, speech which derives no benefit nor is it a sin, often leads to evil speech such as backbiting, lying and slander. If a person avoided the first step by not indulging in vain speech they would avoid evil speech. This process can be applied to all things which are vain, unnecessary and especially, doubtful. Therefore, a muslim should strive to adopt piety as described earlier, a branch of which is to avoid vain and doubtful things out of fear they will lead to the unlawful.

Worldly Desires

In a Hadith found in Sunan An Nasai, number 5531, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from being swallowed up from beneath him.

This could be referring to literally being swallowed up by the Earth. A divine punishment which has afflicted others. For example, this occurred to Qarun in the time of the Holy Prophet Musa, peace be upon him. Chapter 28 Al Qasas, verses 76-81:

“Indeed, Qarun was from the people of Moses, but he tyrannized them. And We gave him of treasures whose keys would burden a band of strong men...And We caused the earth to swallow him and his home...”

But the Hadith could also be referring to being swallowed up by worldly desires.

In reality, many muslims are in this situation as they have been swallowed and entrapped by their desires and love of this material world which has distracted them from preparing for the hereafter and only leads to many mental disorders, such as depression. The only way to escape from them is by placing everything in its rightful place. One does

not need to abandon the material world but instead prioritise the things according to the priority order set by Allah, the Exalted, through His Holy Prophet Muhammad, peace and blessings be upon him. Muslims only get trapped and distracted by worldly things because they rearrange this priority order. For example, some parents go overboard in respect to raising their children by fulfilling all their desires even if it means they utilize the unlawful. When one acts in this way this relationship will entrap them and prevent them from obtaining the mercy of Allah, the Exalted. This will still occur even if they offer their obligatory prayers as Islam and the obedience of Allah, the Exalted, extends to all aspects of one's life not just an hour or two during the day. One can only avoid this type of extreme behaviour when they learn and act on the Holy Quran and traditions of the Holy Prophet Muhammad, peace and blessings be upon him, as the very aim of these divine teachings is to guide muslims to organise and prioritise their worldly and religious lives correctly so that they obtain maximum benefit from both while being content and pleased. The one who turns away from this will find that they end up being trapped within one belly of desires after another until they leave this world while being unsatisfied and unhappy with their life. Chapter 21 Al Anbiya, verse 87:

"...And he called out within the darkneses, "There is no deity except You; exalted are You. Indeed, I have been of the wrongdoers."

Worldly Accidents

In a Hadith found in Sunan An Nasai, number 5533, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from being thrown from a high place, being crushed beneath a falling wall, from drowning, being burned and dying from a scorpion sting.

Even though, a muslim must firmly believe that nothing occurs within their lives or the world without the will of Allah, the Exalted, none the less, they should still take precautions against worldly accidents. This is an element of trusting in Allah, the Exalted.

In a Hadith found in Jami At Tirmidhi, number 2344, the Holy Prophet Muhammad, peace and blessings be upon him, advised that if people truly trusted Allah, the Exalted, He would provide for them just like He provides for birds. They leave their nests hungry in the morning and return in the evening satisfied.

Truly trusting in Allah, the Exalted, is something which is felt in the heart but is proven through the limbs meaning, when one sincerely obeys Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. Chapter 65 At Talaq, verse 3:

“...And whoever relies upon Allah - then He is sufficient for him...”

The aspect of trust which is internal involves firmly believing that only Allah, the Exalted, can provide one with beneficial things and protect them from harmful things both in worldly and religious matters. A muslim understands that no one except Allah, the Exalted, can give, withhold, harm or benefit someone.

It is important to note, that truly trusting in Allah, the Exalted, does not mean one should abandon using the means which Allah, the Exalted, has provided, such as medicine. As the main Hadith under discussion clearly mentions that the birds leave their nests actively searching for provision. When one uses the strength and means provided by Allah, the Exalted, according to the teachings of Islam they are undoubtedly obeying Him. This is in fact, the outward element of trusting in Allah, the Exalted. This has been made clear in many verses and Hadiths. Chapter 4 An Nisa, verse 71:

“O you who have believed, take your precaution...”

In reality, the outward activity is a tradition of the Holy Prophet Muhammad, peace and blessings be upon him, and trusting Allah, the Exalted, inwardly is the inward state of the Holy Prophet Muhammad, peace and blessings be upon him. One should not abandon the outward tradition even if they possess the inward state of trust.

Actions and using the means provided by Allah, the Exalted, is an aspect of trusting Him. In this respect, actions can be split into three categories. The first are those actions of obedience which Allah, the Exalted, commands Muslims to do so that they can avoid Hell and obtain Paradise. Abandoning these while claiming trust that Allah, the Exalted, will forgive them is simply wishful thinking and is therefore blameworthy.

The second type of actions are those means which Allah, the Exalted, has created in this world in order for people to live in it safely, such as eating when hungry, drinking when thirsty and wearing warm clothes in cold weather. A person who abandons these and causes harm to himself is blameworthy. However, there are some people who have been provided special strength by Allah, the Exalted, so that they can avoid these means without harming themselves. For example, the Holy Prophet Muhammad, peace and blessings be upon him, used to fast for days on end uninterrupted but forbade others from doing the same as Allah, the Exalted, provided for him directly without the need for food. This is confirmed in a Hadith found in Sahih Bukhari, number 1922. The Holy Prophet Muhammad, peace and blessings be upon him, prayed for the fourth rightly guided Caliph Ali Bin Abu Talib, may Allah be pleased with him, so that he would not feel excess cold or heat. This is confirmed in a Hadith found in Sunan Ibn Majah, number 117. Therefore, if a person turns away from these means but is provided with the strength to endure without failing in their duties to Allah, the Exalted, and people then it is acceptable otherwise it is blameworthy.

The third type of actions in respect to trusting in Allah, the Exalted, are those things which have been set as a customary practice which Allah, the Exalted, sometimes breaks for certain people. An example of this are

the people who become cured of illnesses without the need of medicine. This is quite common especially in poorer countries where medicine is difficult to obtain. This is linked to a Hadith found in Sunan Ibn Majah, number 2144, which advises that no person will die until they utilize every ounce of their provision which was allocated to them, which according to another Hadith found in Sahih Muslim, number 6748, was over fifty thousand years before Allah, the Exalted, created the Heavens and the Earth. So the one who truly realises this Hadith might not seek provision actively knowing that what was allocated to them so long ago cannot miss them. So for this person the customary means of obtaining provision such as obtaining it through a job is broken by Allah, the Exalted. This is a high and rare rank. Only the one who can behave in such a manner without complaining or panicking nor expecting things from people is free of blame if they choose this path. It is important to note, that the Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Sunan Abu Dawud, number 1692, that it is a sin for a person to fail in providing for their dependents even though they may be on this high rank.

Having real trust in Allah, the Exalted, leads to being content with destiny. Meaning, whatever Allah, the Exalted, chooses for them they accept without complaint and without desiring things to change as they firmly trust that Allah, the Exalted, only chooses the best for His servants. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

To conclude, it is best to follow the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, by using the lawful means one has been granted firmly believing they are from Allah, the Exalted, and trust internally that only what Allah, the Exalted, decides will occur, which is undoubtedly the best choice for each person whether they observe this or not.

From Punishment through Forgiveness

In a Hadith found in Sunan An Nasai, number 5536, the Holy Prophet Muhammad, peace and blessings be upon him, once sought refuge in the forgiveness of Allah, the Exalted, from His punishment.

A divine Hadith found in Jami At Tirmidhi, number 3540, advises the importance and vastness of the forgiveness of Allah, the Exalted. The first part of the Hadith declares that as long as a muslim sincerely supplicates to Allah, the Exalted, and hope's in His mercy they will be forgiven by Him.

This response has in fact been guaranteed for all lawful supplications in the Holy Quran not just for the supplication of forgiveness. Chapter 40 Ghafir, verse 60:

“And your Lord says, “Call upon Me; I will respond to you.”...”

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned this verse and declared that supplication is an act of worship meaning, a righteous deed. This has been advised in a Hadith found in Sunan Abu Dawud, number 1479. A Hadith found in Jami At Tirmidhi, number 3604, advises that every supplication is accepted in different

ways as long as it is a lawful one. The person is either granted what they requested or a reward will be reserved for them in the hereafter or they will be forgiven an equivalent sin. But it is important to note, that in order to receive a positive response a muslim must fulfil the conditions and the etiquettes of the supplication.

One of the greatest supplications a muslim can make is for forgiveness as it is a means for one obtaining blessings, avoiding difficulties in this world and a means to obtaining Paradise and escaping Hell in the next world. Chapter 71 Nuh, verses 10-12:

“And said, 'Ask forgiveness of your Lord. Indeed, He is ever a Perpetual Forgiver. He will send [rain from] the sky upon you in [continuing] showers. And give you increase in wealth and children and provide for you gardens and provide for you rivers.’”

As indicated by the main Hadith under discussion having hope in the infinite mercy of Allah, the Exalted, when supplicating is a condition for forgiveness. In fact, Allah, the Exalted, acts according to His servant's opinion of Him, which has been confirmed in a divine Hadith found in Sahih Bukhari, number 7405.

One of the greatest causes of forgiveness is when a muslim only hopes in Allah, the Exalted, to forgive them full well knowing no one can forgive them or protect them from punishment except Allah, the Exalted.

The next thing mentioned in the main Hadith under discussion is that no matter how many sins a person commits the mercy and forgiveness of Allah, the Exalted, is greater. In fact, it is unlimited therefore a person's limited sins will never be able to overcome it. It is why the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to magnify what they supplicate for as nothing is too great for Allah, the Exalted, to grant. This has been confirmed in a Hadith found in Sahih Muslim, number 6812.

The next part of the main Hadith under discussion indicates the importance of sincerely seeking the forgiveness of Allah, the Exalted, which has been mentioned in many verses and other Hadiths. This act of seeking forgiveness is a part of sincere repentance. It can be understood that seeking forgiveness is an act of the tongue while the rest of sincere repentance involves turning away from the sin through actions. It also includes feeling genuine remorse, making a firm promise not to commit the sin again and making up for any rights which have been violated in respect to Allah, the Exalted, and people. It is important to note, that not persisting on the same sin is a condition for the repentance to be accepted. Chapter 3 Alee Imran, verse 135:

“And those who, when they commit an immorality or wrong themselves [by transgression], remember Allah and seek forgiveness for their sins - and who can forgive sins except Allah? - and [who] do not persist in what they have done while they know.”

It is extremely important for a muslim to be persistent in seeking forgiveness as this leads to deliverance from every worry, a way out

from every difficulty and support from places where one would not expect. This has been advised in a Hadith found in Sunan Abu Dawud, number 1518.

The next thing mentioned in the main Hadith under discussion is the greatest cause of forgiveness namely, not associating anything to Allah, the Exalted. There are two types of associating things with Allah, the Exalted: major polytheism and minor polytheism. The major type is when one worships things other than Allah, the Exalted, or in addition to Him. The minor version is when one acts for the sake of anyone except Allah, the Exalted, such as showing off. This has been warned in a Hadith found in Sunan Ibn Majah, number 3989. In fact, the one who acts for the sake of people will be told by Allah, the Exalted, on Judgment Day to seek their reward from those they acted for, which will not be possible. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3154. The one who acts in this way will find that they will eventually be exposed in this world and no matter how well they treat others they will never gain their real love or respect because of their bad intention. This has been indicated in a Hadith found in Sahih Muslim, number 6705.

When one realises the Oneness of Allah, the Exalted, they only think, act and speak for the pleasure of Allah, the Exalted, out of fear and love for Him. This behaviour minimises the chances of committing sins and whatever sins do occur will be forgiven by Allah, the Exalted. It is the reason why the Holy Prophet Muhammad, peace and blessings be upon him, declared in a Hadith found in Sunan Ibn Majah, number 3797, that the statement there is none worthy of worship except Allah, the Exalted, removes all wrong actions.

This is the behaviour all muslims must strive to adopt. The foundation of it is fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and being patient with destiny.

From Wrath through Pleasure

In a Hadith found in Sunan An Nasai, number 5536, the Holy Prophet Muhammad, peace and blessings be upon him, once sought refuge in the pleasure of Allah, the Exalted, from His wrath.

This is achieved through the sincere obedience of Allah, the Exalted.

In a Hadith found in Sunan Ibn Majah, number 4102, the Holy Prophet Muhammad, peace and blessings be upon him, advised how to obtain the love of Allah, the Exalted.

The love of Allah, the Exalted, is obtained when one avoids the excess of this material world which are beyond their needs. Meaning, a muslim should strive in this world in order to fulfill their necessities and the necessities of their dependents according to the teachings of Islam. And they should strive in the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Anything from the material world which aids one in these things is not in reality a worldly thing. Therefore, avoiding them is not required. But one must avoid those things which either hinder or prevent them from fulfilling these duties. This is how a muslim can keep the world in their hand and not in their heart. This is how a muslim obtains the love of Allah, the Exalted, as this attitude causes them to strive in His obedience which attracts the love of Allah, the

Exalted. This is confirmed in a Hadith found in Sahih Bukhari, number 6502.

The Standing on the Day of Resurrection

In a Hadith found in Sunan An Nasai, number 5537, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from the difficulty of the standing on the Day of Resurrection.

The Sun will be brought within two miles of the creation on the Day of Judgment. This has been confirmed in a Hadith found in Sahih Muslim, number 2864.

This will cause people to sweat according to the deeds they performed during their lives on Earth. Some people's sweat will reach up to their ankles, some their knees and for others it will reach their mouths.

One only needs to ponder over the times they were subjected to intense summer weather and how the heat affected their attitude and behaviour. Through this one can imagine how difficult the situation on Judgment Day will be when the Sun is brought so close to them. This shows that those who strive hard and exert sincere efforts in the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, will find relaxation on Judgment Day. But those who were lazy and relaxed during their lives on Earth will be subjected to great stress on Judgment

Day. Simply put, the one who strives here will relax there but the one who relaxes here will strive there in difficulty.

The same way people strive hard in this material world so that they obtain a comfortable life and even a comfortable retirement, even though reaching this retirement age is not guaranteed, muslims should strive even harder in this world by obeying Allah, the Exalted, in all aspects of their life so that they can obtain peace and comfort on a day that is guaranteed to occur. It is a sign of great ignorance to strive for a day one may never reach namely, the day of retirement, and not strive for a day they are guaranteed to reach and experience namely, Judgment Day.

In a Hadith found in Sunan An Nasai, number 5537, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from the difficulty of the standing on the Day of Resurrection.

The trumpet blast will lead to the death of the creation. This has been confirmed in a Hadith found in Sahih Muslim, number 7381. The important thing to learn is that this is a call which no one can or will reject responding to. It will lead to the resurrection and final judgment. Therefore, muslims should respond to the call of Allah, the Exalted, through the Holy Prophet Muhammad, peace and blessings be upon him, through sincere obedience by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 8 An Anfal, verse 24:

“O you who have believed, respond to Allah and to the Messenger when he calls you to that which gives you life...”

Whoever responds to this call in this world will find the final call easy to endure and respond to. Whereas, the one who lives heedless to the call of Allah, the Exalted, in this world will not find peace in it and they will be forced to answer the call of the trumpet which will be a great burden for them to endure and respond to. A person can only ignore the call of Allah, the Exalted, for so long as the final call will occur, sooner or later, and no one will be able to avoid or ignore it. If this is inevitable it makes sense that one respond to it now, today, instead of living in heedlessness. If one hears the trumpet blast while heedless no action or

regret will benefit them and what comes after for this person will be even more terrifying.

In a Hadith found in Sunan An Nasai, number 5537, the Holy Prophet Muhammad, peace and blessings be upon him, used to seek refuge with Allah, the Exalted, from the difficulty of the standing on the Day of Resurrection.

In a Hadith found in Sahih Muslim, number 7232, the Holy Prophet Muhammad, peace and blessings be upon him, advised that people will be resurrected on Judgment Day in the same state they died on Earth.

This means that if a person dies on good they will be resurrected on good. But if they die on evil they will be raised in an evil way.

A muslim should not live in heedlessness by believing just because they have faith in Islam it guarantees they will die and therefore be raised in a good state on Judgment Day. If they persist on the disobedience of Allah, the Exalted, and then die in this state without sincerely repenting then they will be raised in an evil way. It does not take a scholar to determine what will happen to this person on Judgment Day.

From this Hadith one can understand that the way they will die will be in the same state they have lived. Meaning, if they lived in the obedience of Allah, the Exalted, by sincerely fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, then they will die in a good state and therefore be raised in a good state which includes being raised with the righteous as they practically

followed in their footsteps. This has been indicated in a Hadith found in Sahih Bukhari, number 3688.

A muslim should therefore not walk the path to Hell by disobeying Allah, the Exalted, and believe that they will somehow be raised with the pious and end up in Paradise.

All praise is due to Allah, Lord of the worlds and may peace and blessings be upon His final Messenger, Muhammad, his noble Family and Companions.

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